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Stentor

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# The Stentor

VOL 127, № 9

November 10, 2011

*Publishing since 1887*



Psych-punk band Rabble Rabble brings their downtown-based sound to campus. Find an interview with the band on page 4.



Ghost Hunter Chris Moon takes students on a ghastly tour of North Campus. Read more about the haunts of Durand on page 2.



Author Charles Mann speaks about his new book, *1493: Uncovering the New World Columbus Created*. Look for sneak peeks on page 2.

## News

# Renowned ghost hunter explores campus

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On Nov. 4, accounts of paranormal experiences began circulating around campus like wildfire. From tales of ghosts in the Donnelly and Lee Library to specific residence halls and rooms, the excitement was palpable throughout Lake Forest College. And the ghost hunt on North Campus that night, led by Ghost Hunter and senior editor of Haunted Times magazine, Chris Moon put these reports to the test.

The night began with a brief history, from Professor Art Miller, about Lake Forest's paranormal activity. He noted Lake Forest's early connections to supernatural activity began with the Spiritualist movement in the early 1900s. Mention was made of the

ghost on Sheridan Road, as well as a haunted local mansion in which a man took his own life. Miller also spoke about other places where students have commonly reported encounters with ghosts, including, but not limited to, Reid Chapel and the library elevator, where he himself admitted to sharing an elevator with a ghost.

Chris Moon began his presentation by talking about his childhood. From a very early age, Moon had an interest in the paranormal. In one of his earliest memories, he recalled moving to a new house and falling asleep the first night only to be awoken by a young boy staring at him from the foot of his bed. His father, who was quite skeptical, told him he was wrong. Nevertheless, the boy continued to appear over his bed. "Eventually, we dis-

covered our house was built on a Native American burial ground," he explained. Ever since then, Moon continued to have paranormal experi-

“*The ghost hunter was a really cool experience. It was really interesting to see how “haunted” north campus actually is!*

- Ada Sandoval '14

ences, ultimately becoming a paranormal investigator.

After years in the field, Moon came into contact with the man he believes gave him his competitive edge as a paranormal investigator. He was a man by the name of Frank and claimed to have completed Thomas Edison's telephone to the dead. "I can remember my dad and I walking into Frank's workshop, which was basically a room in his basement with

a big metal cone coming down from the center of the ceiling and thinking... I might not make it out alive!" Much to his relief,

Moon survived the experience. Although he didn't test out the box until several months later, he found it to be an invaluable resource.

Then, the hunt for ghosts began. Moon led a group of students onto North Campus and into the Art Institute. He attempted to record "EVP's" (Electronic Voice Phenomena) from the second floor before heading up to the studio where he planned to use the telephone to the dead. He sat down to

use the box. Once turned on, it sounded as if the machine was switching between several radio frequencies. The volume was low and any voices were hard to hear among the jumble of sounds. Moon spoke into the box and reported he was now in contact with his technician, a boy by the name of Tyler. After asking a few questions of the box and receiving just as many, the group headed out to the second location.

After finding a cozy spot near the side of Calvin Durand, facing the road, Frank's box was turned on again. More quiet and mostly unintelligible noises were heard. At one point, Moon asked for the names of any spirits that were present.

"Mary," a voice from the box said. How old were you when you died?"

"Twenty-two," a voice seemed to reply. Moon continued to

speak into the box. Some of the answers were audible, while others were not. Ultimately, he stated the ghost hung herself in Lois Hall.

After a few more minutes, the group returned to the chapel to go over the recordings taken from inside Calvin Durand. The audio files turned up nothing aside from a few unaccounted snapping sounds. However, many of the students were impressed by Frank's box. Within a few months, Moon hopes to post all of the recordings to his website. Students will be able to review and vote for the most haunted college campus. Regardless of whether or not Chris Moon was in contact with various spirits, the evening provided students with the opportunity to relax, learn about the college's history, and give themselves a good scare during the late fall season.

# Environmental Studies program hosts author Charles Mann

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For many of us, knowledge of American history begins at the year 1492. Thinking back to grade school social studies classes likely invokes visions of Christopher Columbus; the Niña, the Pinta, and the Santa Maria; and corn (or "maize," as our social studies text books taught us in a small attempt at inclusion of the Native American culture). In many of our junior high and high school courses, more of the truth came out: Columbus did not really discover America, and American history certainly did not begin in the year 1492.

Thankfully, many recent educational materials have been edited to include other perspectives on Columbus's "discovery" of America; for those of us who cannot re-take high school American History, there are Charles C. Mann's

books *1493: Uncovering the New World Columbus Created* (2011) and *1491: New Revelations of the Americas Before Columbus* (2006). Mann has authored several books, including *The Aspirin Wars: Money, Medicine, and 100 Years of Rampant Competition* (1991) and *Noah's Choice: The Future of Endangered Species* (1995), and contributes to *The Atlantic Monthly*, *Science*, and *Wired* as well as several international publications. In a lecture next week on campus, Mann will focus on his latest book, *1493*.

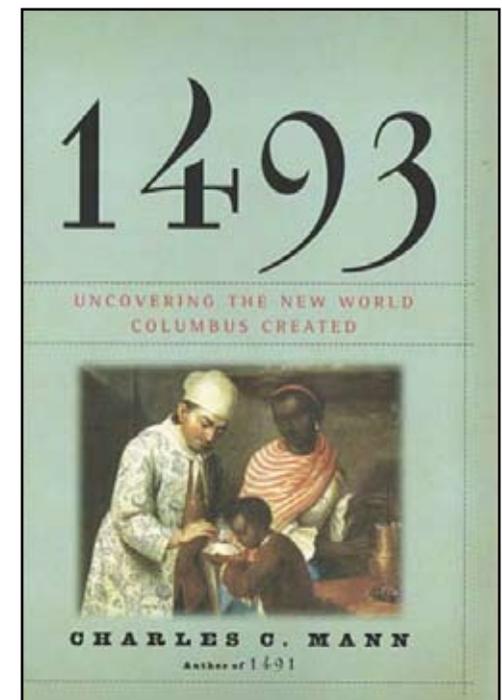
Though he may not have discovered this country, Columbus's presence here forever impacted the culture, economics, agriculture, and physical landscape of America. In *1493*, Mann expands the scope of Columbus's impact to include Africa and Europe, important parts of the "Columbian Exchange" or the process by which Columbus and his men caused eco-

logical exchanges between the Atlantic and Pacific regions. Mann calls the exchange "the greatest event in the history of life since the death of the dinosaurs" (NPR). In his lecture, Mann will touch on how Columbus changed nearly every aspect of Native American life in the 15th Century, and how people all over the world still experience the impacts of his voyages everyday. The foods we eat, diseases we battle, and ecology we study are largely the result of the Columbian Exchange.

From tobacco to tomatoes and porcelain to the potato famine, the early globalization caused by Columbus and his crew caused not only immediate changes in the lives of the people of the 15th Century, but has created ripples throughout time; as Mann will describe in his lecture, Columbus is responsible for many landmark historical events and modern ecological conditions around the globe.

"The Environmental Studies department is so excited about bringing Mann to campus," said Jen Kurtz '13. "I think his lecture will attract a lot of Environmental Studies and Biology majors, but I also hope that students from all majors attend. It seems like Mann will be discussing something that pertains to almost every major offered at Lake Forest. It will be a great opportunity to see how the genesis of each of our disciplines has impacted life as we know it and how they all interconnect with and complement each other."

Mann's lecture will be held Tuesday, Nov. 15 from 7:00-8:30 p.m. in the Lily Reid Holt Memorial Chapel.



## News

# Q&A

With Farida Adam  
Program Director  
Lake Forest College  
Intercultural Relations



Farida Adam is the new Program Director in the Office of Intercultural Relations. She received her bachelor's degree from Manchester College and a master's degree in Public Affairs from Indiana University. As Program Director of Intercultural Relations, her job is to support the planning and delivery of culturally-focused programming and serve as a liaison to culturally-focused student organizations.

**LEXIE ZAAS '14**  
NEWS EDITOR  
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**STENTOR:** Where did you work before coming to Lake Forest College?

**ADAM:** Before coming to Lake Forest College, I was working at Indiana University Purdue University Fort Wayne (IPFW) as a graduate administrative assistant for the Chancellor's Diversity Council.

**STENTOR:** Did you learn anything that you will use with your new job here?

**ADAM:** Through my last position, I was able to chair a programming committee and with the team's endless dedication and efforts was able to put on the most successful "Diversity Showcase" IPFW has ever put on. With my last job, often times I was challenged to think outside of the box in

regards to executing an institutional program in regards to marketing and the logistics of the program. I hope to bring my dedication and excitement for the journey towards diversity and cultural competency to Lake Forest. The conversations and internal dialogue that comes from being exposed to these issues is an immense step towards understanding one another and respecting our cultures.

**STENTOR:** Did you work anywhere before that?

**ADAM:** Yes! Before that I was a multicultural programmer at Manchester College in Indiana.

**STENTOR:** Where did you go to school? What did you study?

**ADAM:** I went to Manchester College for my bachelor's degree (ma-

lor: Political Science) and received a Master's of Public Affairs from IPFW.

**STENTOR:** Why did you chose to work at Lake Forest College?

**ADAM:** Why Lake Forest? Why not? Lake Forest, like my undergraduate school, is a private liberal arts school. The life lessons and connections through friends, staff and faculty, easily provided by an institution like Lake Forest is a true gem. I completely cherish these life long relationships I was able to make.

**STENTOR:** What is your position title?

**ADAM:** My position title is Program Director of the Office of Intercultural Relations.

**STENTOR:** What will your job entail?

**ADAM:** My job entails serving as a liaison/advisor to culturally-focused organizations, including, but not limited to Latinos Unidos, United Black Association, United Asia, PRIDE, International Student Organization, and Muslim Student Association. Also, this job supports the planning and delivery of culturally-focused programs for the College community and provide advocacy and support for students who are traditionally unrepresented or underserved including students of color, LGBT and international students.

**STENTOR:** How is your experience at Lake Forest so far?

**ADAM:** My experience so far at Lake Forest has been amazing! Everyone I have met has been nothing but welcoming. I've been here for almost two months and it feels much lon-

ger. This is such a good feeling because in just a few months I have been able to contribute my skills and be apart of an amazing team.

*If you would like to contact Farida please email her at [fadam@lakeforest.edu](mailto:fadam@lakeforest.edu) or call her at the Office of Intercultural Relations at (847) 735-206*

## Upcoming Events

**Thurs. Nov. 10** at 8:00pm  
Volwiler Lecture  
in Lily Reid Holt  
Memorial Chapel

**Fri. Nov. 11** at 7:30pm  
*Pirates of Penzance*  
at the Gorton Community  
Center

**Fri. Nov. 11** at 11:00pm  
Masquerade ACP by  
Latinos Unidos  
in the Mohr Student Center

**Sat. Nov. 12** at 7:30pm  
*Pirates of Penzance*  
at the Gorton  
Community Center

**Sat. Nov. 12** at 10:00pm  
Karaoke and Brain Teasers  
in Deerpath Hall Lobby

**Mon. Nov. 14** at 4:00pm  
Interfaith Allies: Cultivating  
Safe Space for Religious  
Diversity  
in Meyer Auditorium

**Mon. Nov. 14** at 7:00pm  
*The Believers* film screening  
in Meyer Auditorium

**Tues. Nov. 15** at 4:00pm  
Federal Reserves Policy on  
Stress Testing seminar  
in Young Hall Room 505

**Tues. Nov. 15** at 7:00pm  
Charles C. Mann lecture  
in Lily Reid Holt Memorial  
Chapel

**Wed. Nov. 16** at 12:00pm  
SOAP: More is Better- Collaborating  
Across Campus  
in Pierson Rooms

**Thurs. Nov. 17** at 9:00am  
Delta Delta Delta's Tri-Hop  
in the Mohr Student Center

**Thurs. Nov. 17** at 12:00pm  
Noon Tunes with  
Fastand Cheap  
in the Center for Chicago  
Programs

**Thurs. Nov. 17** at 5:00pm  
Not Just Girl Talk:  
The F Word  
in the Skybox

## Features



# Musings on vinyl, beer and theft: Getting to know Rabble Rabble

Rabble Rabble, a self-admitted psych-punk band with a penchant for crazy shows and outrageous parking tickets, recently rocked the campus when it played at the Lily Reid Holt Memorial Chapel, at the invitation of WMXM radio. Four members strong, the band is composed of Ralph Darski (guitar, bass, vocals), Matt Ciarleglio (guitar, bass, vocals), Kaylee Preston (drums) and Todd McCarfrey (guitar, bass, vocals). With Todd at the wheel, Kaylee and Matt invited me into the band's van for a crash course in all things Rabble Rabble before Saturday night's show.

**ZAKEA BOEGER '12**  
**EDITOR-IN-CHIEF**  
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**STENTOR: Tell us a little about how Rabble Rabble was formed. How did you guys get together?**

**Kaylee:** Cell divisions. We multiplied.

**Matt:** Well, me and Ralph formed a band called 'Rabble,' and coincidentally we met Matt and Kaylee and they were like 'Oh, we're 'Rabble,' and we were all like 'Rabble Rabble!' I wish that was true. Well, basically, Ralph and Todd had been jamming for a while, in their teen years, and then they had a band, I won't use the name, they had another band before and they kind sucked. So, they kicked those other dudes out and Kaylee jumped on in the drums...Kaylee was really cool as a person, as well as a really good drummer and they kicked their bass player out. Or something. He disappeared on a plane, actually...I think...[Todd in background: "Went sent him to the island of lost souls..."] and then I walked up and started playing, and we became Rabble Rabble. It's a pretty mundane story, really."

**STENTOR: What's been going on lately? I saw on your site that you've been working on building a new studio?**

**Matt:** We've got a new jam space/studio. We used to practice at a big warehouse with like 15 other bands for the past two years, and we were spending way too much money and not really getting much out of it in the long run.

**Kaylee:** Literally I had to go across the street to Starbucks to use the bathroom.

**Matt:** After that, we started looking for new spaces and ended up at the Soapbox, which is like this storefront converted into a studio that we're building with a couple of other cool people. So, we're gonna record our next album there, theoretically.

**STENTOR: Speaking of the next album, then. What are you guys working on? What's coming up?**

**Matt:** It's very early in the process.

**Kaylee:** We've got some new things. They're very gritty and loud—very loud. Very weird. So, hopefully we'll be able to put together some new tracks, and make an album out of it. And of course press it, on vinyl. Don't you agree guys?"

**Matt:** Yeah.

**Todd:** Nooooo.

**Kaylee:** Todd sucks.

**Matt:** Yeah, we're kicking Todd out of the band.

**STENTOR: What is a typical show like for you guys?**

**Matt:** Well, it wouldn't be a normal show unless we had beer thrown at us. And that's a good thing, not like a bad thing.

**Kaylee:** And beer cans. Like shaken up and opened. Or just like the bottles and cans completely whole.

**Matt:** Or the crowd completely mashing into us and trampling us. Those are a lot of fun. We've played a lot of weird shows.

**STENTOR: Yeah? What's the weirdest one you've played?**

**Matt:** Probably the Halloween show at The Moperly.

**Kaylee:** Well, let me tell

you this. Matt has gotten in multiple fights on stage. He has decided to take it to the next level while we're playing music, many times. So that Halloween show they're talking about this guy dressed as Andrew W.K., came up and like mooned everybody, because it was just getting nuts...and everybody was moshing. So this guy touches Matt with his bare a--. Okay, big mistake.

**Matt:** The show got disrupted, and Ralph was yelling at people for being so crazy because they were throwing things like watermelons on stage... puking everywhere. It was a disaster. There were like, hundreds of people there in this giant warehouse.

**Kaylee:** And then on a separate occasion at The Moperly, Ralph took all of his clothes off. I mean it. I looked over and Ralph was completely naked... I stayed far away from him.

**STENTOR: What's the tour situation? Do you guys go on tour a lot?**

**Matt:** We've been on a couple of tours, usually in the summertime. This year we did an August tour for about three weeks. It was the east coast, and the south, and Midwest, as far as Nashville. It was awesome. Touring is really hard to do, especially

when starting out as a band, but this was by far our best one, just because shows you know, you keep busy and see different places, and hopefully people come back and see you.

**Kaylee:** Boston was a lot of fun, but New York sucked. We got collectively \$430 in tickets. I got a \$405 one, and Matt got a \$25 one.

**STENTOR: So what do you guys do when you're not performing?**

**Matt:** Well, Ralph, who is fixing his guitar right now because it broke, he owns a café in Chicago called "Café Mustache." It's a super awesome place. Todd is working at Whole Foods, and he just got married. Kaylee also works at Whole Foods, and goes to college. I work at The Empty Bottle—

**Kaylee:** Which is a legendary Chicago bar. Everybody knows about The Empty Bottle. A customer today at Whole Foods was talking about The Empty Bottle, trying to name drop. I was like 'Oh yeah, I've played there like 12 times. It's a once a month kind of thing.'

**Matt:** So yeah, I work at the Empty Bottle and manage a café. But other than that, we just all hang out and have a good time.

Todd: I do a lot of different

projects. I do comic art and I'm currently working on a web show that I'm going to put out. It's not going to come out for a while, though.

**Matt:** Fun Rabble fact for the paper. Those letters on the van, on the window... on our first tour, three years ago, we stopped at a Burger King...in Louisville, KY. And I don't remember who it was, but grabbed the "r" from "whopper" and we all started stealing the letters from the sign outside and we were on tour with another band at the time, so we had both of our band names on the side of the van. It was a very gratifying moment. But we don't promote stealing.

**STENTOR: How many albums have you put out?**

**Matt:** We have one album, two live albums, two EPs and a 7". We just released the 7" in May, and we recorded that on tour the summer before last. We recorded it in upstate NY with Steven Gorge, who is the drummer in Ministry. So, we spent like 20 hours straight in the studio recording those two songs, and that's our Why Not / Long Hook 7" latest release. It was one of our first real studio experiences, so we just stuck it out the entire time with as few breaks as possible and it was great. Awesome. One of the best recording artists to work with for sure. He's a legendary dude. It was really

## Features

### Rabble Rabble, cont.

fun, and nice to have a break from touring, and still play music, but not live.

music that it is constantly changing. But, I feel like the new album is going to be a lot heavier and more concise, sound wise.

**STENTOR: Any upcoming shows?**

**Matt:** We're kinda trying to take a break, because we've got the new studio. But, we are playing December 2 at the Hideout. Then we have a secret New Year's show, maybe. It's a secret so far.

**STENTOR: How would you describe your sound?**

**Matt:** People seem to label it as "psychedelic punk," but I don't know, we all have our own way of describing it. I usually just say "f---ed up rock music. I don't know if you can put that in the paper. But yeah, psych punk is seemingly what most people go for.

**STENTOR: Say that you perform tonight and everyone here falls in love with you guys. What should they do?**

**Matt:** If they fall in love with our band? I would be surprised first.

**Kaylee:** They come to Chicago every weekend. It's a short drive.

**STENTOR: Does the new album have the same sound?**

**Matt:** We're still kind of finding our root, sound-wise. And we all listen to such drastically different

**Matt:** And then they totally buy our stuff, too. And then become our friends so we can all hang out.

**STENTOR: Anything else you wanna say?**

**Matt:** Ralph is in the band, but he isn't here right now. His guitar is broken. Our stuff breaks a lot. We like to have a good time and hang out.

Check out Rabble Rabble online at [rabblerrabbleband.com](http://rabblerrabbleband.com). All photos of the band courtesy of Rabble Rabble.

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**STENTOR**  
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### Introducing "The 'Bou": Lake Forest's newest addition

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Let the coffee competition begin. Caribou Coffee opened in mid-October at the corner of Western and Deerpath in Lake Forest, and so far has seemed to receive a steady flow of positive comments and reviews.

Students and faculty across campus love the service, mentioning friendly faces above all else.

Senior Associate Dean of Students/Director of Residence Life Carolyn Golz tweeted, "RT @scp\_\_ hey #lakeforest #foresters: any opinions on the new @LakeForestBou? I'd love to hear from you! -> Had great service the 1 time I went."

"The coffee is very good as always; I like Caribou's brewed coffee. They were quick and friendly," said junior Alysa Ugaste.

I was instantly greeted with a smile and a "good morning!" upon my first visit. The environment is warm, welcoming, and a perfect change of pace for this season of coffee drinking.

The barista's were efficient, and seemed genuinely interested in making conversation, continuing left-off conversations with regular customers, and casually chatting with new visitors.

At first I was tem-

porarily puzzled as to where the tables and chairs were, as the seating area and the barista stand are in two separate rooms. But once I discovered the turn around the corner and the cozy room with a fireplace, I realized that this is a benefit to the general environment. The incoming traffic of quick purchases and chilly gusts of winds can be separated from those customers who want to sit, study, or chat.

From the college community alone, a few 'Bou-goers have mentioned the need for more comfortable seating. "The seating area was nice and clean, but could use a comfy couch or chair," Ugaste said. "They only have wooden tables and chairs."

Caribou already has a standout piece, the antique door acting as a tabletop in the center of the seating room, which adds to the overall vibe. With the addition of a few more classic coffee house items of furniture, and a bit of décor on the walls, Caribou is surely going to be successful in its attraction to the younger crowd.

"I've been a couple times since they opened and they're really friendly and the coffee and food is great," said senior Laura Stahl. "The seating does need to be revamped, but I bet they'll get it figured out soon though. It's nice that they're open later, too."

Caribou has prime real estate on Western Avenue, and there has not been a lack of customers since the opening. With the hours of Mondays through Thursdays from 5:00 AM to 10:00 PM, Fridays and Saturdays from 5:00 AM to 11:00 PM, and Sundays from 5:30 AM – 10:00PM, Foresters will finally have a comfortable, relaxing place to escape past sundown.

Caribou's online presence is also helping to promote the new business. @LakeForestBou is becoming a popular mention in the Lake Forest College Twitter community – check-ins and mentions are more and more common in the Twitterverse. It's a genius way of attracting and reaching out to a large population of potential, likely customers.

The 'Bou Crew Twitter page brews tweets of daily specials, upcoming seasonal treats, as well as the frequent mention of and shout out to the Lake Forest College football team. Despite that minor mystery of the social networking world, it's great to see Lake Forest College connected to the Lake Forest community in a positive, supportive way.

So where do you get your caffeine fix? The 'Bou or The 'Bux?

Got feedback? Mention me on Twitter: @scp\_\_ ! (That's two underscores.)



## Opinions

### Identity Crisis: Do we really know ourselves?

FREDY VASQUEZ '14  
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Long ago when you were little, identity was a vague and abstract concept. It was something that to many seemed innate and just something that we were born with. We didn't question it because we didn't know how. People always said, "You're special because you're you". What constitutes the parts of ourselves which are indeed individual? The way you dress? The way you talk? No, these factors could be found in thousands of other people around the world.

It was a question that became more and more enduring as we went through middle school and high school (or for those who didn't go to those, just by growing up). By now, we're expected to finalize what our identity is. The final stage is supposed to be learning who we are by living on our own.

This question of identity is the topic in my sociology class right now and I think it raises some really valid points. There are moments in life where we have to make these big decisions and our identity along with the makeup of it, helps shape those deci-

sions. Personally, I believe identity is made up of our personality, our clothes, our appearance, and even our friends.

They say those who you associate with say a lot about you and I believe it to be true. I'd say that my identity is someone who's a little shy at first but, who opens up once someone gets to know me. I usually speak my mind and I'm admittedly not the brightest bulb in the box but that's okay because I have other characteristics that compensate for it. For other people, they're still trying to figure out who they are: be it orientation, ethnicity, or just in general. Identity is such a fluid concept that even people who think they may be completely sure might be a little off.

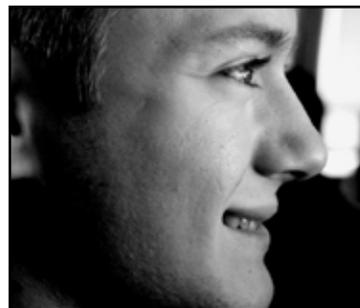
For example, a person who may have been a leader in high school may find the prospect of being a leader in a much bigger community to be daunting. The person who was mean last year may have had a change of heart over the summer and is now trying to make amends.

The point is, life happens and it allows change in people's identities. Then there are the parts of a person that just may never change: stubbornness, creativity, anger, for example but they can all change. It's another one of the many aspects of growing up that we all face.

I try to stay away from the term "college life" though because it sounds a little cliché if you ask me. So fret not if you haven't completely figured out who you are, you still have time. For those who think you've got it all figured out, take a good look at yourself, you never know what you may find.

### Bringing the pieces together: The Lake Forest College jigsaw puzzle I'm putting together

CHRIS BANVILLE '14  
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Fellow Foresters! It has been a wonderful week since the last edition! My weekend started with a few friends and I hitting the road for the three hour drive to De Pere, Wisconsin to cheer the Women's Volleyball team on to a first round win against Monmouth! After getting back on campus,

I quickly prepared to go to the Wild, Wild, West Barn Concert put on by none other than eTeam and Greek Life! I love country music, and I liked seeing a number of friends and classmates attend the concert! It was a good way to lead into this week.

As many of you may have noticed, it is campaign season again at Lake Forest College. For some of you, this may be an exciting time for you getting to learn about the different candidates. For others, it may be the time when you are just begging for no more Facebook invites.

I am running for President, so please don't entertain disgust for me if you are invited to vote for me on Facebook in the near future if you haven't been already...

I entered Lake Forest College knowing a few things. I wanted to be a politics major, and either minor or major in economics so that once I were able to run for political office, I would be able to have both the political and economic understanding of the decisions I would have to make for those that I would represent. I also knew that after having been in Student Council in high school, that

as a voice for my fellow classmates, that I wanted to be in Student Government here at LFC.

I am currently in my

“*Student Government is here for you, I am here for you. We are all pieces of one big puzzle that makes up LFC.*

*We only need guidance and someone to aid us in truly connecting so that no piece is left out. I promise to bring together the pieces, leaving no one out, for every single piece is necessary and equally important.*

second term as one of the Senators that represent the Class of 2014. I am also in my second term serving on the Executive Board as the Chair of the Grounds and Development Committee. Changes to campus that came directly to my work in the past year and a half include the transition to double sided printing in the Library, an initiative brought to my committee by several students, as well as the picnic area addition to South Campus.

As an "Executive Board veteran" I have had the privilege of serving the Student Body under two presidents. That said, I have seen the struggles of our Executive Board with relating to student organizations. I believe that great steps have been taken to bridge the gap that existed between Student Government and orga-

nizations on campus as well as students, but there are some more steps that must happen to fully bring us together.

Student Government needs to be more involved in the organizations. In the past, Student Government has worked under the thought process that organizations will come to it. I see no point in continuing to follow an idea that evidently

our wonderful organizations on campus or a freshman commuter who is only on campus for limited periods of time each week. If I am elected president, I will ensure that Student Government makes a larger effort through marketing and advertising who we are, what we do, and how we do it. I encourage everyone to try to make it to at least one Senate meeting a month too! We meet on Tuesdays at 7 PM in the Meyer Auditorium located in Hotchkiss Hall.

I want to thank you for supporting me in the past in my senate races, and hope that you will now support me as I run for president. Before I close though, I would like to make one more statement. Student Government is here

for you, I am here for you. We are all pieces of one big puzzle that makes up LFC.

We only need guidance and someone to aid us in truly connecting so that no piece is left out. I promise to bring together the pieces, leaving no one out, for every single piece is necessary and equally important. Henry Ford once said, "Coming together is a beginning, keeping together is progress, working together is Success." Thank you for your time. Allow me to work for you and with you. Vote Chris Banville for President of Student Government.

As your president I will make sure that you know who I am and how to contact me no matter if you are the president of one of

## Opinions

### Motivation: Getting everything you want out of life, when life won't give it to you



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Life never works out the way we want it. It's no secret. Life is hard. In class today, my professor explained to us that as "adults" we should already know that life doesn't conveniently give in to our desires. I agree.

What I've learned thus far from my 18 years of living, is that life is supposed to be unfair. But this unfair manner of life tends to scare a lot of people. But then again, I would say this fear is a good thing because it keeps you motivated.

I found Lake Forest College on YouTube. At the time, I was writing my college essay, but I didn't know how to write one. So, I turned to the fastest source of easy info, YouTube. I was looking at one video in particular

about a college's registration process and how they sort and select their student and Lake Forest College was mentioned.

My first thoughts were "What school would call themselves Lake Forest?", "... is it because it's next to a lake and a forest and that's why it's called Lake Forest?" But then I Googled it and saw that it was actually a good school... so I applied.

But anyway, I would like to believe that what got me accepted into Lake Forest was my essay. My essay was about dreams and how they are what keep you living, but more importantly what ultimately keep you alive. Think about it, if you don't have

*"To keep it simple, if life doesn't want to give you what you want, then get up and get it. But more importantly, don't be a brat about the situation. As "adults" we may know that life doesn't give in to our desires, but it does not mean that we should stop having them."*

a dream, then why are you here? Why did you get up in the morning? Why did you eat lunch? Dreams, to me, are personal goals that you want out of life.

For example, If I didn't want to go into the field of journalism, then I would not be one: working at The Stentor, two: double majoring in English and Communication, and more importantly, three: studying at Lake Forest

College. In the confusion of life, dreams put life in perspective. They offer us a vision of what we can be. Dreams abate the fear.

But doesn't being a dreamer mean your separating yourself from reality? Aren't you using your dreams as some form of escapism? Well, if I was to be completely honest: no. Because dreams are what give our lives life. Without our dreams or any sort of motivation, then we would consider ourselves dead, existing with no purpose.

To keep it simple, if life doesn't want to give you what you want, then get up and get it. But more importantly, don't be a brat about the situation.

As "adults" we may know that life doesn't give in to our desires, but it does not mean that we should stop having them.

If you want to be a doctor, teacher or engineer then go for it. If you want to be rich or famous then go ahead.

It is your prerogative to make your life the way you want to live it because, otherwise, life never works out the way you want it to.

### President's Corner: Special

#### My time at the college that became my home and how I'll miss it when I'm gone

**ELISE BECKMAN '13**  
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This past weekend, I realized that my time at Lake Forest is incredibly limited. While I have known this for several months, the reality of leaving campus is starting to set in.

I will be taking the next two semesters abroad. The first will be spent in Botswana and the second in Spain. I realize that my travel plans

probably aren't that interesting and really have nothing to do with my role as Student Government President, but I think that my thoughts about them could apply to just about anyone on campus.

I have been writing all semester about investing in campus, getting involved, leaving something behind, being a leader, and on and on and on. As I sit here typing this, I am suddenly aware of the fact that I only have six weeks left on campus. And I am start-

ing to panic. I am not shaking yet, but I am a bit off my rocker. Just a bit.

The truth is that I have been planning this experience abroad for several years, and I know exactly what I want to do while I am there. The trouble is that I wish I didn't have to leave to have that experience.

If I have learned anything about Lake Forest College while serving in this role over the past year, I have become acutely aware of the mass quantity of incredible people there are roaming around this campus. For instance, I bet you didn't know that President Schutt has a hilarious sense of humor. When you least expect it, he will make

*"The faculty is superb and I don't think that I would have enjoyed my time here nearly as much if it had not been for their support, care, and desire to make me feel at home as a student."*

a joke about something on campus and you will be gripped with laughter. You can find him on the second floor of North Hall and I promise that he'll be here all week. For the record, Dean Flot is pretty funny, as well.

I am going to miss so many things about Lake Forest when I'm gone. Namely, I am going to miss the community that we have here. You may not know everyone on campus or even like everyone on campus (okay, let's be re-

alistic); however, I bet that you would admit that you have made some amazing friends here and this is a pretty great place to be.

The faculty is superb and I don't think that I would have enjoyed my time here nearly as much if it had not been for their support, care, and desire to make me feel at home as a student.

Okay, enough. If you are even still reading at this point, you are probably thinking that I am either 1) incredibly sappy, 2) boring, or 3) overzealous and more than ready to talk about my experience here.

While I may be all three of those at different points in time, I have an important application for you

to consider during your time here: make it count. Whether you have one semester left or seven semesters left, don't waste a day. After all, you only have roughly 1,360 of them while a student here.

The Student Government Executive Board Officer Debate will be taking place on Tuesday, November 15<sup>th</sup>, at 7:00 p.m. in the Calvin Durand Wood Lounge. Stop by to support your favorite candidate or to see them battle it out when discussing important student issues on campus. That's all for me this week. Have a great one, Foresters!

# Sports

## Forester hockey takes center stage as its winter season begins

**Nov 5:** The Forester men's hockey team was defeated 3-1 by visiting Marian University Saturday night. Junior Dave Sharpe scored Lake Forest's first goal of the season.

Sharpe's score was assisted by sophomore Roberto Caparelli and freshman Luke Swardenski at the 3:01 mark of the second period.

Marian, however, tied the game just 72 seconds later on a power play goal and the score remained tied for the rest of the period.

The visitors took the lead mid-way through the third period and added a short-handed, empty net goal with 1:07 to play in the contest.

The Foresters outshot their guests 28-20 in the game but could not convert any of their seven power play opportunities.

Lake Forest is now

0-2-0 overall and in Midwest Collegiate Hockey Association play this season while the Sabres raised their overall record to 3-1-0 and league mark to 2-0-0.

The Foresters will continue conference play

with a home-and-home series against Concordia University Wisconsin next weekend. The teams will play in Lake Forest Friday night at 7:00 and at the Bradley Center in Milwaukee Friday Saturday at 2:45 p.m.

**Nov. 7:** The Lake Forest College men's hockey team takes center stage on one of the premier ice rinks in the area when the Foresters travel to the Bradley Center in Milwaukee on Saturday, November 12 for a 2:45 p.m. game against Concordia University Wisconsin.

The Foresters are looking to bounce back after season opening losses to Marian (Wisconsin) last weekend under first-year head coach Ryan McKelvie. Lake Forest hosts Concordia at home on Friday, November 11 at 7 p.m. before heading up to Milwaukee the following afternoon.

"We are looking forward to playing at the Bradley Center this weekend," McKelvie said. "To play at such a large venue should be a unique experience which I'm sure our players will really enjoy. I imagine

that their team is as hungry as our team for a win in the early goings, and it should make for exciting games this weekend."

Tickets for the game (\$12/person) include admission to the 7:00pm Milwaukee Admirals versus the Chicago Wolves game that evening. To reserve tickets, please contact Nathan

Harker of the Milwaukee Admirals at 414-227-0556 and reference Lake Forest College to ensure priority seating.

In between the two games, the Forester Athletic Network (F.A.N. Club) will be hosting a post-game reception at Buck Bradley's, located one block east of the Bradley Center, from 5:00pm-7:00pm. Appetizers and drink tickets are included

in the \$10 per person cost for the reception. F.A.N. Club members receive free admission.

The Bradley Center is home to the NBA's Milwaukee Bucks, the American Hockey League's Milwaukee



Admirals, the Marquette University men's basketball team and the Milwaukee Mustangs Arena Football team. The Bradley Center accommodates 17,800 for hockey games.

All content courtesy of Mike Wajerski and GoForesters.com.



Men's Senior Hockey Players of 2011-2012.

## SCOREBOARD

11/05/11	11/05/11	11/04/11
<b>Men's Ice Hockey</b> Mariana (Wis.) 3 Lake Forest 1 Final	<b>Women's Volleyball</b> Lake Forest 0 St. Norbert 3 MWC Final Tournament	<b>Men's Ice Hockey</b> Lake Forest 0 Marian (Wis.) 3 Final
<b>Women's Ice Hockey</b> Carroll (Wis.) 3 Lake Forest 1 Final	<b>Football</b> St. Norbert 41 Lake Forest 6 Final	<b>Women's Ice Hockey</b> Lake Forest 2 Wis.-Superior 3 Final
<b>Men's Swim &amp; Dive</b> Carthage 120 Lake Forest 75 Final	<b>Senior Day/Parents Day</b> 11/04/11	<b>Men's Soccer</b> Lake Forest 0 Carroll (Wis.) 1 Final
<b>Women's Swim &amp; Dive</b> Knox 111 Lake Forest 93 Final	<b>Women's Volleyball</b> Lake Forest 3 Monmouth (Ill.) 1 MWC Tournament Semifinal	

## UPCOMING GAMES

11/8/11	11/11/11	11/12/11
<b>Women's Ice hockey</b> Lake Forest Concordia (Wis.) 7:00 PM	<b>Handball</b> I.H.A. Contenders Lake Forest College All Day	<b>Cross Country</b> Augustana Lake Forest 11:00 AM
<b>Men's Basketball</b> Lake Forest Ill.- Chicago 7:30 PM Exhibition	<b>Men's Ice Hockey</b> Concordia (Wis.) Lake Forest 7:00 PM	<b>Swim &amp; Dive</b> Monmouth Invitational Lake Forest 11:00 AM
<b>11/10/11</b> <b>Handball</b> I.H.A. Contenders Lake Forest College All Day	<b>Women's Ice Hockey</b> Lake Forest Marian (Wis.) 7:00 PM	<b>Women's Ice Hockey</b> Marian (Wis.) Lake Forest 2:00 PM
		<b>Handball</b> I.H.A. Contenders Lake Forest College All Day