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Stentor

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Lake Forest College Stentor, February 17, 2011

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The Stentor

VOL 126, № 16

February 17, 2011

Publishing since 1887

Inside:

- **Exploring alcohol on campus**
- **Review extravaganza!**
- **Natya Dance performance**
- **Overview of Provost candidates**



News

CPC considers major schedule changes for 2011-2012

MARIO BALDASSARI
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Recent minutes from meetings of the Curricular Policies Committee (CPC) reveal plans to initiate major changes to the current Lake Forest College academic schedule. CPC has a major role in the planning process for our enrollment growth initiatives, and they characterize that in three ways. From their minutes, they aim to make sure that the process helps or does not affect classes and advising, helps solve the specific curricular challenges involved with the process, and looks for ways academics can help move good growth forward. These responsibilities have all been taken on in addition to their usual responsibilities of answering questions and fielding new course requests and all kinds of change requests every week.

One of the three important changes CPC is investigating is the addition of several new course slots to our current schedule. The most pressing problem in scheduling is that there already are not enough lab slots to accommodate all the students in the natural sciences. The committee's minutes provided some valuable insight into plans under consideration for next year. The first was to allow departments to schedule courses during the previously reserved 4:00-7:00 p.m. time slot, but only when scheduling the lab portion of courses that have multiple lab sections.

For example, as long as there were other sections of the exact same lab offered during the regular, designated lab slots (G/I and H/J), one or more lab sections of a course could begin before 7:00 p.m. (e.g., for 4-hour labs: 4:00 – 7:50 p.m., 5:00 – 8:50 pm. or 6:00 –

9:50 p.m.).

Box/bag meals would be made available to students enrolled in sections that overlapped completely with cafeteria hours. These meals would count toward a student's meal plan like visits to the cafeteria rather than toward flex dollar allotments. Instructors should contact Student Affairs on or prior to the first day of classes in order to make arrangements.

The second option being considered was to allow departments to schedule courses (especially those that have multiple sections of the exact same course) on Tuesdays 7:00 – 9:50 p.m. or Tuesdays & Thursdays 7:00 – 8:20 p.m. The final exam slot would be the Friday of exam week, 7:00 – 10:00 p.m.

For a little added perspective, under the current system, faculty members are required to perform a certain amount of service to the College in addition to their teaching and advising roles, although those with heavy advisee loads are sometimes permitted to not participate in aspects of the additional responsibilities. These additional responsibilities include chairing their respective departments, serving on or chairing governance committees, and (occasionally) helping out with co-curricular or extracurricular activities.

Because CPC's responsibilities are so many and so wide-ranging, they freely welcome student input for important decisions made by the committee, as do other governance committees. Furthermore, the Shared Governance Policy in effect at Lake Forest College dictates that students be involved in these kinds of major decisions. The Student Government Association on campus has been fighting recently to get students involved in even more campus

conversations than we were already (recent victories include the non-speaking presence of Student Government President at general faculty meetings and increased involvement on the Major Speakers and Honorands Committee).

Recent CPC minutes also include the following statement:

“As conflicts emerge over use of campus spaces, classes must take priority over all other activities. In the event that there are clear pedagogical reasons that necessitate holding a class in a particular space (e.g., a need for specific equipment or facilities) and the course instructor makes those needs known in a timely manner, that class has priority over other curricular and co-curricular activities.”

This situation is one in which the opinion of Lake Forest College students is being requested. Student CPC members Minxu Zhang and Vanessa Flores have been voicing their concerns, but they have found it difficult to elicit opinions from others on this topic. If you have an opinion, please send it to your Student Senator or straight to Vanessa or Minxu. You can contact Brianna Lemond, Student Government Secretary, for your Senator's contact information if you're not sure who they are; Ms. Zhang and Ms. Flores' e-mail addresses are available in the directory.

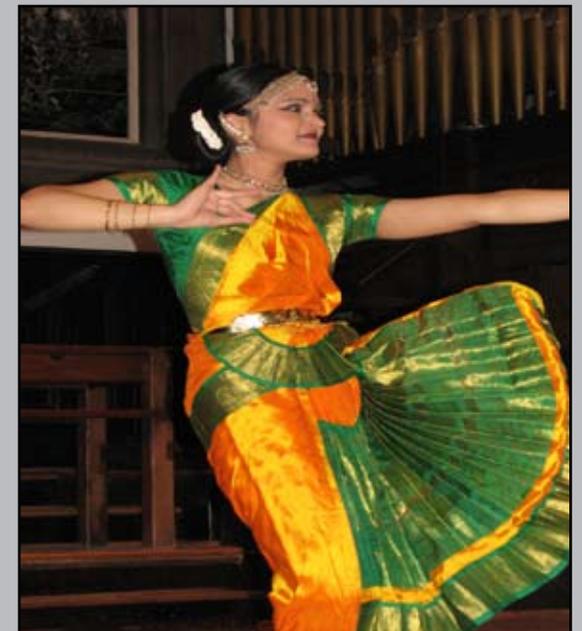
The members of the Curricular Policies Committee for the 2010-2011 academic year are:

- Professor Nancy Brekke (Chair)
- Professor Eli Robb
- Professor Rachel Whidden
- Dean Rob Flot
- Dean Janet McCracken
- Minxu Zhang '12
- Vanessa Flores '12

Natya Dancers perform for students during Super Bowl XLV



One of the dancers performing.



One of the dancers performing.

According to the company's website, “NDT's contemporary interpretations [of Bharata Natyam] incorporate dynamic body movement, rhythmic footwork, hand gestures, and facial expressions to convey meaning and emotion that create *rasa*, aesthetic experiences that spiritually transform audiences worldwide”.



All four dancers gather for the final piece.

On February 6th, as students gathered in their dorm rooms and the Student Center to watch the Packers prevail over the Steelers in a game better received than its Halftime Show, approximately 120 students and members of the public crowded the Lily Reid Holt Memorial Chapel to observe performances by four dancers from Natya Dance Theatre (NDT), a company that specializes in a form of classical Indian dance known as Bharata Natyam.

This event, organized by Professors Shubhik DebBurman, Catherine Benton (who courteously provided the photos), and Fatima Imam and conducted under the supervision of the company's Artistic Director, Hema Rajagopalan, provided what some might say was a more cultured alternative to the most highly-rated sporting event of the year.

- Nelson Igunma,
Co-News Editor

News

An overview of the Provost and Dean of the Faculty search process: one student's perspective

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An article on our three different candidates for the Krebs Provost and Dean of the Faculty position being left by Janet McCracken's imminent return to teaching next fall could take two different directions. One would be a technical review of each candidate's cover letter and curriculum vitae; the other would focus on opinions and first impressions gained from the opportunity the student body had to meet each candidate. I plan to take both paths, but not without starting by saying that attendance at the meetings was woefully low, which will be addressed at the end. This article should by no means have been your only way of knowing the candidates; please skim their cover letters and CVs (resumes for academics) on Moodle

The first candidate to visit campus was Dr. Michael Orr, an Art History professor from Lawrence University (an ACM member). He's a well-educated man with years of experience doing administrative tasks at Lawrence and had a recent yearlong residency at Macalester. He believes in liberal arts education and, in his cover letter, vowed to be "looking, listening, and learning" before trying to

make any grand changes to our system. He also believes in shared governance and claims to have a collaborative leadership style, though he writes that he is more than able to take a stance and make a decision as a leader.

His student forum showed a very confident English man (he grew up in the United Kingdom and undertook his undergraduate studies at University College London) sitting back in his chair with his legs crossed and hands folded as he calmly explained his answers to the students' questions. Most of them came from me, because the other two students in attendance were a Freshman and a Sophomore and were thus unsure of what questions to ask a Provost candidate. His interest in Lake Forest seemed a little shaky to me, as he didn't know much about us yet and that it could happen almost anywhere there might be a residential liberal arts college. Chicago was just a nice draw for us. I felt like he avoided answering any of my questions about personal philosophy regarding FIYS and GEC, but I also felt like I liked him at the end of his answers. And when I wrote up my critique of his session, I had to try really hard to come up with anything negative to say.

The next candidate we met was Dr. Matthew

Richey, Professor of Mathematics at St. Olaf College (also an ACM member). Dr. Richey's letter conveys strong enthusiasm for the liberal arts model and his experience in leadership positions within the higher education structure at St. Olaf. He is currently the chair of his department there as well as the Dean of the entire natural sciences division, in addition to teaching, advising, and scholarly work. One important aspect of his philosophy is helping normally underprivileged groups to have access to college and especially the natural sciences once in college. He also listed student-faculty research as a high value topic for himself, and led a group that created a program at St. Olaf called Collaborative Undergraduate Research and Inquiry in which faculty and undergraduate students work together on research across disciplines.

His student forum (which was the best-attended of the three) was full of great give and take between him and the students. He seemed to be a person who did really well working with students and he answered all questions as fully as he could. My only question upon the conclusion of the session was whether he might not be enough of a commandeering personality to take over a room like that

of our LFC Faculty Meeting, which can turn into arguments far more heated than you might expect. However, I did believe he was a fantastic candidate for the position, and I assume that in his current roles he has already learned to deal with such situations and knows what to do.

The final candidate to visit us was Dr. Bridget Gourley, who is currently a chemist at DePauw

University in Greencastle, Indiana. My first impression from Dr. Gourley's letter was her interest in the College specifically. She also makes her interest in collaborative faculty-student research clear early. She is currently serving as the chair of the Chemistry department at DePauw. She also participated in restructuring the Chemistry major and the construction of a new science center. One of her other important goals is to continue to encourage ethnic and gender diversity in the sciences. She also worked in all parts of DePauw's current campaign to downsize their enrollment and increase diversity.

Dr. Gourley gave a very clear image of her personality during her student interview. She started by suggesting (playfully, with a prop) that she started very regimented and straight-laced but has since developed a looser, open-minded style. When asked about her critics, she mentioned that some might say she had not in fact turned looser but has remained strict and by-the-book in her teaching and thinking styles. She then gave what I deemed an excellent first response to my expression of concern over the usefulness of my questions, saying that every question we might have would be important because those are our questions. I love that answer. As we said later, nobody really knows what its like to be an Lake Forest College student right now more than the current LFC students. She went on to give very satisfying answers to all the questions we asked her on personal philosophies and leadership styles. She seemed very formulaic and organized as a person and called herself a collaborative leader, as did both other candidates.

I made no clear suggestion here on purpose. You should have parsed through the information available on Moodle to come to your own conclusion. It's too late at this point to offer an opinion on the search process, but we should all be educated on our new Provost and Dean. I again express my disappointment at the abysmal attendance at the student interview sessions.

In the end, President

Schutt went with Dr. Orr. This article was originally written before the hire was made, but I can say now that Dr. Orr is a great choice, and he is one who will do a great job with the administrative portions of being a Provost and Dean of the Faculty. He was the most experienced candidate by far and is on his way to probably being a college president somewhere eventually. My choice was Dr. Gourley, who was without a doubt the candidate most enthusiastic and prepared for the interview and was also the clear student advocate of the group. I do however fully understand and support the choice of Dr. Orr.

We (and I) have complained in the past that "the administration" (read: the MAN) doesn't always listen to what we, the students, have to say. This judgment has seemed especially true for larger decisions. However, we only add fuel to the fire of those who devalue our opinions when we fail to attend something like a student interview session during the hiring process of someone who will have a major role in our academic lives for years. Even seniors, who probably found it easiest to avoid the sessions, will be affected by this person's work because the value of your degree will forever depend initially on the then-current value of a Lake Forest College education. Imagine going to a job interview right now toting a Barat College graduation date on your resume. "But it was a great school at the time!" Yeah, but it has to be rough to explain to people that your alma mater no longer exists. I don't mean to suggest that the wrong person in the Dean of the Faculty position would run Lake Forest into the ground within 4 years, but I am saying that the quality of your degree could go up or down substantially within the time in which you're still searching for a career.

Upcoming Events

- 2/17- Teacher Fest 2011 12:30pm
- 2/17- Getting Back to Our Roots: Building Sustainable Communities From the Inside Out 4:30pm
- 2/17- YOGA Group 6:00pm
- 2/17- Student Senate 7:00pm
- 2/17- UBA Talent Show 8:00pm
- 2/17- Karaoke for a Cure 8:00pm
- 2/18- Swimming and Diving: Lake Forest at Midwest Conference Championships 10:00am
- 2/18 ZUMBA!- 4:30pm
- 2/18 Men's Hockey: Lake Forest vs. Concordia 7:30pm
- 2/18 The Show Off Show Comic Magicians 8:30pm
- 2/19 Men's Tennis: Lake Forest vs. Elmhurst 2/19 Swimming and Diving: Lake Forest at Midwest Conference Championships- 10:00am 10:30am (to 02/19)
- 2/19 National Girls and Women in Sports Day 2/18 Women's Basketball -1:00pm
- 2/19 Lake Forest vs. Grinnell- 3:00pm
- Men's Basketball: Lake Forest vs. Grinnell 4:00pm
- 2/19 Women's Hockey: Lake Forest at Finlandia- 4:00pm
- 2/19 Men's Tennis: Lake Forest at St. Norbert -4:30pm
- 2/19 "The Alumni Chapter" Film Premiere- 6:30pm
- 2/19 Men's Hockey: Lake Forest at Concordia (Wis.) 7:00pm
- 2/19 Orchestra Concert- 7:30pm
- 2/20 Swimming and Diving: Lake Forest at Midwest Conference Championships 9:30am
- 2/20 Women's Hockey: Lake Forest at Finlandia 4:00pm
- 2/20 Delta Gamma weekly meeting 7:00pm

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STENTOR
Magna est veritas & prevalebit.
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This week's cover illustration by Nate Butala.

News

Results of CORE Assessment indicate major changes in alcohol use from 2004 to 2010

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Last year, Lake Forest College, as well as colleges across the nation, conducted a survey that was also conducted in 2004. This is known as the CORE Assessment, and it is used to measure the amount of alcohol and other drugs being used at colleges and universities.

In the 2004 assessment that was given to Lake Forest College students, the results were less than desirable. The survey indicated that the average number of drinks consumed by a Lake Forest student every week was 8.6 drinks. The national average was 6.1 drinks consumed per student per week; this put Lake Forest College students' 2.5 drinks above average. When it came to binge drinking, the results were just as alarming, if not more so: 67.6% of students surveyed at Lake Forest College reported having participated in the past week. (Note: the survey

defines "binge drinking" as five or more drinks in an evening)

In an interview with Dean Robert Flot, he reported, "In the most recent CORE Assessment (2010) there were over 71,000 students who took the assessment nationwide. Lake Forest College students showed significant improvement in their use of alcohol and other drugs in the most recent assessment, while the national average

over average in alcohol consumption to 20% under average. As far as binge drinking goes, 51.6% of Lake Forest College reported to have participated during the past week, this shows dramatic improvement from the first administration of the survey. The national average in 2010 for binge drinking was 46.1% of students.

In the 2004 survey, overall results suggested that Lake Forest students used alcohol and other drugs in

said.

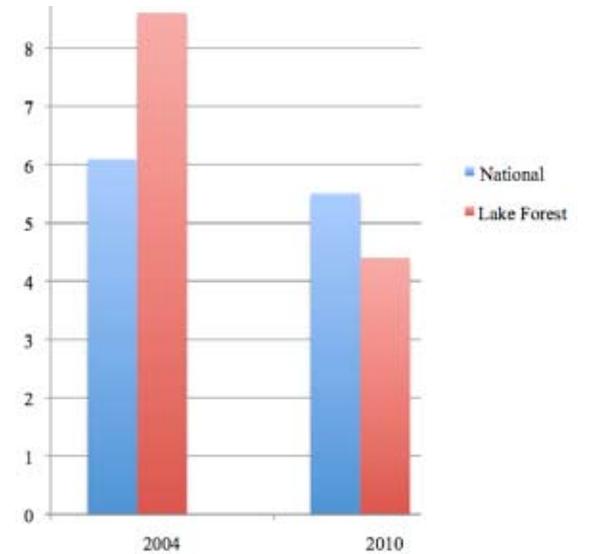
"However it is clear that alcohol and drugs are still a problem at Lake Forest College, as they are at virtually every college and university nationwide. However, the 2010 CORE survey results seem to suggest that alcohol and drug use is no more a problem at Lake Forest College than at any other college or university," Flot continued. "Although we've made improvements since 2004, we need to keep improving," he added. "The survey results are very good news; they mean that Lake Forest College students are becoming healthier. In circumstances where unhealthy or risky alcohol or drugs are used, I'd like students to strive to make better choices," Flot said. One more thing that Flot would like to make clear is this: "I am not all interested in having a dry campus. I am a proponent of healthy, safe and legal uses of alcohol. I believe this can be achieved without having a dry campus".

"I am not all interested in having a dry campus. I am a proponent of healthy, safe and legal uses of alcohol. - Dean Flot"

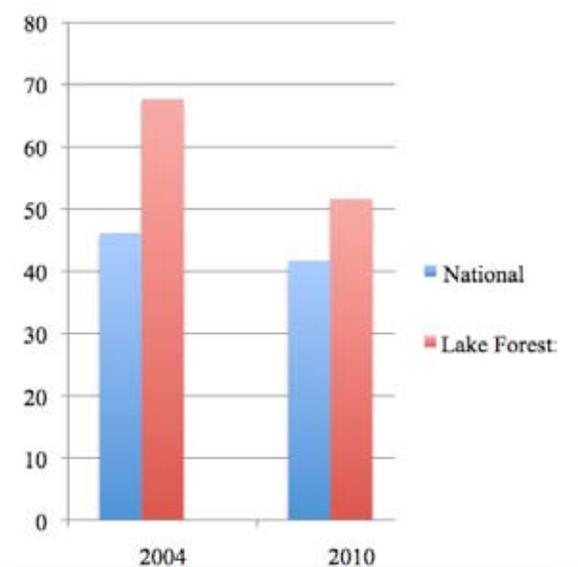
did not show much of a difference. In 2010 the average amount of drinks consumed by Lake Forest College students per week was 4.4 drinks. The national average was 5.5 drinks. This indicates that Lake Forest College went from being

a more unhealthy way than their peers at other colleges and universities. The 2010 survey had results that were a pleasant surprise to the Lake Forest administration. "In 2010 we now have healthier alcohol and drug use than we used to," Flot

Average Number of Drinks Consumed Per Week



Percentage of Students Reporting Binge Drinking



Campus Watch



Date & Time Reported - 2/12/2011
11:41:07 PM
Location -S CAMPUS DRIVE
Offense -LIQUOR LAW VIOLATION - REFERRAL
Incident -OPEN ALCOHOL
Disposition -CLEARED W/NO FURTHER ACTION

Date & Time Reported - 2/13/2011
2:03:47 AM
Location -MCCLURE HALL
Offense -**INJ/SICK PERSON** - EMERG MED TRANSPORT
Incident -INTOXICATED
Disposition -CLEARED W/NOTIFICATION

Date & Time Reported - 2/13/2011
1:37:29 AM
Location -STUDENT CNTR/COMMONS
Offense -LIQUOR LAW VIOLATION - REFERRAL
Incident -UNDERAGE CONSUMPTION
Disposition CLEARED W/NO FURTHER ACTION

Date & Time Reported - 2/13/2011
1:05:34 PM
Location -STUDENT CNTR/COMMONS
Offense- HARASSMENT
Incident ALTERCATION BETWEEN STUDENTS
Disposition -CLEARED W/NOTIFICATION

Date & Time Reported -2/14/2011
6:03:33 PM
Location -SPORTS CENTER
Offense -LOST PROPERTY
Disposition -CLOSED PENDING ADDITIONAL INFORMATION

Date & Time Reported - 2/15/2011
8:00:41 PM
Location -SPORTS CENTER
Offense -INJ/SICK PERSON - NON EMERG MED TRANSPORT
Disposition -CLEARED W/SVC RENDERED

Forester Focus



HEALTH & FITNESS:

BEACH BODY BOOT CAMP

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The recent heat wave of above freezing temperatures reminded me that spring break is closing in fast. With bikini season in sight, many students are feeling the pressure of getting that bronzed beach body before heading off on vacation. Don't despair, it's not too late to get that spring break body you've always dreamed of, but you'll need to start soon!

Before getting started, set a goal date - 3 weeks - a lot can happen in 3 weeks and soon we won't be able to hide behind our winter clothes. Don't worry about a long-term goal (after spring break you can start to worry about summer), just focus on the first day of spring break and the first day at the beach. Beaches mean swimsuits and so we need a quick fix to target the most common problem areas: butt, thighs, abs and arms. Mike Gilboe, LFC's own athletic trainer has helped come up with the best workouts to help out these problem areas and to see the best results. Here are some suggested exercises that will help get you in shape and lose those extra pounds.

Butt/thighs:

- Squats – start with your own body weight and then move on to extra weights.
- Lunges with dumbbells (see photo)
- Wall sits – place a ball between your back and the wall. (see photo)
- Running – great cardio workout

Abs/tummy:

- Bicycle
- Plank - Elbows and toes(see photo)
- Crunches – Use a ball (see photo)

Arms:

- Bicep curls
- Triceps extensions

Some helpful tips:

- Create a calendar (4 weeks) and check off the days as you go.
- Keep a journal – keep track of what you are eating, time spent at the gym, what exercises you did, etc. This will also keep you organized.
- Get some rest – your body needs time to recover and build up muscle.
- “Eat right with colors” – Stick to colorful fruits and leafy green vegetables
- Less is more when it comes to alcohol – put down the beer and get to work on those sit-ups.
- Have a before/after photo to see your results
- Be willing to put in the work if you want to see results.

Now that you have the tools, you need to put them to work with the right exercise plan:

Eating healthy is never easy, especially with the occasional chocolate fountain in the cafeteria, but we always need to start with a reformed diet. Don't believe that less is more but focus on quality over quantity. In order to see any results, you need to make sure you are providing your body with the right energy and nutrition that it needs. During the day, try to go for more fruits and vegetables for snacks and try to avoid the fats and sugars. Try and keep track of what you are eating throughout the day. Don't become compulsive with counting calories but try to keep a general (and accurate) idea of where you are at. “Calories in should be less than calories out” –Gilboe says.

Now that we've discussed meals, we need to create a schedule for the gym:

The more you go to the gym, the more results you'll get. You should go at least 4 times a week, and 7 would be ideal. Start out each workout with 5-10 minutes of stretching to avoid injury and to loosen up your muscles. Begin your workout with 20 minutes of cardio (running, elliptical, swimming, etc) and 10 minutes of abs. Then try to rotate the days between arm and leg/butt workouts and try to spend an additional 20 minutes on those.

The most important thing to remember is that getting in shape will not only boost your metabolism but it will also boost your confidence.



LUNGE WITH DUMBELLS



WALL SITS



PLANK



CRUNCHES

Features

Oscar Preview

Young actress infuses *True Grit* with charm

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True Grit manages to be an unconventional western while sticking to common genre tropes. A second adaptation of a book of the same name, the Coen Brothers' *True Grit* contains a drunken, slovenly lawman, a scarred villain, a hanging scene, and more such common images and characters. But the language it employs and the jocular yet touching vibe it exudes makes this film a unique and exuberant experience.

As the story goes, Mattie Ross (Hailee Steinfeld), a 14-year-old girl sent to settle her dead father's affairs, decides

instead to hire a gunman, Rooster Cogburn (Jeff Bridges), to track down and apprehend her father's killer, Tom Chaney (Josh Brolin). Mattie's precise diction and quirky verbosity drive the plot forward ably, but they are also assisted by the wonderfully crotchety and foul Cogburn, a straight-man turn from Matt Damon as the Texas Ranger LaBoeuf (pronounced like the cuttings of a former cow), and the somewhat tragic characterization of Chaney from Brolin. That a western, a genre defined by its masculine outcasts and growled "stick-em-ups!", can be so acutely controlled by the whims of a young woman is a truly innovative turn. I spent the entirety of

the film loving the hell out of Mattie, a rare event as more and more films push us to doubt and struggle with our identification with their main character.

I have no idea what the West was really like. I expect the John Ford Westerns of the mid-1900s were as much reflective of a libertarian fantasy as they were reality. I know that murders were not nearly as common as the Western shootouts would have us believe. I would think that mostly the West was a dirty, sickly, tempestuous place where people of color were abused, women degraded, animals slaughtered, and towns established. *True Grit* does an ample job of showing the problems with

the West, its inequalities and injustices, but it is not reality. However, *True Grit* is better than both the old fantasies and the unfortunate history. In this world, a young girl can outwit every damn man she meets. In this world, beautiful natural expanses give way to cold, wintry forests and isolated trading cabins. In this world, bullets mean something when fired, whether through a head or through a cracker, but one never feels they are but a shiny distraction from real human drama. This world ain't real, but it sure is fascinating.

Mattie comes upon a small town like a teenage hurricane. In a brilliant and hilarious scene, she uses logical tricks and lawyer

name-dropping to attain her father's horse and the cash she paid for that horse with extra interest from a rotund, querulous Colonel Stonehill. She uses this money to send her father's body back home and to hire Cogburn, who reluctantly agrees to track Chaney as he lounges like a sweaty hog on a small cot in the back of a general store. LaBoeuf, having tracked Chaney for the crime of killing a Senator, appears as a third unwilling companion. Together they learn to get along and grow as people in a way that is far more interesting than that summary can ever hope to describe.

The Coens display an effortless grace in these introductory scenes, in

their shootouts, in their odd vignettes, and in their final moments of grandeur. Lacking the starkness of *No Country for Old Men* but keeping its verisimilitude, lacking the Midwestern silliness of *Fargo* but keeping its heart, *True Grit* has a truth and earnestness that is a joy to behold.

Yet it is missing something. Even as we watch Mattie display her true grit as she confronts her father's killer there is a lightness to the proceedings. Deaths lack meaning. Danger always feels escapable. There is little real tension or cathartic drama. I wanted a little more here. I wanted a little more grit.

Rating: 9/10

Survival movie poses tough questions for audience

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Survival movies captivate the moviegoer in ways that no other genre can. At one moment, life can't get any worse than our over-salted popcorn, and in the next moment we're empathizing with the fact that Tom Hanks will spend years talking to a volleyball. But a great survival film tells us as much about ourselves as it does the human spirit.

Yet not all such films are created equal. The all too familiar 'man versus beast' movies are often reduced to God-awful clichés and supposedly epic conflicts, while 'man versus nature' stories rely on dazzling special effects to distract us from the plot. But the story that we're

really seeking is 'man versus self' and a struggle that all of us can relate to.

Based faithfully on a true story, *127 Hours* is no exception. Weaving a harrowing, graphic tale of survival interspersed with narrative and flashbacks, the film depicts the five-day long ordeal of Aron Ralston, a young outdoor enthusiast whose passion for exploration leaves him literally trapped between a rock and a hard place.

Realizing his chances of survival are dwindling with each passing day, Ralston prolongs the inevitable by diligently rationing his supplies, hoping to survive until a rescue party arrives. However, as he's left trapped between the rocks, he's forced to consume his own urine and, in a hallucinogenic trance, he

stabs his trapped arm and laps up the coagulated blood.

Spliced into the raw survival footage are Ralston's recollections, often told candidly to a video camera that he hopes his parents will see after his passing. Some memories are milestones, such as a memorable romantic encounter, while others are upsetting, such as being left by his girlfriend. Yet none are random, as each gives us added insight into how Ralston became entombed in a canyon, and what gives him the strength to survive.

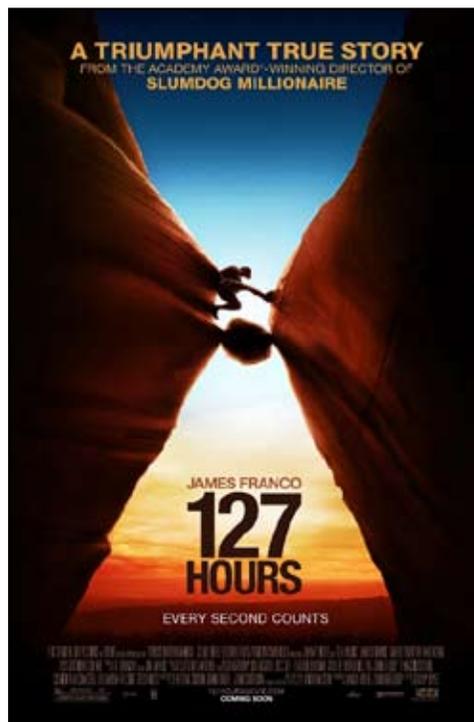


Photo courtesy of onlinemovieshut.com

After days of being in the canyon, Ralston's hallucinations become vivid and interactive. Choosing action over

certain death, he snaps both bones in his forearm, and proceeds to lacerate the flesh and sinew to free himself. The most memorable moment comes when Ralston, fishing around inside the wound, pulls up a bloodied yellow strand of nerve fiber. Begging himself not to pass out, he yanks up under the nerve with his dull knife to meet some resistance, until finally a small snap sends him into a catatonic stupor with half of his arm still to go.

Finally free, Ralston descends a small ledge and walks through the wilderness to meet up with

other hikers. From there he returns to civilization as an amputee "armed" with a new perspective on life.

What's appealing about *127 Hours* is its ability to make do without survival film generics. There's no lengthy contemplation of suicide. There's no sappy closing scene of Ralston walking up to his ex's door on a rainy night trying to rekindle lost love. No mention of an impossible readjustment into his old life. *127 Hours* puts an ordinary person in incredible circumstances, and forces the viewer to ask and answer the question, "What would I do".

Rating: 8/10

Features

JOHNNY FLYNN REJUVENATES FOLK MUSIC WITH LATEST THOUGHT-PROVOKING ALBUM

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Contemporary British folk music has been garnering the public's attention as of late, and thanks to this surge, Johnny Flynn, a musician/actor/poet who has been closely associated with the Mumford and Sons crowd is starting to get some recognition. Flynn, who released his second full-length album, *Been Listening*, in September of 2010, has been noted for his compelling lyrics and his quirky approach to traditional British folk music. Yet, if I had reviewed this album a month earlier, I probably wouldn't have given it the rating that it deserves.

I enjoyed Flynn's debut album, *A Larum*, immensely, but I was only mildly interested in *Been Listening* after the first few listens. There was nothing that immediately piqued my interest, the way that

soulful resonance that makes Flynn seem much wiser than his 27 years. Not many young musicians today have the awareness or even the ability to sing "to the passing and temporal / the eons gone by" with conviction, but Flynn carries it off perfectly.

And according to the liner notes, Flynn essentially operates as a one-man band playing the mandolin, the trumpet, the guitar, the violin, the banjo, the fiddle, the manjo, the piano, the organ, the ukulele, and the "jingle bloody jingle" (whatever the hell that is). His back-up band, the Sussex Wit, performs with him on the album, but it's Flynn's instrumental prowess that takes precedence.

What makes *Been Listening* so intriguing is the way that it gently plucks at the listeners' curiosity while gradually accumulating meaning the more times it's played. "Kentucky Pill," for example, features harmonious vocals over a

listening, and because I wasn't giving the music my full attention, I didn't find any other songs that were quite as immediate as "Kentucky Pill." And if I hadn't already been familiar with Flynn's previous music, I probably would have given it up as a needlessly pretentious effort, which would have been a horrible waste.

"Lost and Found," the second song on the album, is a prime example of Flynn's knack for subtlety. The song begins on a gentle note, with quiet guitars and quiet vocals that gradually increase in intensity, making it easy to miss the delicate intricacies found in the melody. But the instrumental portions are absolutely beautiful and dovetail nicely with the melancholy chorus: "Just a lonely radio / Just a makeshift show and tell / Playing out the lives of the lost and found."

As is the case with *A Larum*, many of the songs on *Been Listening* have a

"The more I listened to Been Listening, the more impressed I became with Johnny Flynn's time worn lyrics."

"Leftovers," "The Wrote and the Writ," and "Cold Bread" did on *A Larum*.

But Flynn's music is like fine wine – it's an acquired taste that gets better with age. And the more I listened to *Been Listening*, the more impressed I was with Flynn's obscure narratives, dense instrumentation, and time worn lyrics. The music has a deep and

ringing horn-laden hook that is interesting enough on its own, but it wasn't until I listened to the song a third time that I realized what the chorus was saying: "I'm running for my old playmates / I'm running through the town / I'm running with a gun that's gonna / Shoot my playmates down."

This is not an album that is conducive to passive

distinct literary sensibility, and they are as intriguing as they are ambiguous. "Churlish May" follows the nostalgia of a love lost many years ago, while "Sweet William" tells of the epic wanderings of the title character, once again establishing Flynn's connection with the folk tradition of the British Isles.

The most intriguing

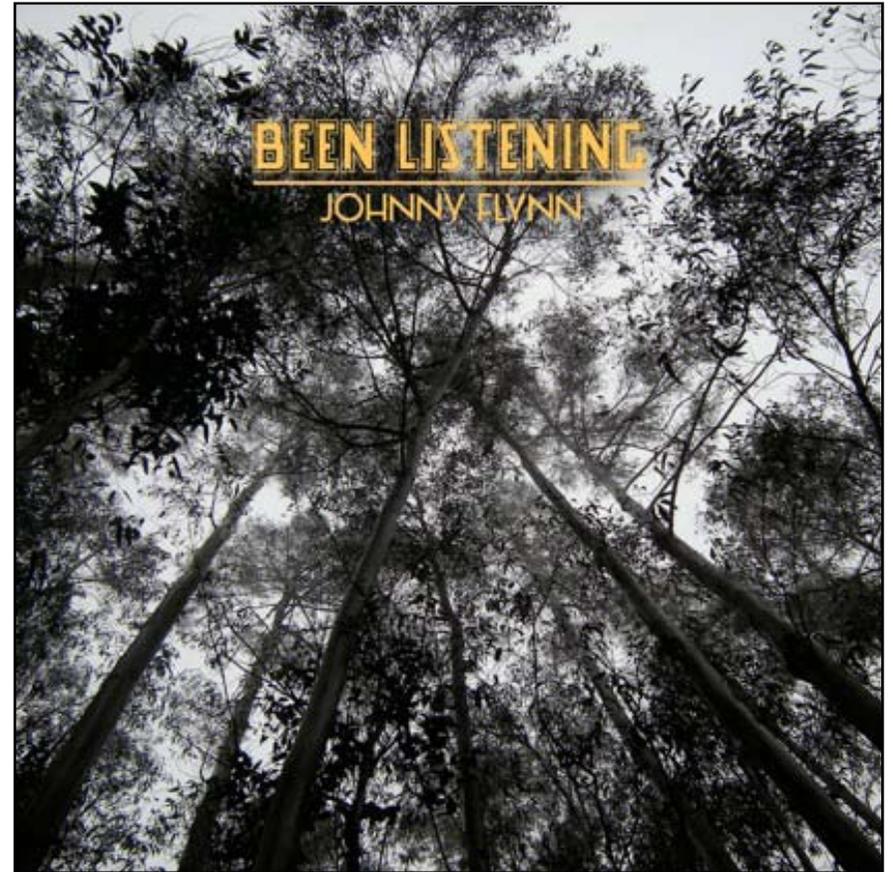


Photo courtesy of eatenbymonsters.wordpress.com

Contemporary folkie, Johnny Flynn, piques the musical and literary interests of his listeners.

narrative on *Been Listening* is probably "Barnacled Warship," which tells the story of a naïve soldier: "Think I'll fight a war, I don't know what for / But I'll learn when I get my gun." The music creates an active and staccato soundscape behind Flynn's lyrics, using a violin, a cello, and an organ to craft a melody reminiscent of old maritime tunes, and both music and lyrics combine to create a soaring chorus that sings of "the fighter's refrain."

The stand-out track, however, is "The Water," a duet with fellow folk singer, Laura Marling. The exotic instruments have been stripped away, leaving nothing but a couple guitars, a mandolin, and the most

beautifully sung lyrics on the album. The melody is the simplest on the album, reminiscent (once again) of the British folk tradition that Flynn so deeply admires. Marling's sparkling vocals mesh perfectly with Flynn's rich baritone, allowing each singer to harmonize while retaining their distinctive sounds.

Not all of the tracks on *Been Listening* have evolved into gems; the chorus of the title track follows an aimless melody (although the ringing electric guitar interludes add a soulful touch) and "Amazon Love" never develops into anything other than a tuneless, plodding number. These songs, however, are the exception and overall Flynn

has established himself as a skilled musician worthy of more recognition and acclaim than he's received.

For those unfamiliar with Flynn's work, I would recommend *A Larum* first, as its songs are more immediately engaging. However, *Been Listening* is not exclusively for the musical connoisseurs who like to savor their music; it's also for those looking for an intellectual exercise in their music. *Been Listening* is an extremely quirky and well-made album, more than worthy of the listener who will give it their full attention.

Rating: 9/10

Opinions

The Grammys' need for talent

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Surprisingly, the Grammys did not completely disappoint me. An interesting artist (Arcade Fire) won "Album of the Year," Lady Antebellum did not sweep the categories, and Justin Bieber went home empty handed. The Grammy website proclaims a Grammy is awarded to "honor excellence in the recording arts and sciences. It is truly a peer honor, awarded...for artistic or technical achievement, not sales or chart positions." If this is true, what was Katy Perry doing on the list of "Album of the Year" nominees?

Now, just because an artist is popular does not mean it has nothing to offer. And I don't have a problem listening to fluffy music, like Ke\$ha or the Black Eyed Peas. But nominating Perry and *Teenage Dream* for "Album of the Year" is like nominating *Twilight* for "Best Picture" at the Oscars.

Thankfully, Perry did not win. But let's take a look at some of the performances Sunday night to illustrate how the Grammys, and music, has begun their slow spiral down the toilet. Lady Gaga's performance of her new single, "Born This Way," was only moderately catchy, and her routine was stale, with her semi-kooky costume, been-there-done-that grand entrance, and enormous number of backup dancers.

Perry didn't offer anything special either. She sat on a mechanical swing while clips from her wedding video flashed on a screen, making me wonder if she was performing a publicity stunt. Her second song followed in the footsteps of Lady Gaga, with fancy stage decorations, another troupe of backup dancers, and av-

erage vocals.

Justin Bieber proved that he was nothing more than a baby-faced boy. Granted, the kid can dance. But the last time I checked, I was watching the Grammys, not *America's Got Talent*. Usher may be Bieber's mentor, but all that tells me is that Usher can recognize marketability-- not talent.

Am I being too harsh? Perhaps. There were a few decent performances. B.O.B., Bruno Mars, and Janelle Monae demonstrated a good blend of pop sensibility with strong vocals, and Cee-Lo's performance with Gwyneth Paltrow and the Muppets was pure fun. Also, judging by the number of Tweets following the show, Mumford and Sons gained a new crowd of admirers.

But did artists like Perry and Lady Antebellum deserve to be nominated for "Album of the Year?" If Katy Perry had won "Pop Album of the Year," I probably wouldn't have been upset, although if I hear "California Girls" one more time I'm chucking my radio out the window. Lady Antebellum did indeed create a solid country album, and consequently, they took home the award for "Country Album of the Year" with *Need You Now*. But was it solid enough to warrant recognition for "Album of the Year?"

I will admit that I have never listened to *Need You Now*, so maybe my opinion is unjustified. But from what I know of Lady Antebellum, they perform country music that can cross to the pop charts. Fantastic. So have a lot of other country artists. Give Lady Antebellum a CMA, but save the top spots for someone else.

I had hope a couple years ago when Robert Plant and Alison Krauss won "Album of the Year" for *Raising Sand* in 2009, which

combined the soul of the blues with the melancholy of bluegrass. It was a beautiful album that focused its attention on the music. But then, the Grammys gave the same award to Taylor Swift in 2010. Were the nominees really that weak in 2010, or did Taylor Swift suddenly start performing up to the caliber of Robert Plant?

Thank goodness, at least, that Arcade Fire won the award this year. I don't know much of their music. But at least they're different. The same can be said for Esperanza Spalding, who won "Best New Artist." I was ticked that she beat Mumford and Sons. But- thank God- the award went to someone unusual, and not Justin Bieber.

The simplest performances this year were the ones that caught my attention the most. I thoroughly enjoyed watching Mick Jagger strut around the stage, and even though Bob Dylan sounded like he was gargling, I loved watching him sing with Mumford and Sons and the Avett Brothers. Why? Because no one on stage hid behind a flashy pyrotechnics show. Maybe Perry and Bieber missed the memo, but music should be about just that - *the music*.

It's hard to tell which is to blame more - the music industry for providing us with crappy music, or the Grammys for celebrating it. My musical tastes (which tend to follow classic rock) have obviously biased me... But come on. Katy Perry may have her place in the music business, but how much more musical sweetness can we take before we make ourselves sick? Let the platinum records determine who's popular, and let the Grammys take care of the rest.

Is philosophy totally dead?

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Nearly once a week, someone asks me what exactly I do in my philosophy courses. He usually sits across from me at a meal and wonders if I'm locating my personal philosophies and beliefs. He also thinks that philosophers are talking about existence and meaning until they're blue in the face. At every holiday event, a relative asks me if I'm going into law school after I "finish studying philosophy." He typically calls me Mr. Philosopher. He also thinks that philosophers only go into law or teaching.

When people ask me about my post-undergraduate plans as a philosophy major, I mock the situation. I tell them that I'm looking to make a lot of money someday, so I'm going to try to be a philosophy professor. They have the proclivity to giggle and then ask me what I'm really going to do.

Never before in my life has it been so apparent that something I love - philosophy - is not taken seriously. The conversations with friends and family, the funding cuts in philosophy graduate programs, and the negative media attention show I'm not a part of the most alluring field of study.

But this derision is only augmented by philosophy's new Frankensteinian monster: science. In his new book, "The Grand Design," Stephen Hawking claims, "Philosophy is dead." From what I have read of the book, Hawking means to bring philosophical thinking into science by encouraging scientists to ask more 'why' questions rather than just 'how' or 'what.' In He supports science's asking of universal questions - not merely pragmatic ones.

I should be extremely upset with Hawking's state-

ment and much more upset than I am for this call for media attention. I shouldn't mitigate the gravity of his claim by suggesting that he is just being a pretentious, science snoot.

What I should do is argue that philosophy does a lot of stuff that science could never do. I should, for instance, argue that a lot of analytic philosophy is basically math and does pragmatic good for the world. I, moreover, should mention that science could never comment on aesthetic questions without stepping into basic aesthetic theory. I should, furthermore, remind readers that philosophy means 'the love of wisdom,' and that if it is dead, we have a lot of serious problems.

But I won't use these arguments, for I know that of all of Hawking's problems with this media-grabbing epigram, these are not the largest. Hawking's biggest problem is his conception of philosophy as con-fabulating, wine-drinking, and why-asking men.

This image of Socrates-esque or Kantian-looking men discussing epistemology and existence suggests that philosophy is surely doing something. In this image, philosophy has a goal - to ask questions about stuff - and philosophers know what their goals are.

Philosophy, however, is difficult to pin down. To ascribe this image to philosophy is to assume knowledge of the discipline that no one has. Philosophy doesn't have a point. And if it does have one, no one really knows about it or cares much for it.

Philosophy's tenacity to its etymological root is resilient (*philo* meaning loving and *sophia* meaning wisdom). The discipline thrives as the love of wisdom. It does not intend to answer a problem or set goals of knowledge or de-

sign a belief or a theory. The goal is the act: loving wisdom. Philosophy is about working on problems, without philosophically getting anywhere. Of course, a lot comes out of philosophy - e.g. literary theory, psychology, or the scientific method. But philosophy remains pretty stagnant in continuing to fuss over the same issues for thousands of years. There does seem to be some goals in philosophy. Some philosophers purport a purpose; that is, some wisdom-lovers define art or law, or determine how ethics work pragmatically.

This brings me to the second argument against Hawking: Unlike science, philosophy is fragmented. I have no idea what some philosophers do, why they do it, or why the approach is the way it is. In philosophy, everything is game. Science has rules and regulations. It has order and contingency - everything philosophy lacks. Just when I think I've figured philosophy out, I suddenly feel I've been taken back to Pythagoras' coterie for reinstruction.

What I mean by this second point is that Hawking probably does not want to subsume philosophy under science. Philosophy, love, and thinking- sometimes wildly- will inhibit science's rapid, conformed progress. Noting then, that philosophy has no goal and is not one universal vector of thinking, I contend that Hawking's claim is ridiculous because he falsely assumes that he understands what philosophy does.

Honestly, it's fine that scientists ask more interesting questions - I hope they do! But to say science assumes the complete role of philosophy is ridiculous. Philosophy is not dead, and this monster will not kill its creator.

Opinions

Speaking for LFC and its future impact

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I've developed two principles upon which to base the remainder of my Lake Forest College Student Government and general student behavior career. The first of these principles is that we must continue to fight to get students involved in EVERY campus conversation that affects us because we are the only people who know what it's like to be LFC students, here and now.

The second is that we

“It's our responsibility to fight for the rights and privileges of future LFC students who aren't even in highschool yet.”

need to fight right now for the rights of the Lake Forest students of the near future. Expanding our enrollment is a fantastic idea and I love the sound of a slightly larger LFC. But the in-between time when the school will be stretched to and beyond its limit, those students will be subjected to certain imperfect situations. I see it as our job to protect them, because they can't yet.

There are three current and poignant examples that illustrate both of these principles: the Dean of the Faculty search, the changes being proposed by CPC (see my news article), and the ways in which the campus is already stretched out (such as parking and mailboxes.)

The first of these examples is (or was) the recent search for and hire of a new Provost and Dean of the Faculty. This hire was important for the future of the College; Dr. Orr plans to be here for at least four years and I would assume more. Not only will he direct the

changes being considered in important things like student teaching evaluations, our General Education Curriculum, and the First Year Studies program.

But he will also be the head academic officer at the college, and thus will be our main director in terms of the educational direction of Lake Forest College. This position is a wildly important one on our campus, and we students had a very poor showing at the open forums. It makes it hard for us to argue about issues which we fee passionate about when we do not participate in conversations surrounding

issues that are deemed important by the administration. If we expect them to listen to us, we have to tell them what we want when they actively ask us for our opinion.

In addition to the low attendance at the forums, the snow day caused the cancellation of a *Stentor* issue and, thus, my entire article on the three candidates and the selection process. For those of you saying that it doesn't matter because you're leaving (like I am), I would remind you that the actions of the Dean of the Faculty here will largely affect the strength of your degree for years to come, and every time you apply for more schooling or a new job.

Also, the Curricular Policies Committee is sitting between a rock and a hard place right now, and a large part of their problem is that they're having trouble getting any student feedback. (Please reference my article on the News page for more information.) But their cur-

rent proposal contains many changes to our daily schedules. Schedules that I would hate to see take place and that I'm sure would change the routines of everyone attending Lake Forest College next year in a pretty drastic way.

They have no way to hear student feedback unless we read their meeting minutes and give opinions to our student representatives to relay to the Committee. Please get in touch with Minxu Zhang or Vanessa Flores to let them know what to tell CPC about this important question.

This issue paints a much clearer image for me of what I'd love to see happen here in the next few years. I'd love to see more people become passionate about writing for *The Stentor*. We need news writers and more importantly news finders who know how to sniff out important stories and then go and get the facts from the right people. We have so many unanswered questions that could be answered by this newspaper if only it had a larger staff. Did you know anyone can write in it? Sounds crazy, right? Well, if you're interested, contact the editors! We'll be advertising soon.

Finally, in College Life Committee this past Monday, we chatted with Public Safety Director Rick Cohen about the parking situation on campus. He more or less told us that there isn't much he can do until someone higher up mandates that more spaces be created. Most likely, this scenario won't take place until a new building is built somewhere or an old one is renovated, because those processes will necessitate more parking spaces based on building capacities and so on.

One thing most of us didn't know was that if you're a student and need to park on a different cam-

pus than your permit is for, you can do that for about ten minutes with your flashers on without being ticketed. So you can turn in a paper or print an article no matter how lazy you are! As a former resident and current commuter student, I must say the parking situation seems much tighter than it has been in my experience.

I also happen to know that Mail Services is stretched to the limit these days. Normally, graduates get to keep their campus mailboxes for a year or so, but this December's grads already have had to give up their boxes to transfer students who came in this January.

Now, there's nothing wrong with that, but these two issues bring up a much more important one: What will enrollment growth do to our identity as a college during the between time? I believe that it's our responsibility to fight for the rights and privileges of future LFC students who aren't even in high school yet. We have to protect them against the growing pains the College will undoubtedly endure in the next five or ten years.

I will end by saying that we have the power to do all these things. All it usually needs is one more push. Sometimes we get really close to convincing administrators that we're right, but then we lose steam when we should gather it for one final surge.

I ask you all to join me in the quest for information about our and prospective students' futures as Foresters. It doesn't take much, you only need a couple minutes a week to scan committee and Student Government minutes and read *The Stentor*. I can testify that being involved is one of the more fulfilling experiences I've had at LFC, and it's really not that hard.

President's Corner

Relying on each other like we do our laptops

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On Sunday evening, I lived out every college student's technology nightmare—I killed my computer. A self-described “technology moron,” I had been attempting to reset my password and I ended up installing new (and old) software onto my computer. On Monday morning, I awoke to a computer that would not turn on and to a hard-drive that I was sure I had wiped.

Enter Jared—my savior! I walked into the Apple Store at the Old Orchard Mall for my Genius Bar appointment, and I met just that—a genius. Jared calmly walked me through the downfall of my precious MacBook. He explained everything in a tone that masked any “you're a complete idiot” feelings that he may have been harboring. He patiently explained how to “back up” my computer (now you all know just how far behind the times I really am) and he brought my computer back to life.

It amazes me how much we rely on technology. For those sixteen hours that I went without a functioning computer, I acted as if my world was going to fall apart.

While I don't consider myself to be a drama queen, a small cut turned into a life-altering gash, a missed question on an exam turned into instant failure, and my very purpose in life was put into question.

With my computer's function regained, however, I act as if everything will be okay. I may not know how to use every function on my

computer, but I certainly know that it holds a considerable amount of power!

As I sit here and type this on my restored computer, I have to wonder what might happen on this campus if we relied on each other as much as we do on the technological devices that seem to hold our lives together.

The collective voice of students is incredibly powerful, especially on this campus. However, if we want that power, we have to use our voices. If you see something that makes you mad, tell someone about it. You never know—something just might be changed because you spoke out.

Student Government is now hosting “Out of Office Hours” that will be taking place outside of the Caf at lunch and dinner on select days. Feel free to stop by the table and write down (or talk about) a complaint, concern, or comment that you may have.

If you just want to stop by and chat, I will be holding office hours on Friday from 2:00 p.m. until 4:00 p.m. in the Student Government Office (and yes, my precious computer will be there too).



Forester Focus

Ask Isaac and Eileen, with Isaac Acosta and Eileen Newcomer*

Last week I downloaded this app for my phone -- it's this game where you stack up burger ingredients into the sky until the tower topples over. Although a game that involves quick thinking and a high skill level, my friends have told me I need to back off of the game. I wish I could, but I just can't put my phone down! How do I handle this?

- Bemused Burgerer

Isaac: You obviously are addicted to the game. I remember when Snake came out on the Nokia cell phones back in the old days. I never wanted to put the phone down; the idea of having the snake become so large was pretty cool. My advice is: it's kind of tricky, but don't charge your phone so that you can only use it to make calls or for emergencies, so that you can discipline yourself into not playing the game. Or, just get over it by doing something else--anything else.

Eileen: Why back off something that stimulates such moral and intellectual growth? I mean, who needs to waste time in other capacities such as interacting with other humans, keeping up with obligations, and let's not forget homework? Put the game down for two days and I promise you will not want to go back to it.

My friends and I are looking for somewhere interesting and unique to go for Spring Break. We don't want to just head off to some MTV beach party. Nay, we want adventure, a sense of camaraderie, a run in with wild animals, even. Where should we go?

- Tis but a scratch

Isaac: Zoo? Adventure? Go on a Safari or to the Amazon.

Eileen: Hum... sounds like someone's planning a trip to a safari in Africa to me. One of the best trips I have ever taken was to the Grand Canyon, you may have already been, but it's quite the adventure. My family and I backpacked down to the Colorado River and spent a few nights there, it was... I can't even describe it; you'd have to see for yourself. You guys could definitely look into doing something outdoorsy like that. Just make sure you're prepared.

This being my first year at LFC, I find myself really, really missing my pets at home. I sometimes find it difficult to get to sleep without the sweet sounds of my pooch pal snoozing away next to my bedside. I miss watching my fish swim aimlessly back and forth in her bowl instead of doing my homework. How do I get past these feelings?

- Pining after Pets

Isaac: This is a tough one. I have a yorkie back at home, and it is the "CUT-EST" dog. So my advice is get a stuffed animal of it, as a temporary solution. If that doesn't work, try to keep yourself busy; don't think about it. You're independent now.

Eileen: In a lot of families, pets become members of the family, so I understand your dilemma. There's always that something missing when they're away. Put pictures of your pets up around your room; spend as much quality time as you can with them while you are at home; and I'm not sure if you know this, but as of this year students are allowed to have fish as pets in the dorms.

After reviewing the Oscar nominations, I realized that I am quite upset that *The Social Network* was nominated for best picture. How is it that this loosely based on the truth and wildly overrated film has made it so far, when "Cop Out" did not? Please explain to me this unnatural thing that has happened.

-Miffed Moviegoer

Isaac: The Social Network was a great movie. It was nominated for best picture because it taught many life-learned lessons, like not giving up on your dreams, or ways you can get over a relationship by inventing a network and becoming a billionaire....

Eileen: There is an easy answer to this crazed question. Ready? *The Social Network* was actually

a very good movie. Some audiences are too concerned about the "truth" of films meant to be loosely based on actual events. They expect a reenacted documentary rather than an eventful, sometimes funny, dark portrayal of a possible truth, an idea of how things could have gone. And although I do enjoy myself some Kevin Smith, this *Cop Out* movie has not even blipped on my movie radar.

Next week is my significant other's 20th birthday. We've been dating for almost a year now, and I want to get her something that will really surprise her. I've already promised it's nothing tacky or cliché. Where do I go from here?
-Scratchin' my head sweetie

Isaac: 20 years old... been together for about a year... Get her a collage or digital picture frame that shows all the pictures you guys had together the whole year.

Eileen: It sounds to me like she already seems to think you've gotten it for her since you already promised that it isn't anything tacky or cliché. Handmade options are always appreciated; it shows you were willing to put in the time and effort to give her something special. Plan out a special date, something totally new and exciting, yet romantic. And a little jewelry never hurt anybody.

Have a pressing question you want to ask Isaac and Eileen? They would love to hear from you! Send them an e-mail at acostic@lakeforest.edu and newcoet@lakeforest.edu.

Mme. Helvetica Hatbroth's Weekly Horoscopes

Aries (March 21-April 19): Welcome to the best week of your life, Aries! My usual cynicism for the week has been dashed away by all the gleaming loveliness that hath burst forth from my crystal ball. I predict an easy week, fueled by confusion as a result of the snow day that has long come and gone. Yes, it still has an effect. You will also find your favorite dish in the café this week, whether it be the Big Forester or the Popcorn Chicken Wrap. Top off the week with some pleasantly spontaneous Friday night plans, whether with friends or a lover. Perhaps you may indulge in an opera.

Taurus (April 20 - May 20): I'm happy to see you took my advice from last time, Taurus. Hope you're enjoying the good life that comes with having your priorities back in order. Reward yourself by going out for a stroll and picking up a treat at Jewel, all the while enjoying the recent lovely weather.

Gemini (May 21-June 21): I have a premonition that this week you will find yourself faced with a monster-sized amount of homework - all assigned on Friday, of course. Start it after class on Friday, otherwise you'll regret not doing so, and come Monday will find that all the assignment due dates have been pushed up. Start on Friday, however, and the dates will get pushed back, leaving open a weekend with the possibility of steamy romance. I'm just as confused as you are.

Cancer (June 22 -- July 22): No room for you this week, Cancer. Sorry. Best of luck.

Leo (July 23 -- August 22): Rawr Leos, rawr! I saw you shakin' yo groove thang on the Student Center floor last weekend, and I hope you're ready to do the same this weekend, as well. I predict in your future the following situations: 1) A homework free weekend (Sorry, Gemini's), 2) A potential run-in with Public Safety, and 3) A new phone app that begins to take over your life, starting Monday.

Virgo (August 23 -- September 22): This week, Virgos, I recommend that you go out and buy yourself some tea, then head over to the local palm reader. I, for reasons I do not care to discuss at the moment, am unable to make a clear prediction for this week. A palm reader, however, seems like the place where you should go for an accurate reading.

Libra (September 23 -- October 22): Your symbol will really come into play this week, Libras. You'll find yourself emerged quite unwillingly into a debate with friends, and will have to play mediator for a few days, including for a quite awkward lunch in the café. Best of luck with that situation, Scorpio.

Sagittarius (November 22 -- December 21): For some reason, all that pops into the crystal ball when I look for you, Sagittarius, is a picture of Lassie. Perhaps this indicates you will perform some heroic act this week, one that will benefit man and mankind alike. Good for you.

Capricorn (December 22 -- January 19): I'm getting rather sleepy, Capricorns, which is making it awfully difficult for me to try and predict your future. I suppose I could say that you will find this upcoming week one of happiness and snacks. That's right, snacks. Enjoy the pudding cups you'll choose to buy on Wednesday.

Aquarius (January 20 -- February 18): Is it cruel for a water sign to eat fish? You tell me, Aquarius. Madame Hatbroth says no, but her old pal, Madame Yickeneese, still observes this old rule and avoids seafood at all cost. It is up to you to solve this dilemma that has plagued the world for centuries in the next week.

Pisces (February 19 -- March 20): Don't tell Aquarius that I BS'd their horoscope, okay Pisces? I only tell you because I know that you are having a clever week and would have figured it out on your own, anyhow. Be sure to take full advantage of your onset clever-ness while you can, potentially using it to garner world peace. Otherwise just hit up your Netflix account and use your newfound brainpower to guess the endings of all movies and TV shows you watch....

* Madame Helvetica Hatbroth, Isaac Acosta, and Eileen Newcomer wish to gently remind their readers that her horoscopes and their advisements are written merely for entertainment purposes, and no decisions should be made based upon them.

Sports



INTRAMURAL SPORTS UPDATE



BASKETBALL

Updates at press time, Tuesday night:

Team PBS defeats Team LFCH 61-43
 Team Flight Skool defeats Team Butts 78-57
 Team Shaka defeats Team Handball 94-62
 Team Sobey defeats Team Miller 90-76

Other updates and leading scorers:

Team Flight Skool defeats Team Frederick 77-27
 Mercy Rule. Final to their game: 112-47
 Scorer: Molly R. McCloskey 38 points

Team Sobey defeats Team Butts 80-53. Leading
 Scorer: Alex Kalinowski 23 points

Team Miller defeats Team The Unknown's 65-54
 Leading Scorer: Paul Miller 20 points

Team Shaka defeats Team PBS 57-48 Leading
 Scorer: Kaneja Muganda 23 points

Team Handball defeats Team Skeeze 63-50 Leading
 Scorer: Victor Perez 18 points

Overall season updates:

Division 1 Standings & Results

Team	Wins	Losses	Divisional Record
Flight	12	0	4-0
Shaka	8	4	4-2
PBS	6	6	3-4
HB	5	7	2-3
UK	5	7	2-5

Division 2 Standings & Results

Team	Wins	Losses	Divisional Record
Butts	8	4	3-2
Sobey	8	1	3-0
Miller	6	5	2-1
Skeeze	3	8	1-1
LFCH	2	10	0-4

VOLLEYBALL

The results are as follows:

In first place with a record of 5-0 is team Cepeda

In second place with a record of 4-1 is team Bresemen

In second place with a record of 4-1 is team FS United

In third place with a record of 1-4 is team Golovich-Keie

Men's Tennis visits Wisconsin's bouncy indoor courts



Left: Seniors Chris Paterakos (foreground) and Jon Flaksman await a serve.



Right: Sophomore John Adams, Junior Elliot Muth and Coach Jason Box have a brief meeting on the court.

Photos courtesy of Nick Cantor.

Sports

Men's Tennis begins the year in "Packer Country"

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The Lake Forest College Men's Tennis team's season got underway last weekend with road matches on Friday and Saturday in Whitewater (WI) and Appleton (WI).

The team opened their season against the nationally ranked Wisconsin Whitewater Warhawks, one of the toughest teams they are likely to face all season. With the match being played indoors due to the wintry weather, the fast paced, rubbery surface of the multi-purpose courts made it all the more difficult for the Foresters to settle in comfortably.

When all was said and done, Lake Forest found themselves on the losing end of an 8-1 score with sophomore John Adams representing the team's lone point at #3 Singles, but left the match feeling motivated more so than discouraged. Head Coach Jason Box, in his first year with the program, had wanted the team to face a difficult opponent from the start of the season to get a sense of the level they will need to play at in order to reach their ultimate goal of winning the Midwest Conference by taking down longtime rival Grinnell College.

With the season less than 24 hours old, and the loss to Wisconsin Whitewater already in the rearview mirror, the Foresters found themselves

back on the team bus in front of the Sports Center early Saturday morning. This time they were Appleton-bound. Perhaps it was the three-and-a-half-hour drive through the greatly despised "Packer Country" filled with countless Super Bowl victory banners and signs reminding the local players on the team that the Bears had fallen short once again, or perhaps it was the simple desire to avenge a recent defeat, but whatever it was, the Foresters came out a much tougher and more

the toughest match of the season for the Foresters, but it is a Conference one no less.

The determination and focus of the six players in the starting lineup in addition to motivational coaching and support from teammates, left the Foresters heading back home 8-1 victors this time around. Freshman Ryan Kreis won his first collegiate match of his career at #1 singles in a decisive 6-3, 6-3 manner. He and doubles partner Jon Flaksman also prevailed in a

at # 4,5,6 singles, each earning their first singles victories of the season.

With over two and a half months remaining in the 2011 Men's Tennis season, and a trip to Texas not far off in the future, a lot remains to be seen about this year's squad. Injuries have plagued this team even before they set foot on the tennis court for their first match against Wisconsin-Whitewater.

No doubt the return of certain key players to the lineup somewhere down the road will change the overall chemistry and makeup of the team, but last weekend's matches help give them a good sense of where they are and what they need to work on. Most of the teams the Foresters will face over the course of the next two and a half months will most likely fall somewhere in between the talent level of Wisconsin-Whitewater and Lawrence University, but some will be tougher and some less so. With practices six days a week this year accompanied by thirty minute workout sessions prior to them, there is no doubt this year's tennis team will be one of the most physically fit ones in a long time.

The question remains as to whether or not the team will embrace Coach Box's "Love the Journey" message and allow it to take them to new levels.



Photo Courtesy of Karen Hermann

Sophomore Kevin Lasky hits from back court as Men's Tennis begins.

confident bunch on Saturday afternoon.

"We're going to win today," senior Co-Captain Chris Paterakos said shortly before the start of the match, referring at the time to his doubles match win teammate Kevin Lasky, but he may have well said it for the entire team. Granted, Lawrence University is not

come from behind win at #2 Doubles by a score of 9-7, embodying the "never say die" mentality of this year's tennis team, represented on a wrist band worn by each player with the phrase "Love the Journey" imprinted on it. John Adams was victorious once again at #3 singles as were Jon Flaksman, Chris Paterakos, and Kevin Lasky

SCOREBOARD

2/14/11 Men's Basketball Lake Forest 79 Monmouth (Ill.) 51	2/12/11 Women's Ice Hockey Marian (Wis.) 0 Lake Forest 9
Women's Basketball Lake Forest 61 Monmouth (Ill.) 78	Women's Basketball Monmouth (Ill.) 68 Lake Forest 70
2/13/11 Women's Ice Hockey Lake Forest 8 Marian (Wis.) 0	Men's Tennis Lake Forest 8 Lawrence 1
2/12/11 Men's Ice Hockey Lake Forest 3 Milwaukee Engr. 5	2/11/11 Men's Ice Hockey Milwaukee Engr. 3 Lake Forest 0
Men's Basketball Monmouth (Ill.) 33 Lake Forest 89	Women's Basketball Lake Forest 78 Beloit 62

UPCOMING EVENTS

2/18/11 Swimming & Diving Midwest Conference Championships (Grinnell) 10:00 AM	2/19/11 Men's Tennis Lake Forest Elmhurst @St. Norbert 1:30 PM
Men's Ice Hockey Concordia (Wis.) Lake Forest Senior Night/Parents Night 7:30 PM	Women's Ice Hockey Lake Forest Finlandia 2:00 PM
2/19/11 Swimming & Diving Midwest Conference Championships (Grinnell) 10:00 AM	Men's Basketball Grinnell Lake Forest Alumni Day 3:00 PM
Women's Basketball Grinnell Lake Forest Senior Day/Alumni Day 1:00 PM	Men's Tennis Lake Forest St. Norbert 4:30 PM