Honor society Omicron Delta Kappa forms chapter at the College

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Lake Forest College welcomes a new honors society to campus, one that brings student leaders from all walks of life to one table. Omicron Delta Kappa will be making its introduction on campus next semester featuring approximately 30 founding members and an executive board of six highly motivated upperclassmen.

The society bridges the gap between academics and leadership with its Five Phases of Campus Life.

These five phases include scholarship, campus and community service, journalism, creative and performing arts, and athletics. These tenants of the organization bring student leaders from all parts of campus to the same organization creating a powerhouse of student life.

Bill Długokienki, assistant dean of students and director of the Gates Center, also a member of ODK, says he appreciates that ODK, “brings students from all areas of campus life to one place. That is something Lake Forest College does not have right now. This will build a community of student leaders across the board. I believe we at the Gates Center did a good job of picking the executive board because these students all represent different aspects of campus life.”

“This is a great opportunity to provide a leadership honors society on campus, something that other schools have that we’re trying to spearhead,” said Sam Herrmann ‘15, the group’s founding president. “We’re on track to be recognized by the middle of the spring semester. We will plan campus events that will bring the school together. Five of these events will fulfill the five tenants of ODK. Omicron Delta Kappa has plenty of globally distinguished members, so of which include Vice President Joe Biden, famed quarterback Payton Manning, former Secretary of State Hillary Clinton, C.E.O. of Wal-Mart Sam Walton, former President of the United States George H.W. Bush, and New York Mayor Michael Bloomberg. Some now deceased members: Winston Delano Roosevelt, Bob Hope, Richard Nixon, and the iron lady herself, Margaret Thatcher.

The organization crosses borders and generations with more than 300,000 active members and approximately 310 chapters nationwide.

Some members of ODK reside here in the Chicago area with four Chicago area schools holding chapters.

The idea that the society crosses all parts of campus life is something ODK has taken pride in since its 1914 founding at Washington and Lee University. Next summer ODK will celebrate its 100th anniversary in Lexington, Virginia, and Lake Forest College will send at least one ODK representative to the celebration.

The Lake Forest College chapter of Omicron Delta Kappa currently has around 30 members but can accept up to 47 appreciations. Rising sophomores that are interested in joining the historic society can plan on joining in the fall of 2014.
Nelson Mandela, South Africa’s anti-apartheid crusader, dies at age 95

LAUREN SANFORD ‘15 POLITICS EDITOR

Nelson Mandela, South Africa’s first black president, died Thursday night in his Johannesburg home after a lengthy stay in a nearby hospital. Mandela is known worldwide for his forgiveness and helping peacefully end an era of white domination in his native country.

Speaking soon after his death, the President of South Africa Jacob Zuma gave a television appearance saying, “This is a moment of our deeply painful nation losing its greatest son... Let us commit ourselves to strive together – sparing neither strength nor courage – to build a united, non-racial, non-sexist, democratic and prosperous South Africa. Let us express, each in our own way, the deep gratitude we feel for a life spent in service of the people of this country and in the cause of humanity.”

“Moments after he spoke, the U.N. Security Council had a moment of silence in Mandela’s honor. Secretary-General Ban Ki-moon later called Mandela “a giant for justice and a down-to-earth inspiration.” Former President George H. W. Bush said Mandela was “a man of tremendous moral courage” who set “a powerful example of redemption and grace for us all.”

His last public appearance was at the World Cup in 2010 and he has spent his last three decades in prison for opposing the former white-minority regime.

After stepping down from presidency in 1999, Mandela focused on an influential figure in a country with great economic and political turmoil. South Africa’s economy has struggled to grow while the unemployment rate among young people is nearing 80 percent. Many young black South Africans are directing their frustration toward the current government led by Mandela’s African National Congress. President Obama spoke an hour after the announcement of Mandela’s death, reflecting upon his life as a leader and social mover and remarking that he achieved more than can be expected of any one man. The man behind millions of the millions who drew inspiration from Mandela’s life. Obama has ordered the White House flag be flown at half-mast.

“Promoting understanding and mutual respect in what was a very racially divided country will be one of his many lasting legacies.” — Fatima Rahman

Assistant Professor of Politics

Fatima Rahman, University Professor of Politics, said, “Nelson Mandela was one of the greatest figures to combat racism and inequality. As the president of South Africa, he not only made great strides toward bringing about equality for all races in South Africa, but he also focused on restoring relations between black and white South Africans. Promoting understanding and mutual respect in what was a very racially divided country will be one of his many lasting legacies.”

Sentenced to prison in 1964, Mandela quickly became a rallying point for opponents of apartheid even while in a maximum-security prison. From the dock at the opening of his trial on charges of sabotage, Mandela famously said, “I have cherished the ideal of a democratic and free society in which all persons live together in harmony and with equal opportunities. It is an ideal which I hope to live for and to achieve. But if needs be, it is an ideal for which I am prepared to die.”

After his release in 1990, the culmination of Mandela’s life as a leader and social mover and remarking that he achieved more than can be expected of any one man. The man behind millions of the millions who drew inspiration from Mandela’s life. Obama has ordered the White House flag be flown at half-mast.

“Let us pause and give thanks for the fact that Nelson Mandela lived — a man who took history in his hands, and bent the arc of the moral universe toward justice.” — Assistant Professor of Politics
The Style Objective: A college girl’s guide to creating the perfect wardrobe

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College might be made up of the best years of your life, but it definitely doesn’t mean it isn’t wrought with financial burden, as well. We all know how difficult it can be to balance spending on things like food, rent, exceedingly high textbook costs, nights out and even food and transportation. Of course, we’d want to buy clothes, too. How can we balance our spending a ton of money.

Don’t be afraid to adjust your budget to accommodate your current spending needs. For example, Mint and MoneyWise are great applications for those that want to get a little bit more organized. Mint lets you track your spending and realize how much you’re spending your money on a plethora of little items that don’t do as much for your wardrobe. Do those overstock or second-hand shop can land you with a stylish, in-season item for a much lower cost.

Creating a Style Objective (And Stickding to It)

Once you have a budget in place, and have allotted a certain amount of your earnings toward your wardrobe creating a style objective might be a good idea. Creating a style objective is a great way to keep yourself from spending money on clothing items that you don’t need or otherwise won’t want to wear a season down the road. The style objective is basically a personal style guide. When you create yours, you should be asking yourself, “What direction am I trying to take my wardrobe and how can I get there?”

Your style objective can be a collection of images or text that describes your style direction for any given period of time. At the beginning of every year, for example, I scour the pages of Tumblr and the boards of Pinterest and create a folder full of the looks that are inspiring my style for the year.

Don’t do just buy things because they’re on sale! In order to save for the clothing items which really look stunning on you or match that shirt perfectly you should avoid buying for the sake of buying.

For your wardrobe like a specially curated collection! This means that you shouldn’t be afraid to hold out or save for that perfect item instead of spending money on things that don’t do as much for your wardrobe. Do these Shoebout feels really bring together a couple of your looks? Then commit to them, save up and buy them in a month or two instead of buying a slightly less satisfying substitute good.

• Don’t be afraid to adjust your budget to accommodate your current spending needs. For example, Mint and MoneyWise are great applications for those that want to get a little bit more organized. Mint lets you track your spending and realize how much you’re spending your money on a plethora of little items that don’t do as much for your wardrobe. Do those

• Use your style objective as a challenge! Your style objective is a way to help you watch what you buy and get the most out of your money, but it can also help you to look more closely at the way you construct outfits. Matching different fabrics and textures and learning the color combinations that work for you is a big part of creating or fortifying a wardrobe.

• Think hard about whether or not a new piece can be worn in more than one coordinate before you commit to it. You don’t need a new pair of heels that only look nice with one of your skirts or a blazer that only matches one dress you own. Try and mix it with other things and get more use out of it, in the long-run.

• Don’t just buy things because they’re on sale! In order to save for the clothing items which really look stunning on you or match that shirt perfectly you should avoid buying for the sake of buying.

• Treat your wardrobe like a specially curated collection! This means that you shouldn’t be afraid to hold out or save for that perfect item instead of spending money on things that don’t do as much for your wardrobe. Do these shoes really bring together a couple of your looks? Then commit to them, save up and buy them in a month or two instead of buying a slightly less satisfying substitute good.

• Above all, have fun! Your style objective should give you an opportunity to have fun creating your wardrobe of dreams without ending up with a bunch of items that you regret. A style objective is a fun way to be creative, thinking or making you miserable! If you need to, you can even broaden your objective and tweak it as the year goes along in order to accommodate new trends.

Gravity

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“Life is space is impossible.”

So reads the text displayed as the opening screen of Gravity—it really makes us believe this is true. Gravity is the movie that has changed the way we perceive movies, movie-goers calling it the best movie of the year. I think I was one of those people who read the rave reviews and went into the theatre with heightened expectations, ultimately being let down.

Before going into detail about the storyline, I just need to say one thing about the movie: it looks amazing and its visuals are used to create some of the most breathtaking images of space and Earth that I have ever seen.

It must have taken the technicians a long time to do this and it is absolutely one of the high points of the film (according to some sources, it took them four years). The movie opens with three characters in space. Dr. Ryan Stone (Sandra Bullock) is a bio-medical engineer, the father-son duo who wrote the movie. The other is a bio-medical engineer. At times, the movies the characters were mysterious, nonsensical, and ultimately frustrating. Forte,uaftallion and James Cameron, the father-son duo who wrote the movie.

If they spent a little more time on characterization, an episodic plot, it feels like the film still lacks a lot of the elements of a truly great cinematic feature. It remains one of my favorite movies.
Sara at the blue line
Sports blunders always awesome, but do they have costly side effects?

I bring this up because I conducted my own experiment on this. Actually, karma just caught up with me. I had an oral presentation in one of my classes, and the whole time I was wishing that I could dig a grave and spend the rest of my life in solitude.

I was unprepared, the first to go, and if the guy in the front row stared at me for a minute longer, he would have burned a hole through my head.

At that point, I was so desperate I would have even switched places with Dirk Edwards, the guy who joked around that he would screw up the two national anthems he had to sing, and then actually did. It was painful to watch.

So I thought to myself, WWKDK, or what would (Patrick) Kane do? I figured that that goofy landing the opposing team a point.

I had to think, and quickly. Sometimes we just need moments to regroup. But then there are those rare moments when the game just falls off course and continues to do so until it has burned a hole through a player’s head.

What did Tim Duncan do when he kicked the ball right into the face of Marc Gasol, his own teammate? Or when Roberto Luongo and the Vancouver Canucks scored a shorthanded goal on themselves in one of the worst own-goals ever?

They did nothing. Well, physically they did nothing.

So, I stayed composed, but mentally I was flubbing. I started tripping over my words, and the vocabulary reduced to likes and ums. Nevertheless, it got me thinking. Should coaches stop play and use a time-out, sometimes their only time-out, after a goal? Or should organizations implement a new rule allowing some time in order for teams to regroup?

I personally think it would be beneficial to allot time specific to these circumstances. It gives time to the player, or players, to shake off the incident and regroup, especially when that goof landed the opposing team a point.

Sure, they make millions of dollars, and are paid to shake these moments off and continue play. Still, they’re human, and the reaction to embarrassment rings true to everyone.

Sometimes we just need moments where we can just step off into space and pretend that it didn’t happen. I know I could have used an extra minute or two to regroup and collect my thoughts.

Instead, I abruptly ended my terrible presentation, and walked back to my seat with my paper covering my face in absolute shame. George Michael style (for you Arrested Development fans).

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