Finding Yourself Through the Eyes of a Big City

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Life?

“Let outside influence be a choice”
Chicago?

- I didn’t want to go half way across the world
- I imagined my future living there,
- Unique
- Arts opportunities
ACM?

- An all encompassing program where you learn *through* the city of Chicago
- Apartment-Neighborhood-Logan Square.
- You take an arts seminar, a multidisciplinary Chicago class, an internship, and my favorite part, and ISP
ISP?

- Independent Study Project
- Jason
- Different from a thesis
- Guided class
Context?

- So how did the city inspire me?
- The closing down of 6 out of 12 mental health clinics
- Field Trips (3-5 a week!)
- Came across my topic, but not much else
Research?

- Went to the internet and the libraries, searched for anything on the art and mental health relationship.

- Videos kept popping up, Many people using video and the internet to express their feelings on this topic.

- Went through many ideas of how I could “make tangible” all of this information that I had
Video?

- Should I make my own video?
- What impact would that have?
- What did I want to learn?
Voices?

- Use the voices of other people to make an impact
- Work with the material that already given to me
- Make them talk to each other, respond to each-other
- Together it creates one unified message
- They have already spoken, but I can make it louder
Results?

- Learned how to use video editing software.
- The relationship between art and mental health is individually defined.
- There is a point to over analyzing, re-looking at something
- This relationship is unconsciously recognized
- My project sheds light on what people are already saying and expressing, just putting into focus.
Finale!

- Title “The Relationship: Art and Mental Health”
- This is an ongoing project