Finding Yourself Through the Eyes of a Big City

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Life?

“Let outside influence be a choice”
Chicago?

- I didn’t want to go half way across the world
- I imagined my future living there,
- Unique
- Arts opportunities
ACM?

- An all encompassing program where you learn through the city of Chicago
- Apartment-Neighborhood-Logan Square.
- You take an arts seminar, a multidisciplinary Chicago class, an internship, and my favorite part, and ISP
ISP?

- Independent Study Project
- Jason
- Different from a thesis
- Guided class
Context?

- So how did the city inspire me?
- The closing down of 6 out of 12 mental health clinics
- Field Trips (3-5 a week!)
- Came across my topic, but not much else
Went to the internet and the libraries, searched for anything on the art and mental health relationship.

Videos kept popping up, Many people using video and the internet to express their feelings on this topic.

Went through many ideas of how I could “make tangible” all of this information that I had.
Video?

- Should I make my own video?
- What impact would that have?
- What did I want to learn?
Voices?

- Use the voices of other people to make an impact
- Work with the material that already given to me
- Make them talk to each other, respond to each other
- Together it creates one unified message
- They have already spoken, but I can make it louder
Results?

- Learned how to use video editing software.
- The relationship between art and mental health is individually defined.
- There is a point to over analyzing, re-looking at something
- This relationship is unconsciously recognized
- My project sheds light on what people are already saying and expressing, just putting into focus.
Finale!

- Title “The Relationship: Art and Mental Health”
- This is an ongoing project