Homecoming Royalty Nominees

Queen

Kate Appelhans ’11

- e.Team Vice President, Alpha Phi Fraternity Panhellenic Council Delegate
- New, Student Orientation Coordinator, Senior 25, Mohr Student Center Committee, Ally Program
- Gates Center Employee, CROYA Student Union

Whitney Hales ’11

- Member of College Council, Alpha Phi Fraternity, Captain of Lake Forest College Swim and Dive Team, Forester Guide 2010, Academic Honor and Judicial Board
- In the past has served on College Life Committee, Lake Forest College Honor Code Committee

Lorena Kennedy ’11

- e.Team, Student Government, Alpha Phi Omega, Tri Delta, Forester Guides, Orchestra

Mandi Mulliner ’11

- Volleyball, Tri Delta, Athletic Council, Panhellenic, Senior 25, and ResLife as a Resident Assistant

King

Ezra Goldberg ’12

- Former Stentor Sports Editor, Student Senate Class Representative 2012, Co-President - Hillel, Recruitment Chair - Lambda Chi Alpha, S.N.A.P. - Treasurer, Forester Guides

Kaneja Muganda ’12

- Garrick Players Theater Department, Forester Guide Coordinator, UBA Member, Umoja Member, Deerpath 300 Member

Ayal Sharvit ’11

- President of Lambda Chi Alpha, Vice President of Interfaith, Meditation Coordinator, former Ultimate Frisbee player

Kramer Steffens ’12

- Athletic supporter on and off the playing fields. Toastmaster. WXWM DJ (Tuesday 6-7 p.m)
Homecoming Royalty Nominees

Princess

**Kristen Braun '13**
Member of Alpha Phi, Varsity Volleyball, Relay for Life, Athletic Council, and Tri Beta

**Elizabeth “Biz” Hyzy ’14**
SNAP, Fencing, Honors Fellows program, Student Ambassador Program

**Briana Lemond ’13**
Co-Captain of Poms team, Student Government Secretary, and a member of Tri Delta

**Kelly Quinn ’13**
Member of Tri Delta and Poms Squad

Prince

**Chris Anderson ’13**
Student Government, Lambda Chi, e.Team, Ultimate Frisbee, Forester Guide

**Chris Banville ’14**
Senator for the Freshman class, Student Government Executive Board as the Chair of Grounds and Development, Member of both the Concert Choir and the a cappella choir Mixed Metaphors, Representative of the Class of 2014 on the Choir Executive Board, SNAP

**Jonas Cyvas ’12**
E. Team, Forester Guide, Frisbee Team Captain, Lambda Chi Alpha High Gamma

**Marc Rubino ’13**
Hockey
Tri-Delta 5K: students race for children of St. Jude’s

Last Sunday found Lake Forest brisk and dry -- perfect weather for the TriDelta-sponsored St. Jude’s 5k. October 3rd marked the second year for the now annual 5k Run/Walk for St. Jude Children’s Research Hospital. Though the brisk air soon grew chilly, there were still many people present--new faces as well as those of all the TriDeltas already present.

The set-up was simple: TriDeltas were stationed all along a course that started in front of the Sports Center and snaked through the surrounding neighborhood, forming a large, circular lap followed by a slightly shorter one. Cries of “Great job!” and “Keep it up” could be heard as the girls cheered on the participants and pointed the way so runners didn’t get lost or turn down any of the dead-ends.

Tri Delta’s Philanthropy chair, Kylie Radjenovic, said that all in all “the race went extremely well.” She continued, “[The 5K] had a great turnout and it was so much fun getting everyone together for such a great cause.”

TriDelta President Libby Wait agreed, saying, “Our second 5K for St. Jude’s went really well. A lot of students came out as well as a lot of people from the community. Overall, it went smoothly and we raised a lot of money for St. Jude’s, which is our ultimate goal.”

After a week of tabling (read: harassing all passersby), a total of 43 people showed up to support St. Jude’s, each rewarded and supplied with some bagels and a t-shirt. The $10 price tag for participating in the 5K added up to a sizeable donation for St. Jude’s; Radjenovic said that, in the end “about $1000 was raised.” All profits go to St. Jude’s, where a new clinic is currently being built for the most severe cases of childhood cancer.

There are plans to do a third 5K next year around the same time, and there’s hope that as each year comes, so will more participants. Wait had a few thoughts on the future of the 5K, saying, “For future 5K’s, I think we will work to reach out to the community more and spread the 5K event beyond the Lake Forest campus community. However, we’ll still continue working to get even more students involved.”

Asked about what she enjoyed most about the race, Radjenovic said, “I just love running [in the] philanthropy events in general. St. Judes is an amazing place and to know that we are helping them out is an amazing feeling.”

LAUREN BAILEY
CONTRIBUER
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Students, some intense, some thoughtful, and some bemused, begin the 5K walk/run for St. Jude’s.

Photo taken by Scott Sanford

Junior Dan Sterret finishes in first.

Photo taken by Scott Sanford
Alpha Phi gets dirty for charity during 3rd annual Mud Olympics

MARY ASHLEY FEDERER CONTRIBUTOR federm@lakeforest.edu

This past Saturday on October 1st, behind Gregory Hall on South Campus, Alpha Phi held their 3rd annual Mud Olympics. As the posters promised the event was filled with mud, sweat, and tears; especially mud. This year 27 teams fought for the golden spade and the honor of replacing Delta Kush as the reigning champions. Teams endured not only the bitterly cold weather, but also some intense competition.

The day began with the arrival of the first team, the Little Monsters, at 12:45 who arrived early to stretch and strategize for the event. The event began at 1pm with two representatives of each team searching through the mud for jacks. Afterwards all the teams competed in five more events including Leap Frog, a Bucket Fill, a Relay, and of course Mud Pie eating contest. Then, finally the top eight teams finished out the event with a Tug of War.

At the end of the day Men’s Rugby came out of the mud pit not only drenched in mud, but with a surprise win, earning them the golden spade as well and the title of Mud Olympics champions. They were closely followed up by the DG Vets who won second place and took home the construction hat for the second year in a row. The medal winners were then rounded out with third place finishers Men’s Hockey.

When the event ended at 3pm the most important part wasn’t who won, but how much money was raised for charity. The Alpha Phi’s were able to raise over $1,000 for their philanthropy the Alpha Phi Foundation which supports Women’s Cardiac Care.

Alpha Phi Director of Philanthropy, Margaret Cohn, was especially proud of her fellow Phis. She loved “how the entire chapter really came together to plan and put on the best Mud Olympics to date.” Contestants also remarked about how the Mud Olympics this year was the best yet, despite the cold. In fact, veteran contender and junior Emily Watts admitted that she thinks “Mud Olympics is more fun than any other Greek event on campus.” Of course she also admitted the downside to Mud Olympics—dirty, muddy bathrooms.

While the event may be the dirtiest on campus, it is also invariably one of the most exciting, and all the spectators on the stands seemed to remark about was how they wanted to compete next year.

Photo taken by Carrie Myers

Delta Chi competes in the Tug of War event.
Australian underdog tackles enigmatic clues in winning mystery novel

FREDY VASQUEZ
STAFF WRITER
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As college students, we rarely think of other people who aren’t in college. We’re so caught up in the exciting nature of it that we don’t stop to think of those who didn’t make it. Take Ed Kennedy, for example. He’s a nineteen-year-old loser cab driver from Australia, and he is also the protagonist of Markus Zusak’s novel, I Am The Messenger.

In the novel, we step into the shoes of the lovable loser Ed. Along the way, we meet some of his friends, Audrey, Marv, and Ritchie, as well as his dog. The Doorman, who has a questionable love for coffee. One day, while Ed is on a bank run with Marv and Ritchie, the bank gets held up. Ed manages to stop the criminals and ends up a local hero - at least to himself. Then, something strange happens. He gets a playing card in the mail—an ace with addresses and times. Ed soon realizes that these are people he must help.

From here, the novel instantly grips the reader and doesn’t let go. It’s a tale of friendship, perseverance, and most importantly, tapping into the inner potential that we all possess. As the novel progresses, the tasks get more and more difficult, testing Ed in unique ways each time. The more you read, the harder it gets to put the book down because, in the end, we all want Ed to succeed. He is the embodiment of the insecurity we all have. The novel is all about rooting for the underdog.

From romance to heartbreak to humor, this book has it all. If you’re looking for a good read that’ll leave you wanting more, this novel is for you. It’s so well written, reading it once won’t be enough. Just ask yourself, if you were in Ed’s shoes, would you be up to this task that he’s been basically forced to do? This book is a must-read and you will not be disappointed.

Rating: 10/10

Photo courtesy of fantasyfiction.co.uk

An Australian underdog triumphs in this multi-faceted novel.

S.N.A.P. offers entertainment options, alternative programming for alcohol-free students

NELSON IGUNMA
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The way Lauren Levinson, sophomore, describes the founding of S.N.A.P. (Students for Non-Alcoholic Programming), you’d think that it just happened without any involvement at all. “I talked to Pat Doggett in mid-August, on August 27th, we were tabling at the Involvement Fair, and then a surprising amount of people added themselves to the mailing list.”

However, with more coaxing and the input of S.N.A.P. Executive Board members Ezra Goldberg, junior, and Alexey Vassilev, senior, a small student group on campus has sought to make its mark and provide an alternative source of entertainment for many Lake Forest students. Recounted here is a conversation between the founding members.

Lauren Levinson: We don’t have any religious context. We’re solely a social group....

Ezra Goldberg: Giving students another option on Friday or Saturday night.

LL: One word that’s really important is “connection.” People always want to go out and do things on the weekend, but it doesn’t have to include alcohol. It’s brand new.

EG: Lauren created it.

LL: I had a lot of help.

EG: It was your idea.

LL: It’s to provide alternatives.

EG: It doesn’t mean you have to stop drinking.

LL: If you don’t feel like drinking, come to the S.N.A.P. event! It’s a student group, student-run. Public Safety, the Faculty, are not making us do this. I’m really surprised and impressed at students who don’t drink as often, or not at all, well known. We’re trying to create more alcohol-free activities on campus on weekends. I started the organization because I don’t drink and I want others who don’t drink to make connections on campus. It would be great if people came and said, “I can do something on campus without drinking.” It’s a personal choice, but I’m not doing this because I’m under 21. We’re trying to draw from people who don’t drink.

Stentor: So how did S.N.A.P. come about?

LL: We had a game night in the Skybox on September 10th. The whole Skybox was filled. We’re hosting events 9:30pm-12:30am. On the 25th, we had recess night in the Sports Center.

The Stentor: Pat Doggett described it as something Lake Forest has needed for a long time and pledged the support of all the Student Affairs departments. Why do you think S.N.A.P. is needed at Lake Forest?

LL: We’re not at all telling people not to drink. Colleges have people who want to drink. It’s making

Students fill the Skybox for the S.N.A.P. sponsored game night that aims to promote alcohol free alternatives for students

Photo courtesy of Nelson O. Igunma

D N A P: What was the process of establishing of establishing this club?

LL: I’m a sophomore. I thought about it most of last year. Weekends are important, time to de-stress. If you don’t go home or to Chicago, and don’t want to drink, what do you do? If you open up about it, others do too. I talked to Pat and he

S.N.A.P. meets Mondays at 5pm in the Senior 25 Lounge. If you have any questions about S.N.A.P. or want to be added to the mailing list, contact Lauren at levinln@lakeforest.edu.
Easy A: The rumor-filled, totally hilarious account of how Emma Stone resurrected the teen comedy’s reputation

KATIE McLAIN
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It’s a rare occasion indeed when a staple of high school English literature can be made into something entertaining, but it’s an even rarer occasion when that literature is transformed into a highly intelligent teen comedy worthy of comparisons to the John Hughes movies of the 1980’s. Enter Easy A, a fantastically funny movie that has made Nathaniel Hawthorne’s The Scarlet Letter entertaining and accessible for the modern generation.

Easy A follows actress Emma Stone as a high school student named Olive, a sarcastic, intelligent, and romantically challenged teenager, who unknowingly creates a false reputation for herself as the class slut. However, instead of hiding from her new identity, Olive embraces it by dressing in flimsy corsets and lingerie, all of which she adorns with (you guessed it) a scarlet letter “A.”

But instead of just being allowed to exist as the new school tramp, Olive finds herself surrounded by male outcasts who pay her for an imaginary fling, so asaz to hide their teenage sins of male virginity or homosexuality. However, Olive soon discovers that adopting such an adult persona comes with some very adult consequences. This is where the movie is at its strongest. Some critics have compared Easy A to that other modern-day staple of teen comedies, Mean Girls for instance, but in terms of the movie’s moral issues, Easy A surpasses Lindsey Lohan and company by a long shot. Although many of Easy A’s characters are noticeably un-original (how many times have we seen the chaste, self-righteous Christian do-gooder grace the screen?), the issues they deal with are surprisingly mature, which keeps the movie from sinking into a pit of been-there-done-that teenage clichés.

And in an age where texting and Jersey Shore have become our main connections with the “real world.” Easy A stands out with its smart, snappy humor. Stone, who many of you will recognize from her role in Superbad, has an impeccable sense of comedic timing, and delivers her lines with a sarcastic attitude that is neither overdone nor obnoxious. Her parents, played by Stanley Tucci and Patricia Clarkson, are delightfully eccentric and the rest of the cast (including Amanda Bynes and Lisa Kudrow) is equally as off-kilter.

Some have criticized Easy A for its obvious homage to John Hughes and the classic teenage movies of the 1980’s, but for me, this was an acknowledgement to a cinematic muse, not a poorly conceived instance of nostalgia. Easy A may not be breaking new cinematic ground, but the filmmakers are aware of this. Towards the end of the movie, they present a mini-montage featuring clips from classic films such as Sixteen Candles and Ferris Bueller’s Day Off, and the movie even ends with Olive and her love interest (Penn Badgley) pumping their fists in the air à la John Bender at the end of The Breakfast Club. This is undoubtedly a matter of preference, but as a self-proclaimed lover of cheesy 80’s movies, I was completely won over by these allusions.

Easy A may not present a wholly original concept, but it is highly aware of its place in the entertainment business and brings a sense of depth and intelligence to what is fast becoming a clichéd genre. Emma Stone and Easy A have breathed some life back into the box office, and for the time being, the teen comedy is once again a force to be reckoned with.

WANTED
TALENTED, IMPOVERISHED, MISUNDERSTOOD COLLEGE JOURNALISTS LOOKING FOR COMMUNITY OF LIKE-MINDED INDIVIDUALS

WRITE FOR THE STENTOR:
editor@lakeforest.edu

Rating: 9/10
President’s Corner: Chase Cook responds to student questions and concerns

CHASE COOK
CONTRIBUTOR
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It is both exciting and surreal that my last semester as a part of Student Government is under way. First, I would like to say that I’m happy to welcome young leaders sophomore Sarah Brune and freshman Chris Banville, and veteran senior Alexey Vassilev, to the Executive Board for academic year terms. Second, the fall semester is always a busy one with expected new business, but we also began this year with a fairly significant amount of student complaints and concerns, which I would like to address.

The most vocal complaint was about the activities of the Department of Public Safety and the Office of Residence Life during the first three weeks of school. I perceive that there is an attitude of resentment among some students toward Student Affairs, Public Safety and ResLife. My immediate reaction to the earliest complaints that I received or overheard was that Public Safety and ResLife serve as expectation-setters during the first few weeks of school. I, therefore, slightly discriminated complaints and waited to see if the incident reports and complaints continued. I did, however, challenge Student Affairs (most notably ResLife) to re-educate Resident Assistants on Student Handbook changes that were improperly or falsely described to students during various confrontations.

After doing so, I am happy to note that the amount of complaints increased but not as significantly as I thought they would. Many students—especially those who have spent time at the College—continued to grumble about the amount of policing they felt. The first question I ask students is, “What have you done to change that?” and the second is, “How can I help you enjoy your college experience . . . responsibly?” Often the complaining is just that—complaining. Some students, however, have proactively consulted Public Safety, ResLife, or myself in order to bridge the gap between students and the College’s administrators. For the good of those proactive students and the student body as a whole, Student Government is moving forward on a plan to bring curriculum to campus to meet with students and various departments to emphasize care and respect and better pair those concepts with compliance.

A second area of concern for a smaller crowd is a bill I authored in Student Government from March 4. The bill (pictured) funds Student Government friendly programming. In the past, a few student organizations who felt underrepresented in Student Government held their meeting times during the weekly Student Senate meeting. In an effort to increase participation from these organizations, I authored a bill that would generate greater participation from those student organizations because it, in essence, encouraged those organizations to move their meeting times. As a result of the bill, it would be more difficult to secure the appropriate number of signatures required in the Student Government. Students should keep their eyes open for a campaign to alter the number of signatures required to become a Senator and part of the Executive Board. The amendment will not only account for the predicted effects of enrollment growth, but it will also increase competition for elections for both Senate and Executive Board elections.

As the year progresses, I challenge students to be vocal about their opinions and desires, but to be vocal in a constructive way. The Stentor is a perfect place to point out ironic Student Handbook policies (like Evan Piermont did recently) to express an opinion in a productive way. In addition, Student Government is happy to hear your opinions and to mobilize appropriate parties to make student-friendly changes to various aspects of Lake Forest College. My office hours are Tuesdays and Thursdays from 12:30-2:30PM in the Student Government Office (located in the “elbow” of the hallways that connect the Student Center and the Mail Room).

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All prices listed above are per issue. However, discounts are available for any multi-issue purchase. Ads must be received the Monday before publication.

Thank you!
I’ve actually had a personal experience with this last text. It really depends on the girl. Option A is wait, have patience, keep talking to him and send him a few signals there and here and see if he man up to you yet. Nothing too obvious where even a blind man can get it and not to easy where a little kid can pick it up. A, “hey want to eat lunch with me” or about that 80s dance this homcoming weekend” could work. Option B, if you don’t mind wearing the pants in any relationship, ask him out and who knows, maybe he’ll like it and then finally take charge in the end.

I would say, first, make a priority list, then try to create a schedule where you have time to finish all your class work and have time to do those clubs/organizations. It might exclude you from having a social life during the week but it may be a sacrifice you have to make. You can have your occasional drinking on weekend nights and possibly thirsty Thursday. If a schedule sounds too complicated for many of you lethargic individuals, do classwork in between classes and after classes; save the drinking for the night and pick those clubs that are important for you.

Q: Dear Isaac,
Twilight? What? Why?
Sincerely,
Every male ever

Twilight has become more popular than Harry Potter these days. I don’t know why, but a lot of teens and adults still seem to click with the ancient rivalry of werewolves and vampires. It all comes down to a teenage girl’s perspective and how she decides what kind of life she wants to live depending on which species to become. On one hand, she has this charming, old-fashioned respectable vampire who offers immortality and a new life beyond her human form. On the other, she has this hot-tempered caring werewolf who offers protection and happiness in her human form. Why? Because everyone has a favorite between team Jacob and team Edward. Who’s better? Who cares. But if you have read the series, Edward seems to win the girl’s heart (from a tip) and Jacob continues to be the rebound. If you haven’t seen the last Twilight film, I recommend it. It’s by far the best out of the three that have come out.

Q: Isaac, buddy, my friend likes this guy, but she’s afraid to ask him out? Speak even one word to him? Or just give up and wonder more?
Sincerely,
Wishing for courage

If it bothers you, say something. Communication is key in any friendship. Sometimes you can tell the difference between real friends and judgmental people. Don’t be afraid to speak your mind and stand up for what you believe in. In much simpler terms, listen to “Not Afraid” by Eminem.

Q: Dear Isaac,
What the… heck… is up with Miley Cyrus? Can you explain this enigma of a human being?
Sincerely,
Everybody with taste

She is like any other teenage girl who wants attention, a wild child who was raised with a silver spoon. An idol to “little girls,” this Hollywood failure represents hopefully only a minor population of girls. Her songs depict her life story, I believe. In the song, “The Climb”, we see an adventurous woman who searches to find her horoscopes and his advisements are written merely for entertainment purposes, and no decisions should be made based upon them.

Taiwanese woman who searches to find protection and happiness in her human form. Why? Because everyone has a favorite between team Jacob and team Edward. Who’s better? Who cares. But if you have read the series, Edward seems to win the girl’s heart (from a tip) and Jacob continues to be the rebound. If you haven’t seen the last Twilight film, I recommend it. It’s by far the best out of the three that have come out.

Q: Dear Isaac,
How would one get ahold of you—th ef is, if they don’t know how to? Because, clearly, I do. Sincerely,
Looking out for others

Isaac can be reached by e-mail and campus mail. Simply drop him a line at acostic@lakeforest.edu or submit your questions to The Stentor mailbox near the gates center.

Aries (Mar 21-Apr 20): This week’s prediction is a little ambiguous, depending on how last week went. If you ate your veggies and were able to outrun the law, then grill yourself up an extra hotdog at Homecoming to celebrate. However, if the 11th moon moving in the 7th house of Aries tripped you up in the midst of your sprint, perhaps you should lay low and munch on the veggies you were supposed to eat last week.

Taurus (Apr 21-May 20): Last week the 8th moon of Uranus brought about some great grades in your classes. Don’t let that give you an excuse to slack this week, however. The 12th moon of Uranus has now disappeared behind the shadow of Pluto and will draw your brain into the uncharted waters of extreme writer’s block. A brief encounter with a rogue raccoon on Deerpath should clear this up.

Gemini (May 21–Jun 21): Pluto’s cheered up a bit from last week, encouraged by the news that some scientists still refer to it as “a real planet!” The 4th star of its 3rd moon 3rd moon will be sending some good vibes your way, particularly in the areas of creative dance—don’t be afraid to show off some of those moves during tailgating this weekend.

Cancer (Jun 22-Jul 22): As it stands, the 9th star of Cancer didn’t actually explode—it just fell out of its orbit for the brief moment in time that Madam Hatbroth made her predictions. As I probably shouldn’t have told you to eat all of those cheese fries and ice cream, it might be best that do a few laps around campus to clear up those arteries of yours. Trust me, you’ll want them ready to work for you this weekend...

Leo (Jul 23–Aug 21): Good job on avoiding a Jersey Shore-esque faux pas. To reward you, the 9th sun of Jupiter has moved into the House of Cancer, which means that you’ll be looking super fly for Homecoming.

Virgo (Aug 22–Sep 22): Good news: water is now your friend! Enjoy the beach and the lake before the Lake Forest weather promptly drops below 0 next week. Speaking of which, you should probably invest in a gigantic fluffy coat (neon orange). That way, you’ll be literally warm and figuritively cool all at once.

Libra (Sep 23–Oct 22): The 9th lunar cycle of Venus is back on track. Look both ways, but cross streets with confidence now, friend. If you’re currently in a relationship, consider doing a partner-themed costume for Halloween. If you’re single, do it anyway. Chances are the partner of your dreams will have done the same. If not, at least you’ll have a blast explaining why you’re dressed as a horses bum.

Scorpio (Oct 23–Nov 21): Saturn’s 7th moon has flipped its axis of rotation. Things are going to start seem to little backwards. Watch out, or that fish you recently bought for your room is going to start stuffing you into a water-filled bowl. Invest heavily in harpoons, just in case.

Sagittarius (Nov 22–Dec 21): Mars is still feeling a little frisky—if your love note escapes didn’t work out last week, then there’s a 46.9% chance that you will find your future spouse at the Homecoming Pep Rally. Dancing will be involved. Sobriety may not. Just go with the flow.

Capricorn (Dec 22–Jan 19): Did you write your articles for the Stentor? Madam Hatbroth’s crystal ball says you didn’t... Better get on that before the 9th moon of Jupiter moves into Capricorn’s 7th house, lest a sudden riot of ravenous, rabies-stricken deer charge your way. Demon dear can smell fear and non-contributing students.

Aquarius (Jan 20–Feb 18): Lucky you, carbonation is now A-OKAY! Except for any carbonated beverages also containing alcohol, that is. Better slow down during that this tailgating, Tonto. Don’t want to end up being that kid who passes out before two and wakes up with tattoos of the permanent marker-variety.

Pisces (Feb 19–Mar 20): The 10th house of Naboo has entered into the Milky Way. This week might be a little rough. “Breathe deep and fly high,” as they say in Dinotopia. Additionally, “hold on to your butts,” as they say in Jurassic Park.

* Madame Helvetia Hatbroth and Isaac Acosta wish to gently remind their readers that her horoscopes and his advisements are written merely for entertainment purposes, and no decisions should be made based upon them.
A calm and collected critique of ARAMARK haters

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RYANN FREEMAN  
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Recently, while leaving the cafeteria, we came across student suggestions (if they can be called such) posted to the wall, along with replies, by ARAMARK. Some of these suggestions were earnest attempts to make the cafeteria better, for instance a request for more Middle Eastern food. We second (and third), hooray for falafels! But other suggestions were less suggestion and more complaint, and not constructive complaints, those with the potential to help but that still come off as pessimistic, but the downright complaints complained by whiny entitled ignorant children who have no sense that they are as lucky as they are ungrateful.

More than once the word “horrible” was used to describe the cuisine. Horrible? Really? To those who wrote such scathing reviews of our food I ask you: have you ever tried cooking for 2000 people? Have you ever tried to prepare a different dish every night of the week? Have you ever eaten at a different college cafeteria, a hospital, a nursing home? Have you ever gone a few days without food altogether, picked through municipal garbage to find the waste of the affluent, the rotting apple cores of those with enough money to purchase fresh fruit? Have you ever opened your eyes to the suffering and hunger that plagues this planet before you distastefully criticized what you have been so generously handed? Obviously not!

This summer we lived in Chicago with two other roommates, both Lake Forest students. We ate well, well enough at least, and had several terrific meals. Usually, however, when we came home from work, we ate something quick and cheap. With rent, booze, and the GRE, there isn’t enough left to go out every night or cook filet mignon on a whim, and we quickly came to realize how good we have it here at the college. We don’t worry about buying food, cooking, or even cleaning up for that matter. We just show up, three times a day if we want, and eat until we are satisfied.

There were complaints about variety. If you complain about the quality of our food we disagree, perhaps vehemently, but when you complain about variety, it’s time to write an article. Are. You. Kidding.? Are you bind, or ignorant, or blind to your ignorance? A lack of variety? There are five different hot options every dinner, not to mention that the ‘hot-line’ itself contains a plethora of sub-variety. Then there are seven cereals, six hard ice cream flavors, pastries, two soft ice cream flavors, three soups, sandwich meats and cheeses, bread, bagels, pitas, fresh fruit, a selection of gluten free products, fruit salad, yogurt, granola, an assortment of preassembled salads (ante pasta, potato, etc.) pudding, and a salad bar.

Speaking of the salad bar, someone went as far as to complain that it is always the same. For the sake of simplicity let’s assume there are 10 toppings and 6 dressings. That means that there are $6^{10}!$, or 24,227,478 different salads available. Eat one for lunch and dinner every day and you would have 3300+ years of unique salads. You have enough roughage to last you until the next ice age. And besides that point, when is a salad bar unpredictable; on Tuesdays should the lettuce be replaced by Sparklers and unicorns? It’s a salad bar; it’s going to be predictable!

We understand that no one is going to like everything all of the time. But, quite frankly, the comments posted were a blatant exhibition of everything that is wrong with our culture, an exhibition that we should never underestimate the entitlement of inexperienced and ungrateful. Although you are wrong, you have a right to your opinion, and therefore we charge you, the writers of such discontented comments, to respond to this article, and explain just what makes this cafeteria so horrible!

Sincerely, and with great thanks to the ARAMARK staff,  
Ryann Freeman and Evan Piernmont

“ I should care very little if a nationally syndicated sportswriter believes Cutler to be pompous; that shouldn’t bother me. And yet, for some reason, it does.

with Jay Cutler, the Human Being, that only occasionally manifest themselves in the performance of Jay Cutler, the Quarterback. As such, I should care very little if a nationally syndicated sportswriter believes Cutler to be pompous; that shouldn’t bother me. And yet, for some reason, it does.

I feel the need to defend him from those criticisms. I’ll post on Facebook, tell friends, or, in some instances, tell strangers why Sportswriter X is wrong and Cutler is actually quite magnificent. This is a bizarre courtship to extend to a complete stranger. I wouldn’t expect Cutler to treat me as well. If one of his friends commented on how much of an ass Peter Collins is, I would imagine Cutler would respond with a “Who?”

Why do I respond this way? Why do I feel the need to defend Cutler?

I don’t feel this way about all strangers. For instance, when I walk into a bank I don’t feel a need to defend bank tellers from criticisms. I’m not interested in the happiness or well being of the customers behind me in line. Apparently, this feeling of guilt is unique to Chicago Bear fanatics.

Perhaps the reason why lies in the insanely one-sided relationship the two of us enjoy. I expect him to perform exceptionally well six weeks a year, while he expects nothing from me.

Maybe I feel guilty about that. Or maybe, as I’ve already written in this paper, I feel bad about the obvious, inevitable side effects his football career will incur. Maybe I’m just too sensitive. Hell, I’m the same guy who as a child would worry about the happiness of my dog. (Side note: I’m fairly confident he was happy.)

In conclusion, Jay, I’m asking you, please play better the rest of the season. It will save me loads of consternation.

Photo courtesy of Nate Butala
Response: The diversity LFC offers from freshman to senior year

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I would like to respond to Sarah Bennett’s article, Appreciating the Diversity of LFC (Sept. 30). As a senior, I had forgotten how very diverse Lake Forest College’s student body seemed (and is) from my high school town of Franklin, Tennessee when I first arrived here four years ago.

Although not quite as entrenched in the Deep South as Cullman, Alabama, the same lack of diversity does indeed exist in Franklin (and my hometown of Nashville). I grew up in a small, white neighborhood, went to a small, private high school full of religious white people, and had a great many misconceptions about the world. Now, before I continue, please understand two critical things.

First, I am not using the term “misconceptions” as a cover for “I was racist.” Despite the fact that I’m Southern, I’m not racist. Also, believe it or not, not too many Southerners are racist (see: stereotype).

My sensitivity stems from occasional (but alarmingly frequent) racism “jokes” I get. Example: “Oh, you’re from Tennessee? So, you guys are all racist, right?” …Seriously? Though I admit, watching people make complete a**es of themselves trying to amuse me is indeed amusing… (P.S. If you really want to mock the South, for God’s sake at least have the presence of mind to say y’all, not you guys.)

Second, I am not the spokeswoman for everyone in the Southeastern United States. Although I’m sure that’s obvious, I mention it because the last thing I need is every Southern student here berating me for “continuing” the stereotype. So: Not everyone from the South has led the sheltered life I experienced. Excellent.

And so I digress. I know if I would be able to connect with them, and if they would understand I was doing my best to learn about their culture. I wasn’t sure whether they would accept me. Later that day, I walked out of the classroom scratching yet another line through the misunderstandings I once held.

I connected with this article because of how Lake Forest’s diversity affected me four years ago. Being surrounded by such difference (and so much of it) was new for me, and it was something I wouldn’t shut up about for five months (my friends will attest to this). My introduction to true diversity, through Lake Forest, was one of the most important moments of my life, too.

We never stop learning from and experiencing diversity. One day, freshman year, I mentioned to a friend how amazingly diverse I found the student body to be, and his response was a raised eyebrow. He explained that he grew up in California, and his high school was even more diverse than Lake Forest.

It was then that I realized my introduction to diversity had only just begun. Since then, I have met people from around the world. I’ve learned about cultures, religions, and ideas. I’ve had classes that emphasized understanding and comparing different countries and their cultures. I’ve also left my comfort zone.

Last spring, my education fieldwork was in a Waukegan elementary school and my 1st graders were ELL students whose first language was Spanish. I was unbelievably nervous the first day. I didn’t know if I would be able to connect with them, and if they would understand I was doing my best to learn about their culture. I wasn’t sure whether they would accept me. Later that day, I walked out of the classroom scratching yet another line through the misunderstandings I once held.

Diversity is a beautiful thing. It’s important to acknowledge and embrace diversity (ethnic, cultural, racial, religious, etc.). It doesn’t stop anyone from connecting with people radically different from themselves.

Perhaps I learned this lesson a bit later in life than most, but I never had the opportunity to do so until I came to Lake Forest. And there’s no telling where I would be now without that lesson. Embrace the diversity Lake Forest offers with open arms. I haven’t the slightest idea where you’ll end up, but I promise it will be a better place than you are in now.

Getting down and dirty for last weekend’s Alpha Phi mud olympics

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This event has been, perhaps, the best so far that I have been a participant of while here on campus. “There will be mud.” The warning that Alpha Phi’s activity is going to get dirty was advertised on the windows, sidewalks, and walls of Lake Forest College.

The moments leading up to this gloriously cold afternoon can only be described as an intense process.

Teams of six lined up to compete in the mud to help raise money for Women’s Cardiac Care. Races included jacks, leap frog, army crawl, a tennis ball relay, a wheelbarrow race, and a mud pie eating contest.

“Jacks,” the first event, was a competition for each team’s leader and one other person; blue jacks and pink bouncy balls had been dispersed throughout the entire mud pit and each person was to pick up as many jacks and balls as they could within a thirty second time period in order to take off seconds from their team’s overall time.

Leap frog is the classic game of crouching down like frogs and jumping over each other. Almost everyone has played this game at some point in his or her lifetime; although, the game is given an entirely new meaning when played in a giant mud pit with a bunch of other college students.

This leap frog was an exhilarating race to the end of the mud pit and back, with all six members of the team. Mud was flying, the sports teams were definitely cheating, and people were being pushed further down into the mud as teammates jumped over backs.

The army crawl is a training method that can potentially save your life by keeping you out of sight of the enemy. As the third event, the army crawl was definitely an experience to cover you in mud… if you weren’t already.

Team members were to crawl from one end of the mud pit to the other, collecting mud on their bodies as they went. At the opposite end of the mud pit sat a bucket. The bucket’s sole purpose was to collect the mud that dripped off of you. After you scraped off as much mud as possible from your body, you ran back to your team and another person proceeded until the bucket was full to a certain line.

The tennis ball relay could make the sanest person appear crazy. Team members lined up next to each other and were to pass a tennis ball through each other. The top eight teams had to compete in a tug-o-war contest to see who would be crowned as reigning champ. I do not know who won, but I’m sure it was not an easy task to fulfill.

The pan with the mud pie was to be licked clean and then grabbed by the teeth and held over your head. Although it was a very tasty treat, sitting in the mud while trying to devour pudding in the cold is not exactly my idea of a good time. It was fun until I accidently snorted it up my nose.

The next event was the wheelbarrow race. Three members of the team were involved. The first two popped a balloon using their rear ends and walked, like a wheelbarrow, to the other end where the third team member was waiting. After being tagged, the third team member put their head on a baseball bat that was also on the ground and spun around three times. He or she then had to crab crawl back to the starting line.

The final event was the mud pie eating contest. My team’s initial thought was that it was real mud and nobody wanted to do it. But a mud pie in this sense was chocolate pudding with Oreos cookies and gummy worms.

One member from each team sat down in the mud pit with their arms behind their backs. The pan with the mud pie was to be licked clean and then grabbed by the teeth and held over your head. Although it was a very tasty treat, sitting in the mud while trying to devour pudding in the cold is not exactly my idea of a good time. It was fun until I accidently snorted it up my nose.

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Alpha Phi has most definitely put on the best campus-wide activity so far this year. Other clubs will have a difficult time putting on a better event.

For those who did not or were not able to compete, you missed out on a truly rewarding activity.
The words “Game Day!” can be heard in the cafeteria and hallways by members of the volleyball team every time they have a home match as a way of inspiring fans to come out and support them.

Last Saturday, despite a small turnout on the fans’ behalf, the Foresters played host to Monmouth and Kalamazoo College in a double-header and showed signs of resiliency before finally falling in two tightly contested matches. In their morning faceoff against Conference rival Monmouth, Lake Forest split the first two games 26-24, and 25-22, their second match of the day to Kalamazoo College, a rejuvenated Forester team emerged for the third game, with all the pressure on Kalamazoo and prevailed 25-22. Unfortunately, a comeback was not in store for the Foresters that day, as Kalamazoo triumphed 25-11 in the fourth game, taking the match by an overall score of 3-1. The loss was a tough one for the Foresters as it came at the hands of one of their Midwest Conference rivals, placing the teams record at 2-2 within the conference.

Wins and losses aside, one thing for certain about this year’s volleyball team is that they are serious about winning and will fight until the finish. Saturday’s match against Kalamazoo was a perfect example of a match in which the final score did not necessarily tell the full story. After dropping the first two games by a combined total of 5 points, the Foresters could have easily given in and accepted the fact that Kalamazoo was just too tough a team to overcome, but instead they did just the opposite. They approached the third game with a “nothing to lose” attitude and after trading the lead back and forth, took the third game 25-22. Coach Saylor did her part by motivating her players during timeouts with the emphasis on showing a greater will to win. The win provided confidence for the team, but too much confidence can be a bad thing in sports as well. Kalamazoo came out in the fourth game with a greater sense of urgency and trumped the Foresters 25-11.

The key for the Foresters down the stretch will be finding a way to maintain the appropriate balance between competitive urgency and competitive calmness. Their match against Kalamazoo was a step in the right direction that will hopefully find the team on the victorious end next time around.

NICK CANTOR
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The loss was made up predominantly of freshmen and sophomores, the 2010 volleyball team is one expected to excel in the future, but hasn’t prevented them from reaching their full potential this year. Hard work and dedication are the main components of this year’s team. “We work extremely hard both during the season and off-season” sophomore and second year player Cori Cooper said. “We are all very optimistic about the season,” she went on to add. “We are pushing to host the Conference Tournament this year and strongly believe that we are more than capable of being successful in it. That is what we are working towards.” With six more conference games remaining in the regular season, there still remains ample time for the Foresters to improve their current record within the Division of 2-2. Wins and losses aside, one thing for certain about this year’s volleyball team is that they are serious about winning and will fight until the finish.

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