Efficiency of 24/7 computer lab workstations debated

SHERIN VARGHESE '16
STAFF WRITER
varghesess@lakeforest.edu

A student took to Yik Yak to complain about the slow speed of the computers and jokingly wrote that the computers can “sense your fear,” as frustrated students think that the computers get slower as deadlines get closer. Some students have begun to abandon these computers in favor of laptops, because they believe the computers are too slow.

One student believes that students’ decisions to not use the computers in the lab is not because of the speed of the computers but is due to the “library environment and how people treat it as a social playground rather than the library.” He also blamed the Lake Forest internet connection, which he believes is too slow. The library’s staff, on the other hand, believes that the computer lab boosts students’ efficiency rather than wasting time and increasing student stress. Will Karsten ‘05, the library’s evening and weekend circulation supervisor, personally feels that the computers and other technology at the Donnelly and Lee Library “are a great asset to the school because it contains all the necessary resources to successfully finish a class.”

Karsten blames students for the computer lab problems. “Around nine out of 10 times, the reason why the computer and the printer fails is due to the students themselves,” Karsten said when asked why some students feel otherwise.

Library staff blame students for slow computers

D onnelly and Lee Library’s 24/7 computer lab stations give the College’s students free access to use a PC. Recently, there have been numerous complaints regarding how productive a student actually can be while using these computers. Adil Hussain ‘16, a frequent user of these computers, said that while the computers are convenient, they are “way too slow” and need to be upgraded.

The not-so-mysterious Lake Forest College endowment fund

President Schutt explains the workings, details, and numbers behind the endowment fund.

JESSICA CHANG ’16
EDITOR-IN-CHIEF
editor@lakeforest.edu

The College has an $85 million endowment fund, which is an accumulation of donations and gifts from alumni, friends of the College, and residents of Lake Forest since the start of LFC in 1857. The endowment fund is essentially the “saving account for the College,” according to President Stephen Schutt. The Board of Trustees and an investing committee decide how to invest the money in order to make a return of about 6 to 7 percent each year.

The College limits its withdrawals to 5 percent of the fund per year in order to keep its $85 million principal untouched, so that the fund can continue to grow. The College makes three “draws” from the fund each year. One of the draws is a little over $1 million. This draw is used for debt service, or to pay back the interest on the bonds that the College issued in order to renovate and rebuild Nollen and Deerpath halls. The second draw is about $2.4 million and goes toward the operating budget.

The annual operating budget is close to $45 million: these funds keep the school running. Costs of faculty and staff salaries, all building utilities, and maintenance of the residence halls and grounds are included in the operating budget.

The third draw is around $750,000. This money goes toward “restricted accounts,” which are causes and funds that alumni specifically donated to, such as donations to a specific sport team or a scholarship that supports students from the state the alumnus is from.

Together, the three draws add up to $4.15 million, which is a little under the 5 percent withdrawal limit of the endowment fund. When President Schutt first came to the College, the endowment fund was at $50 million. The fund has grown fairly quickly over the years, and President Schutt believes that the fund will continue to grow. At first glance, Lake Forest College’s endowment fund seems to be considerably smaller than those at other ACM colleges.

In 2013, the average ACM college endowment fund was over $370 million, while Lake Forest College lagged behind at close to $77 million that year.
Efforts for an eco-friendly campus: a naturalized prairie

CAITLIN BROWN
STAFF WRITER
browne@lakeforest.edu

For the past year, the Lake Forest College Campus Sustainability Committee, along with several of the school’s faculty members, has begun working on a new project for Middle Campus: a naturalized prairie.

The goal of the project is to cultivate an area using a myriad of native plant species to show what the area’s natural, pre-settlement landscape looked like.

James S. Kemper Foundation Professor of Liberal Arts and Business Jeffrey Sundberg is one of the many participants in this project and wishes to increase student environmental awareness and appreciation for the naturalized prairie project.

“We hope that this new area, in the middle of campus, will inspire people to think about different types of landscaping, different types of plants, and the different types of nature around us,” Sundberg said.

Currently, the College has a restoration area behind the Johnson Science Center. However, the naturalized prairie project for Middle Campus will help the school further support environmental awareness and the goal of having a “greener” campus.

The naturalized prairie project will have similar benefits to the restoration area that exists behind the Johnson Science Center. Students and faculty will have an area on Middle Campus for course-related projects, individual student research, and, above all, a spot to relax and enjoy Lake Forest’s natural ecosystem.

With spring in full bloom, the prospect of an additional location on campus to enjoy nature and the pleasant weather is certainly appealing.

“Look at the trees, the clouds, the flowers, the insects, the birds—it’s fun to talk to students about nature around us, because some notice a lot of things and some think nature is snow, mud, grass and squirrels. Watch how the trees change over the next two months. Check out the spring wildflowers in the area behind Johnson. Walk barefoot in the grass and go scratch your back on the bark of a big oak tree, like the bears do. It’s an amazing feeling.”

Q&A

Lake Forest College Bookstore
Participants include: Eileen Whited, store manager, and Sarah Rietgraf, worker

Q. How much profit does your store make, and where does that profit go?
A. The store makes a 20 percent profit: 7 percent goes to the college, 13 percent goes toward salary, merchandise, the company, and inventory.

Q. Do you make your own apparel?
A. No, we purchase the apparel through manufacturers who have passed the Fair Labor (Standards Act) practices, including companies like Under Armour, JanSport, and Columbia.

Q. What is the best-selling item?
A. T-shirts/apparel because of campus visits and school spirit.

Q. How often do you have sales?
A. Sales are becoming more regular and occur every other month. We sell more items during the times of each sale.
Endowment
Continued from front page

Despite the difference, President Schutt said that LFC’s endowment is not in a weak position. He pointed out that there are some outliers in the $370 million average; for example, Grinnell College has an exceptionally large endowment of over $1.5 billion. Also, some of the smaller colleges’ endowment funds are on the larger end only because they were fortunate to have one wealthy alumnus make a significant donation. That one generous amount, properly invested by a college, makes up the majority of some of the small colleges’ endowment funds.

Computer Lab
Continued from front page

source who works at the library. The anonymous worker mentioned that students expect to “get it all done with the click of a button,” and do not realize that “the computer is as efficient as the person who is using it.”

While the quality and speed of the computer lab’s PCs are debated between the students and the library staff, there are some improvements that could be made. Some of the 24/7 lab computers, for example, do not have the popular SPSS program used by psychology majors for many research projects. If you have any problems or suggestions regarding the computers, report them to the circulation desk, as the library staff may not be aware of all issues that students are experiencing.

Cameras installed in Moore Hall to prevent vandalism

CAMILLE LEMIEUX
MANAGING EDITOR
lemieuxcn@lakeforest.edu

Earlier this month, cameras were installed in Moore Hall in response to repeated vandalism in the dorm. “Since this was a brand new residence hall, the vandalism that occurred was significantly more visible, such as exit signs and light fixtures knocked down from ceilings, urinals torn from the walls and smashed in the bathroom, furnishings damaged or broken, bulletin boards torn from the wall, personal door decor burned and scorching the doors, holes punched and kicked in walls, room signs torn from walls and stolen, window blinds bent, and rooms and common spaces trashed,” Associate Dean & Residence Director of Life Andrew Pollom said.

The vandalism in the dorm is not bound to the current academic year, however. On December 6, 2013, President Schutt sent out a student announcement about the vandalism in Moore Hall. In the announcement, he addressed his concerns about whether or not the building “was a mistake” to renovate due to the outstanding damages caused by students since the dorm reopened.

The announcement, although over a year old, includes a similar list of violations as Dean Pollom’s: “In the four months Moore Hall has been open, one or more of you have punched or kicked large holes in four different walls, ripped kitchen cabinet doors off their hinges, torn apart a coffee table, pulled down multiple exit and elevator signs, and stolen 10 or more room number signs,” Pollom’s: “In the four months Moore Hall has been open, one or more of you have punched or kicked large holes in four different walls, ripped kitchen cabinet doors off their hinges, torn apart a coffee table, pulled down multiple exit and elevator signs, and stolen 10 or more room number signs,”

Schutt wrote. “You have also trashed stairwells and common areas with bottles, cans and other debris. The total cost—which all Moore Hall students will be required to pay, pro rata—will be thousands of dollars.” Occurrences of vandalism do not appear to have reduced since 2013. Dean Pollom explains that administrators “made numerous attempts to work with students to implement other approaches to ending the needless vandalism.” The camera installation, then, was one of several options put forth to stop the violations.

“In addition to improving the living experience and reducing the vandalism, we also value the addition of the cameras for increased security within the community,” he said. The costs accumulated for this academic year have yet to be totaled, however the damages in 2013 were at least a couple thousand dollars, according to President Schutt’s announcement.

Dean Pollom adds that “money is not the only measure of damage. Individual or institutional reputation, image, and confidence and others can also suffer damage.” He notes that cameras will not only help to reduce vandalism, but also increase security. Moreover, the installation may help reduce the number of thefts, providing a safer space for students.

Students may contact Dean Pollom about the camera installation and vandalism at Pollom@lakeforest.edu or go to his office hours on Mondays from 2 p.m. to 4 p.m. or Fridays from 9 a.m. to 11 a.m.

Students may also contact President Schutt, Dean Flot, or Public Safety with concerns and questions.

Lake Forest College is looking for
STUDENT WRITERS and BUSINESS REPRESENTATIVES to sell advertising space.

Now offering $10 per published article and a 10% commission per ad sold.

Contact editor@lakeforest.edu for details.

Beg your pardon
Corrections from April 1, 2015 issue:
In “Asians: Widen your small eyes and read this!,” Heather Melvin ’15 is quoted, not Heather Zhu.

“Rowling, JK comes to Lake Forest College” was written by Bernie Facio ’18.
Once upon a time Lake Forest College had a glee club

MATTHEW DEMIRS ’18
STAFF WRITER
demirsmi@lakeforest.edu

H ere at Lake Forest College we have a list of organizations and groups that provide our student body with entertainment, such as: the dance team, the soccer team, the orchestra and many more; however, what ever happened to the glee club? One of the biggest performances put on by the school was in the year 1915, the Lois Hall Girls’ Glee Club was in its 22nd year as an organized activity on the campus.

Their talents were shared through concerts from Lake Forest to Chicago, which the director scheduled every year. One of the biggest performances on campus for the Glee Club was the Spring Musical held at the Durand Art Institute.

“It is doubtful whether many other yearly events at the college are as much enjoyed as this one is” said issue number 21 of The Stentor published on April 22, 1915.

The Glee Club members regularly took field trips up and down the North Shore so everyone could hear their beautiful voices. They performed at locations that included Oak Forest, Cook County Hospital, the Naval Training Station, just to name a few. Unfortunately due to costs, the 1915 Lake Forest College Glee Club couldn’t bring their voices to the West Coast, where they had performed in previous years during their spring trip to Santa Fe.

As a part of the alumni, you have never visited Anne Thomason in our library’s archives section on the bottom floor of the library? Amongst the collection of publications on record that she has organized, you can find all the issues from the Stentor dating back as far as 1887. Also the 1915 issue of The Stentor shows that the paper was published twice a month and cost 10 cents. A yearly subscription cost only $1.50.

The Stentor was not always filled with reports of the latest news, but sometimes the Stentor featured the sports teams on campus, After reading through some of the publications in the early 1900s, students actually submitted creative writing to be included in print. Short stories, poems, and personal essays are just a few of the types of articles that can be found in the early days of the Stentor.

If you take time to look back at the previous issues, you will find that Lake Forest College was once named Lake Forest University. In fact, if you look at the stained glass windows in the Chapel on campus, you can see “L.F.U.” on the stained glass near the stage.

It is clear that Lake Forest College has undergone some changes regarding student organization. Hopefully one day, the Glee Club can make a come back.

Your fool-proof guide to having an amazing summer vacation

NANCY CARDENAS ’17
STAFF WRITER
cardenasn@lakeforest.edu

Spring semester goes by really quick. Before you know it, summer will have arrived. So, what to do over the summer? There are a lot of things you can do to have a productive summer break. From hanging out with friends to traveling. Here are nine suggestions for making your summer break worthwhile:

1. HANG OUT WITH FRIENDS! Use your summer time to catch up with your friends that you have not seen in a while. Go out for ice cream, watch a movie, play video games, have a soccer game at the park or go to a concert together! Spend quality time with your best friends.

2. TAKE A SUMMER COURSE AT LFC If you are behind on credits or want to get ahead on credits, then taking summer classes at Lake Forest College or other colleges. Summer gives you the time you need to focus on one course and get the grades that you want, which will help increase your GPA.

3. TOUR THE CITY OF CHICAGO There are always a lot of things going on in the summer in the city of Chicago such as: The Puerto Rican Festival, Pride Parade, Chinatown Summer Fair, Fireworks on 4th of July, Lollapalooza, etc. If you are not from the City of Chicago, then you should take this opportunity to have fun exploring what Chicago has to offer!

4. SPEND QUALITY TIME WITH YOUR FAMILY Catch up with your family that you have probably not seen take long time. Go out to dinner and tell them all of your wild stories from college.

5. RELEASE YOUR INNER CHILD Tonight we are young!”— FUN. Take off your college backpack and become a king once again! Play tag on the beach and eat a popsicle.

6. TRAVEL! Summer time is about having the freedom to be wherever you want to be. Why not travel around Europe? Living in a different environment can help you to reinvent yourself. It is another process where you can learn new languages, meet people from other cultures and be more aware of the different ways people live. It can also be an opportunity to try new foods and learn a new language.

7. VOLUNTEER IN YOUR COMMUNITY It is always nice to help out in the community. Get connected with your neighbors and ask if they need help with any community events. Volunteering in your community can help you develop leadership skills.

8. MAKE IT RAIN! Summer is a great time to make memories and save up to pay for your loans. Look for a job related to your career or get an internship and get hands on experience. Adding your work experience to your resume will help you with other job opportunities in the future.

9. LOSE THAT FRESHMAN 15! Summer is the best time of the year to lose those extra pounds you gained during the fall and winter time. Take advantage of the free time that you have and go for a run in the park. Also, drink a lot of water and eat your fruits and vegetables. Doing these things will make you feel happy and healthy.

Interview with Allan Arabe reflecting on his years at Lake Forest College

NANCY CARDENAS ‘17
FEATURES WRITER
cardenasn@lakeforest.edu

What is your name? Allan Vhal L. Arabe
Where are you from? Philippines
What are you majoring in? MAJOR: International Relations (IR) MINOR: Spanish and Computer Science
What clubs and organizations are you part of? I was part of Latinos Unidos, Alpha Phi Omega, United Asia, ISO, Mock Trial, Circle K, Student Ambassador, and North Chicago Community Program.
Did you ever change your mind on your major throughout the years? Yes. I was going to major in Politics and IR. But changed because of too many cross-over courses. I took two years of Spanish before coming here and already knew I was going to minor in Computer Science. Junior year I became interested in Finance, but it’s too late. I wish I majored in Computer Science because having two majors gives me two options. I’d rather be majors in Computer Science or in International Relations.
What are your plans after college? Hopefully, get a job in the Chicago area and look for opportunities to move back to the Philippines in the near future. Look for a job related to Computer Science because I have majored in Computer Science because of the job market and minor in Finance. Also, I would have probably started joining clubs earlier.
What do you dislike about Lake Forest College? Everybody is disinterested in organizations. I came from a school where everybody is mandated to participate in four types of clubs: an active club, creativity club, service club composed of campus and community involvement. Here you will see a meeting where like 80 percent of the people that show up at the meetings are part of the executive board.
If you could go back in time, what would have you done differently? I would have worked more and been more involved in the campus. I would have majored in Computer Science because of the job market and minor in Finance. Also, I would have probably started joining clubs earlier.
What is one of the memories you will take with you from Lake Forest? Being elected senior 25 and winning the Make A Difference Award, which is given to an individual who was really involved in community and campus service. It felt good that somebody voted for me and that I was appreciated for the work that I had done.
What advice do you give to the Class of 2019? A. Join a lot of organizations. Go to the Forester Fairs, sign up, and stick to at least three clubs.
B. Never be afraid to use the College’s resources. The one that really helped me was the Career Advancement Center. They helped me with my resume and getting an internship. They had a lot of good advice. C. I would have taken advantage of...
What advice do you give to next year’s seniors? Take your senior seminar or finish your senior thesis in your first semester because you should finish it in your senior year. Time will fly by. In the last month you might feel very nostalgic. You would want to enjoy your last moments.

Features April 21, 2015 Lake Forest College Stentor
The 2015 Senior 25

Maiwase Tembo
By Nadeige Uwamba ’17
“Maiwase Tembo has been a great leader and has inspired many students, including myself. As a fellow international student, she has displayed that it doesn’t matter where you come from, but all that matters is what you set your sights on. Maiwase is a driven leader both in and out of the classroom. Both her majors are in the sciences, which is a demanding task in itself. She gracefully shows tremendous leadership in her extracurricular activities and has always been a positive role model on campus. How fitting to see such a great leader like Maiwase in the Senior 25.”

Alexis Yusim
By Drake Nickell ’17
“With every organization and club Alexis is in, she brings her intelligence, unique perspective, and most importantly, her wit to the job. Being a part of Tri Delta, Omega Honor Society, and so much more, she demands the best from others, and that is how she makes her mark. When Alexis leaves Lake Forest College, students will remember her as someone who left them feeling more confident in their own abilities, more comfortable as themselves, and always, always, a woman who kept them on their toes.”

Ian Taylor
By Brendan McLane ’17
“Often referred to as “Dad” on the men’s soccer team, Ian has become a great leader on and off the field. In addition to serving as our team captain, he has served as the Committee Chair for “For esters in the Outfield” and is in the process of completing his student teaching. I have gotten to know Ian over the past 2 years and not only has he been a great person to come to for advice, but he has also been a true friend. He is always quick to pick up his teammates and support them if they’re struggling. A true leader is someone who leads by example and is always willing to offer support and advice. Ian functions both on and off the field. I am glad to have met him and only wish the best for his future endeavors, and I am sure that he will make a strong impact on the world in which we live.”

Abby Wiedman
By KC Stralka ’16
“Abby Wiedman has been a leader in all aspects of life at Lake Forest College. Abby balanced a variety of activities, including her position as a basketball captain and her job as an economics tutor. When she was not organizing open gym or lifting schedules, Abby was tutoring Professor Baade’s economics students. Abby never gave up on her teammates or her peers. She was willing to stay after practice to shoot extra or stay late after tutoring sessions the night before an exam. Additionally, Abby influenced the future of academics at Lake Forest in her role on the Curricular Policies Committee. Abby thoughtfully read the descriptions for proposed courses to make sure Lake Forest maintained high academic standards. As many of Abby’s friends will tell you, Abby loves to talk to people. Luckily, she uses her passion for speaking to convince prospective students to attend Lake Forest College in her campus job as a student ambassador. Yet, Abby’s leadership at Lake Forest extends beyond her jobs and activities. Abby frequently attends sporting events such as Relay for Life, Girls and Women in Sports Day, Forester Day of Service, and Special Olympics. Abby’s leadership set a high standard for future campus leaders to aspire to meet.”

Imani Watson
By Periana Wilson ’15
“Imani Watson is a Lake Forest College senior pursuing a Bachelor of Arts degree in Communications (Media Studies concentration) and a minor in African American Studies. She is a seasoned writer specializing in opinion editorials and journalistic style and has been featured in a number of publications, including the Princeton University Summer Journal, Goddess Girl Magazine, Stentor, and Tusitala. She is a social media aficionado and a naturally curious individual driven by her pursuit of knowledge and social justice. Imani has been very involved on campus participating in various organizations, such as Black Women United, Stentor the United Black Association, Intercultural Advisory Group, and most recently, Omnicron Delta Kappa (the National Leadership Honor Society). Serving as the Secretary of the United Black Association, Imani has done a stellar job. I wish her all the best in her future endeavors, and I am sure that she will make a strong impact on the world in which we live.”

Aneesa Ahmed
By Camilla Lemieux ’17
“Aneesa Ahmed is a significant role model to me. Her relentless commitment to academics and extracurricular activities inspires me to continue pushing forward in my own endeavors. In the time I have gotten to know Aneesa, she has made me laugh with her daz-
knows Tonny knows that he is a great lead-
er and a great friend. With his career goals set up high, he has become an inspiration to the students in the Modern Languages Department as well as the Education Department. He is truly an exceptional student with a worthy title of Senior 25.”

Alexandra Beer
By Anna Fedele ’15
“Ever since I met Alex freshman year, she wanted to save the world. With the drive and optimism she has, I’m sure she will. Throughout our four years at LFC, Alex has been very involved on campus. She was the president on Amnesty and did everything in her power to get my friends and me and our friends to join and attend her events, which we eventually did. Her passion is what makes her so incredible, and with that passion, she is able to accomplish so much. With her attempt to save the world, she is very passionate about the environment. I learned the hard way freshman year when I didn’t recycle: Alex sat me down and had a nice chat with me about that. Ever since then, I think twice before throwing my waste bottle away. Not only is Alex a life-long friend I made during my college years, but she is a remarkable woman who will definitely leave a positive mark on the world. I’m happy that I can call her my best friend and even happier to call her my roommate.”

Joao Cassamano
By Kayla Whitney ’16
“Lake Forest College is an institution with many incredible leaders. Many leaders are able to shine through positions of power whether it’s being a club president or sports team captain. However, there are some who are able to exert extraordinary leadership regardless of whether or not they have a title and still manage to leave an indelible impression that takes them all the way to being recognized as a member of the elite Senior 25. That is Joao Cassamano. I have been able to witness his hard work and selflessness on campus. We have been co-workers in the Technology and Resource Center in the school library, and it’s these traits of hard work and selflessness that have allowed him to propel through as a leader and reminding us that leadership comes in all forms.”

Anna Bryan
By Shannon Morelock ’16
“l met Anna after going through sorority recruitment in the spring of my freshman year, when she was the Panhellenic president. Little did I know that I would soon call her a sister. Anna was one of the first people I knew about joining Tri Delta because she was my new member educator. My first impression of Anna was: “She’s kind of weird.” She was and she still is. But that is what makes her such a great Forester. Three years later, I have seen Anna grow into the strong leader she is today. Although she is in her really well and admire her work. I am proud of her all her hard work, and I am grateful to have someone as dedicated as her in my life. I have no doubt that Sandra will achieve great things wherever she goes, for she is known to leave a legacy everywhere she goes.”

Ayden Lopez
By Jordan Stoler ’16
“I am very grateful to have had the opportunity to work closely with Ayden throughout my college career. He is an excellent leader through his great organization and communication skills. Being on an exec board with him allowed me to learn from him by observing his leadership styles and incorporating them into my own leadership roles.”
Audra Donnelly
By Beatriz Estay '17
“Audra Donnelly has spent her past four years contributing her time to the Lake Forest College community in many ways. I myself have gotten the chance to see how her leadership skills play a huge part in the Eta Mu chapter of Delta Gamma here at Lake Forest College. She was dedicated to embodying the values of which Delta Gamma stands for and for creating a safe and positive environment for her sorority sisters. She inspired women in the chapter, as well as other individuals on campus, to take action and make a difference. She was there to empower me when I was new to leadership positions on campus. She is a great scholastic influence, a trait in which she carried throughout all of her leadership tasks. She inspired Foresters to get the most out of their experience here at the College by excelling academically and getting involved with extracurricular. I would like to personally thank Audra for being a role model for this campus and for inspiring Foresters to lead the way. Congratulations on all of your accomplishments and on your graduation, Audra!”

Emily Keast
By Ryan Keast '17
“Being my older sister, Emily has shown leadership throughout my entire life.” Especially here at the school, whether it be on the soccer field or in her sorority. Her impact on the school is tremendous and has made things improve for the better here at Lake Forest College.”

Joseph Kropp
By Ram Samuel '15
“I believe that the legacy Joe Kropp will leave after graduating Lake Forest College will embody what it truly means to be a leader and a Forester. I have had the pleasure of getting to play alongside Joe for the past four years, and we have developed a relationship that is more reminiscent of a family and a brotherhood than a simple a friendship. Joe is the type of individual that would give you the very shirt off of his back and never think twice about it. Joe leads by example, both on and off the field, and is always willing to put in the extra work to succeed. I personally have had the privilege of serving alongside Joe as one of the team captains, and his positive actions and attitude have definitely assisted me in becoming a better leader and person. I know that Joe will leave Lake Forest College remembered as an individual that gave a 110% in everything he did, always wanted to be involved, and always strived to help out in anyway, shape, or form.”

Brian Madson
By Kente Mixon '15
“Knowing Brian for four years, I’ve grown to not only respect him as a great leader and teammate, but as a person as well. Brian is the embodiment of a leader and leads by example more than his words. In my opinion, that’s what a true leader is and able to do, and Brian did this both on the court and off the court with all of his community involvement. Brian is a truly unique person, and I am glad not only to have spent these four years as his teammate, but to be able to call him one of my best friends moving forward.”

Jason Morrell
By Daniel Turk '15
“I have thoroughly enjoyed working with Jason as he has helped his fellow students in the Finance Department develop their own path toward their career. He has always been able to lend a helping hand and led by example to portray the qualities that embody a true Forester leader. I personally look forward to watching Jason excel after he graduates from Lake Forest College.”

Kimberly Newell
By Arlyn Bateman '16
“Kim is one of those people that will beht equisicest to take you up under their wing. She truly has a gift for spotting the capabilities of others around her, bringing that to their attention, and connecting them with the correct people to make a difference on this campus. For this, I am so happy and blessed to have met Kim! Another thing to make note of is how she essentially has grown SPARK from a beginning “baby” organization into what it is now. Through her SPARK presidency, her involvement in the Alpha Phi sorority, and the many individuals that she has come into contact with, she has definitely made a profound impact on Lake Forest College.”

Katherine Bentley
Student Body President 2013-2014
By Libby Lakeman '16
“For those of you at Lake Forest who don’t know Katherine Bentley, you have missed your chance to get to know an amazing leader and make an amazing friend. Throughout her tie here, she has held so many important leadership positions, such as being Student Body President, and she has held them all with a sense of modesty and integrity that is hard to find. She kept the interest of the organization in mind and worked tirelessly to better the lives of the students here at Lake Forest. The changes she has implemented in her time at Lake Forest will stand for years to come. Seeing all of the positive changes she has created in her four years gives me hope for all she can do in the future. Her tenacity and confidence will serve her well, and I cannot wait to see all that she is able to accomplish.”

Lauren Sanford
Female Recipient of the 2015 Oppenheimer Award
By Joshua Kim '17
“With so many wonderfully accomplished female individuals in the Lake Forest College Class of 2015, it is hard to imagine how they could narrow it down to select the female recipient of this year’s Oppenheimer Award. Standing out from the rest is something that has defined Lauren’s four years at Lake Forest College. She started college at the tender age of 16 and will be graduating at the age of 20. But perhaps what is more impressive than her precocious qualities is the fact that through it all is her humility and kind spirit. Having known Lauren since my freshman year has really enhanced my experience at Lake Forest College. She started the pep band here at LFC, she was an integral part of the Tri Delta sorority, and had an unmatched work ethic during her time working for the Stentor. I couldn’t be happier for all her successes and will miss her dearly, but I know her successes at Lake Forest College mark just the beginning of the many remarkable things coming her way.”

Samuel Herrmann
Male Recipient of the 2015 Oppenheimer Award
By Joshua Kim '17
“Coming in as a freshman for orientation last school year, I was terrified to be in college. In my mind, I was just going to go to classes and tennis practice and try and get by. But lucky for me, I had a Forester guide that changed all that. I could not have asked for a better one than Sam Herrmann. He’s the kind of role model I needed entering college, and I looked up to him right away. He did all these amazing things like playing on a national championship winning hand-ball team and being a senator in Student Government. I owe all of my successes to Sam because I wouldn’t have dared to try half of the things I do on campus if it weren’t for him. Sam was also a founding father for our fraternity Alpha Tau Omega, and I couldn’t be more honored to follow in his footsteps as Secretary. Sam has been an amazing friend, mentor, and brother, and I owe him my eternal gratitude for all that he’s done for the LFC community. Although I am very sad to have to say goodbye to Sam, I am so proud of all that he’s accomplished at Lake Forest College, and I just cannot wait to see what the future has in store for him. If it’s anything like his four years at Lake Forest College, Sam Herrmann is going to be a name the world will have to know.”
Lake Forest College strives to be clean in a filthy world

BRANDYN AUSICH ’16
PUBLIC RELATIONS OFFICER
ausichb@lakeforest.edu

Froiland echoes the complaints of many students on campus.
“Our school needs to divest from oil companies and unsustainable/ unethical food companies, such as Monsanto,” Froiland said. “Our school is in a contract with Aramark, a large international corporation with a commitment to supporting non-sustainable agriculture, and also students readily support corporations at the Pod quads, and many feel it is easier to throw away something that is recyclable out of convenience rather than carry the item to the nearest recycling bin.

“I recycle printed paper in those blue bins in the library when I print too much or have no use for them,” said Bryanna Tartt ’16. “I also try not to print a lot in the first place, but professors want hard copies.”

Froiland recommends a recycling seminar for first year students. “I don’t think many students know how to properly recycle because I see non-recyclable things in the recycling all of the time,” he said.

Built in the 2007 renovation project, Buchanan Hall is Lake Forest’s first green, LEED-certified building. According to the College’s website, Buchanan offers “eco-friendly aspects, including preferred parking for low-emissions and fuel-efficient vehicles, water-efficient landscaping, low-VOC (Volatile Organic Compound) paints and coatings, Green Label Plus™-Certified carpet, and urea-formaldehyde-free composite wood products as well as ‘dual-flush’ toilets and doors made from sustainably-harvested trees (certified by the Forest Stewardship Council), among other environmentally-friendly elements.”

Because we are so close to nature on campus, the student body needs to make more of an effort in keeping it clean. Not only is maintaining a higher standard of environmentalism better for the environment, it makes the campus look better and students happier.

Leading the way with Lollipops

ANGELENA DALPORTO ’17
STAFF WRITER
dalportoa@lakeforest.edu

A few years ago, college leadership guru Drew Dudley gave a TED Talk about the little everyday moments that produce leadership. He talked about how we devalue those moments because we have an unreal set of expectations about true leadership. He goes on to share a story about a woman who he had a huge life impact on—and he didn’t even know it.

This woman was terrified of beginning college, but she went to registration anyway. Dudley went on to tell the students about the woman’s reaction to the woman’s story, and how the story helped change the way he thought about leadership.

Leadership by definition is the position or function of a leader, a person who guides or directs a group; the ability to lead.” While this definition may be true, I don’t believe that one must lead an entire army in order to be considered a leader. Becoming a leader starts with just one action. Successful leadership today is measured as something we all hope to gain, and to call ourselves leaders now seems

Two lollipops to the man in front of her and asks the man to give one lollipop to the girl standing behind him. After the embarrassing lollipop exchange, Dudley cracks a joke to her parents about taking candy from a stranger, and the entire crowd bursts into laughter.

At that moment, the woman felt she was right where she was supposed to be and that everything was going to be okay. It’s the little things you do that are going to stick with people. You can be the receiver of a “lollipop moment” as much as a giver. Taking the tiniest amount of time to make a fundamental change in someone’s life is enough to be considered a leader because you made a difference.

If someone has done that for you, tell them. This woman waited four years to tell Dudley about this event. Don’t wait that long. Don’t let people who have made your life better walk around without knowing it, and, hopefully, they will do the same for you.

Do not fear how extraordinary you can be. Leadership can be about changing the world and making a large impact, but it should also include the small lollipop moments we create.
ISIS: Understanding the conflict and eliminating stereotypes

KAHEEF REHMAN ’18 STAFF WRITER rehmanku@lakeforest.edu

In a very diverse and open-minded society here at Lake Forest College, we have a lot of misunderstandings, as well as curiosities, about the new phenomenon of the Islamic State of Iraq and Syria, previously known as Islamic State of Iraq and Levant (ISIL) or Islamic State (IS). The conflict caused by this group has been devastating, as they have continued expanding and taking over large areas in Iraq and Syria, while killing many innocent people. ISIL follows an extreme and fundamental interpretation of the Holy Quran and Islam, which has been condemned by top Muslim scholars worldwide. Due to their extremism, false stereotypes about Islam stem from this movement. Hence, understanding the conflict and Islam is necessary in order to differentiate and prevent harmful stereotypes.

Very recently, Student Government hosted a Talks Talk about the ISIS Conflict, with Associate Professor and Chair of Politics and Chair of International Relations James Stentor. Stentor proceeded to kill Hiranyakashipu. Soon after, Vishnu appeared and flew from Holika and wrapped a people. This change would better honor the memory of Ry McCarthy, a great twist of fate, the cloak that made her immune to fire. In on a pyre while she wore a cloak, the King’s son, Prahlada, refused to worship his father and remained faithful to Vishnu. Vishnu’s evil affidavit it has undergone in and not stain her name with the absorptions, absolution, an n affirmation of the power of good over evil. The night before Holi, massive bonfires are lit and people sing and dance in order to commemorate the burning of Holika. The follow day, young people spray Gulal (colored power solutions) at each other and eliminate misunderstandings. The conflict with ISIS, the attacks on 9/11, the recent shooting in Paris, and many similar tragedies have contributed to this stereotype. “Islam promotes tolerance, peace, and coexistence of all different kinds of people; when you kill one innocent human being, it is as if you have killed an entire human race,” said Adil Hussain ’16, president of the Muslim Student Association. No of other religions, beliefs, or practices. The conflict with ISIS, the attacks, the West. Culture is not something that can be divorced from a people, and conveniently used out of context by others. We encourage every student should ask himself or herself: What must be done to end stereotypes, educate ourselves, and embrace the diversity in our community? Chi Nguyen ’15 suggests “taking the initiative to get to know our fellow members in our community and their beliefs/culture, and embracing differences” as the way to eliminate misunderstandings.

The Muslim Student Association consists of more than 20 active members and aims to spread awareness of Muslims and eliminate Islamophobia in our diverse community. The club is open to everyone, both Muslims and non-Muslims. A “Get to Know MSA” event on April 18 discussed the life of Muslim students on campus. This was a perfect opportunity to learn how Muslims play a role in our community at Lake Forest College, as well as stop stereotypes. The group meets at 5 p.m. every Wednesday in Pierson Rooms and has many events throughout the semester. Our campus provides plenty of opportunities for embracing diverse groups of people and eliminating misunderstandings, which we as students should better utilize.

The world is not your oyster: Why color runs have no place at Lake Forest College

KAYLA HUBER ’16 STAFF WRITER huberka@lakeforest.edu

O n April 14, the Department of Athletics sponsored the annual Ry’s Run, a 5K held in honor of Ry McCarthy ’10, a goalie on the women’s hockey team who lost her battle with cancer in 2009. While the goal of the event is admirable—affirmation it has undergone in and not stain her name with the absorptions, absolution, an n affirmation of the power of good over evil. The night before Holi, massive bonfires are lit and people sing and dance in order to commemorate the burning of Holika. The follow day, young people spray Gulal (colored power solutions) at each other and adults smear Abir (dry colored powder) on each other’s faces. We hope to have enlightened you on the origins of Holi, its cultural and religious significance to South Asians, and the deplorable appropriation it has undergone in the West. Culture is not something that can be divorced from a people, and conveniently used out of context by others. We encourage every student should ask himself or herself: What must be done to end stereotypes, educate ourselves, and embrace the diversity in our community? Chi Nguyen ’15 suggests “taking the initiative to get to know our fellow members in our community and their beliefs/culture, and embracing differences” as the way to eliminate misunderstandings.

The Muslim Student Association consists of more than 20 active members and aims to spread awareness of Muslims and eliminate Islamophobia in our diverse community. The club is open to everyone, both Muslims and non-Muslims. A “Get to Know MSA” event on April 18 discussed the life of Muslim students on campus. This was a perfect opportunity to learn how Muslims play a role in our community at Lake Forest College, as well as stop stereotypes. The group meets at 5 p.m. every Wednesday in Pierson Rooms and has many events throughout the semester. Our campus provides plenty of opportunities for embracing diverse groups of people and eliminating misunderstandings, which we as students should better utilize.

The fact that many readers will find our arguments too petty and irrelevant is only evidence of how much a significant religious event has been mangled beyond recognition. Color runs are a white-washed extrapolation of cultural and religious significance. Color runs are a color run, nor are they entitled to do so.

The Muslim Student Association consists of more than 20 active members and aims to spread awareness of Muslims and eliminate Islamophobia in our diverse community. The club is open to everyone, both Muslims and non-Muslims. A “Get to Know MSA” event on April 18 discussed the life of Muslim students on campus. This was a perfect opportunity to learn how Muslims play a role in our community at Lake Forest College, as well as stop stereotypes. The group meets at 5 p.m. every Wednesday in Pierson Rooms and has many events throughout the semester. Our campus provides plenty of opportunities for embracing diverse groups of people and eliminating misunderstandings, which we as students should better utilize.
All you need to know about Chicago summer music festivals

Chicago is a prime place to be this summer if you want to attend some fantastic music festivals. There are tons of events where local musicians perform as well as numerous opportunities to see your favorite superstars.

The 20th annual Mayfest kicks off the Chicago’s festival season on Friday, May 15. The three-day celebration brings some of the best local bands and cuisine to the city’s Lakeview neighborhood. For animal lovers, there will be a pet pageant and expo during the festival. Mayfest is held under a huge tent, rain or shine, and ends Sunday, May 17. There is a $10 admission fee.

Another showcase of local music is the Belmont-Sheffield Music Festival. Located just a few steps from the Redline Belmont stop, the event showcases some of Chicago’s best tribute bands. The festival begins Saturday, May 23 and ends Sunday, May 24. A $5 donation will be requested at the gate.

The 30th annual Chicago Gospel Music Festival begins Friday, May 29 in Millennium Park. The free event features three stages throughout the heart of downtown, the bulk of the performances taking place at the beautiful Jay Pritzker Pavilion. The 57th Street Art Fair is a wonderful event to hear local reggae and jazz musicians, while also viewing local artwork. This free fair in the heart of the Hyde Park neighborhood begins on Saturday, June 6 and ends on Sunday, June 7.

The Grant Park Music Festival starts its 10-week series of classical concerts on Wednesday, June 17 and continues every Wednesday, Friday, and Saturday through August 22. The concerts take place at the Pritzker Pavilion in Millennium Park. Make Music Chicago is a free citywide event that takes place at 40 different sites in Chicago. It includes over 1,000 musicians who will be celebrating the universal ability to make music. It takes place Sunday, June 21. For more information visit rushhour.org.

On Saturday, June 28, Old St Patrick’s Church hosts the 30th annual World’s Largest Block Party. The festival is known as a premier summer event in the city and is for 21-year-olds and up.

On Friday, July 3, the African/Caribbean International Festival of Life begins in Union Park. You can enjoy great food, arts, and over 70 acts featuring reggae, African, Latin, Caribbean, rock, R&B, and gospel entertainers. The event ends Sunday, July 5 and admission begins at $15.

On Saturday, July 4, Jackson Park hosts the Chose Few Picnic. This annual Chicago house music festival attracts “house heads” from all over the world to Chicago’s south side. For more information visit chosenfewdjs.com.

The Taste of Chicago not only has about 100 local restaurants for visitors to sample, but also some great musicians. The free event begins on Wednesday, July 8 in Grant Park and has previously had artists such as Passion Pit, Chaka Khan, Stevie Wonder, and Death Cab for a Cutie.

One of Chicago’s most famous summer events is the Pitchfork Music Festival. The event is the weekend of Friday, July 17 in Union Park. Local rappers Chance the Rapper and Vic Mensa will grace stages along with artists like Mac Demarco, Jamie XX, and ASAP Ferg. Three-day passes are $150, while single-day passes are $65 each. Tickets and the full lineup can be found on the Pitchfork website.

On Saturday, July 25 and Sunday, July 26, Wicker Park will host the neighborhood’s annual festival on Milwaukee Avenue. The event usually attracts thousands of visitors to view local bands, food, and crafts.

Chicago’s biggest music festival is Lollapalooza in Grant Park. It begins Friday, July 31 and ends Sunday, August 2. The event attracts people from all over the world to watch their favorite artists perform.

This year’s lineup includes Paul McCartney, Florence + the Machine, Kid Cudi, Tyler the Creator, FKA Twigs, Brand New and many more. While all tickets have sold out for the festival, you can find many reasonably priced tickets on sites like StubHub.

You’ll regret not saying ‘Yes!’ to No, No, Nanette

ASHLEY LAMARRE ‘18  
STAFF WRITER  
lamarrea@lakeforest.edu

Friday April 10th the Lake Forest College Music Department performed the musical No, No, Nanette directed by Kathleen van de Graff (music), Nicholas Wallin (orchestra), and Melissa Grady (chorus) at First Presbyterian Church of Lake Forest.

The musical followed the life of a successful Bible publisher named Jimmy Smith, played by Carlos Esturain, who, on his many travels regarding his business, finds himself becoming the sugar daddy for three needy single women. Though he doesn’t engage in any physical contact with Betty Brown, played by Lily Collins ’18, Flora Lathan, played by Hannah Speck ’15, or Winnie Winslow, played by April Tosado ’16, he definitely provides them with enough money to keep them happy. Wanting to make everyone happy wouldn’t be such a crime if Jimmy wasn’t married to his unsuspecting wife Sue Smith, played by Shelby Homiston ’17.

Jimmy also has a niece named Nanette, played by Valerie Perron ’15, who feels that she’s in the prime of her life. Despite her relationship with Tom Trainor, played by Robin Knickerbocker ’17, who is ready to propose and settle down, Nanette wants to go out with her favorite girls to Atlantic City for a fun-filled weekend. Uncle Jimmy accompanies her along with the comedic house maid Pauline, played by Medora Sweet ’17.

While Nanette is enjoying her youth, Uncle Jimmy and his lawyers are trying to pay off the three single women he’s been “sponsoring” to protect his marriage, all the while incriminating his lawyer Billy Early, played by Alex Steele ’15, as the suspicious husband, which then threatens his marriage to wife Lucille Early, played by Sam Kaser ’15.

This musical not only featured the beautiful voices of the actors but some of the voices from the Lake Forest College Choir and the violin, bass, drums, cello, and piano of the Lake Forest College Orchestra. Being set in the 1920s, the musical bridged the audience age gap with laughter when insults like “then you can go fly a kite” were thrown at one another.

I was able to catch one of Jimmy’s mistresses, Betty Brown from Boston, and when asked how she enjoyed playing the sassy mistress, she responded, “It was great. It’s one of the reasons why I love doing theater. You get to behave in ways you wouldn’t in real life.”

I followed up by asking if she isn’t a sassy side mistress in real life, and she laughed and said, “Well, I’m not a side mistress, but I sure am sassy.”

To see more talent from both the music and theater department, catch next year’s Lake Forest College fall production of Gilbert and Sullivan’s H.M.S. Pinafore directed by Geoff Button.
End of the Semester Article: The most stressful time of the year has arrived; however, don’t let the stress of these last few weeks keep you from staying involved in upcoming activities and enjoying the warm, spring weather.

With finals quickly approaching, it becomes quite easy to fall apart emotionally (and physically). It has been proven that study-breaks are a good way of letting your brain rest and allow for better focus. Therefore, Lake Forest College suggests giving your brain well-needed breaks by attending the numerous events and activities occurring on campus during these last few weeks of the semester.

Spring weekend events began on Friday, April 17 with Lake Forest College’s ninth annual Relay for Life. “Cancer doesn’t sleep, and neither do we,” was the rallying cry. Relay for Life gathered students, staff, and faculty for an overnight fight against cancer from 6 p.m. to 6 a.m.

On Saturday, April 18 at 4:30 p.m., the International Student Organization hosted Holi, an ancient Indian religious festival. As a tradition, ISO brings the idea of “togetherness and the color of everyday life” to Lake Forest College. With washable natural colors, students enjoyed an afternoon of fun and amusement with friends in this celebration on the campus’ middle quad.

The College welcomed back Jen Kober for a night full of comedy on April 18 at 10:30 p.m. Kober performed her own mixture of stand-up, storytelling, and rock-and-roll comedy. She has made special guest appearances on the TV series The Middle, Anger Management, and The Mindy Project. This was her second year performing at Lake Forest College. Many students took a break from countless hours of studying to attend her hour of hilarity on Saturday night.

To end the semester, SPARK will be hosting Spring Thing all day on Saturday, April 25. Celebrate the end of the semester with friends and peers.

Although there will be countless opportunities to give your brain the well-deserved breaks it needs, good study habits will also provide you with the focus and motivation to complete the semester with a bang.

Take time to form a study group with your classmates, eat healthier meals, and give your body the sleep it needs, even when an “all-nighter” seems to be the only option. Of course, finals always come paired with a good cup of coffee…or maybe a few.

Finals are quickly approaching and students should make sure to take a break from studying and attend the end-of-the-semester events.

We’re almost there!

Sufjan Stevens’ long-awaited album, ‘Carrie and Lowell,’ released

Sufjan Stevens’ long-awaited album, Carrie and Lowell, was released on March, 30, 2015, becoming his largest debut yet with over 53,000 albums sold.

The 39 year-old indie folk artist and Midwest native is dropping jaws with this release.

This album was highly anticipated due to Stevens’ style deviation, which took place after 2009’s Run Rabbit Run. In “All Delighted People” and more notably “Age of Adz” Sufjan takes an electronic turn, losing his acoustic intimacy his listeners had grown to cherish. Carrie and Lowell was rumored (before its release) to return Stevens to his original style as seen in albums such as 2003’s Michigan, 2004’s Seven Swans, and 2005’s Illinois.

Carrie and Lowell, named for his parents, is quite possibly Steven’s most honest and intimate record he’s shared with us yet.

Stripped of everything but a beating heart and guitar, Stevens examines his childhood, his family, and death therein. Carrie and Lowell is evidently a cathartic release for Stevens and his damaging and chaotic young life.

Despite the tragically vulnerable form he takes in this album, Stevens manages to maintain a sweet, lighthearted, nostalgic sound throughout each track. He guides us through each painful memory with a silver lining, noting the light at the end of the tunnel in every woeful confession.

For example, in “No Shade in the Shadow of the Cross,” Stevens admits to defeat, loss, and confusion in one colloquial phrase that gives him humanity: “Fuck me, I’m falling apart.” Surrounded by poetic metaphors and profound contemplation, this one phrase will both tear your heart in half and keep you listening to Carrie and Lowell, out of simultaneous senses of curiosity and understanding.

Carrie and Lowell is a battleground of Stevens’ memories, good and bad. It represents complex matters of humanity through his confrontation with reality, God, life, and death. Sufjan Stevens is currently touring this recently released diamond of an album, and he will be stopping by Chicago Theatre on April 24 and 25.

On May 4, Mumford and Sons will finally be releasing their third album, and they are ready for a change. Mumford and Sons quickly established a specific sound for themselves, while maintaining both popularity and authenticity in their music. In their case, it was done circa 2009 on Sigh No More with numerous string instruments paired with harmonious “aaaaahhhhh’s.”

However, upon the announcement of the upcoming album Wilder Mind, the band confirmed that they will be moving on from their trademarked acoustic sound. They want to evolve as artists and reach their full potential; this is done by pushing limits and trying new styles.

As a fan and bluegrass enthusiast, I worried for the integrity of this new album. I have always been drawn to them for their unique, acoustic, and raw-talent sound. The idea of a change scared me. Mumford’s newly released singles are “Believe,” which topped charts for weeks, and “The Wolf,” performed on Saturday Night Live on April 12, 2015. Based off of these two released songs, the band has done a surprisingly remarkable job maintaining their authenticity as artists with the use of mostly electronic instruments.

They have successfully proven themselves to be versatile artists, with Marcus Mumford as the lyrical backbone of the group. The two released singles mark Mumford and Sons to be evolved and multitalented artists and their new album, Wilder Mind, should only hold ample proof.
Senior 25 results cause increase of Mood Disorder Symptoms among junior class

CAMILLE LEMIEUX '17
MANAGING EDITOR
lemieuxcn@lakeforest.edu

A fter the winners of Senior 25 were released in mid-April, the junior class began to show signs of severe distress, guilt, and annoyance at the list of recipients.

“I went to Counseling Services to help me through a difficult time after I found out I had not been chosen for Senior 25. It was a real blow to my confidence because I heard I can’t get a job after graduating without it,” a junior said. “I’ll be graduating with a Self-Designed Major, which is fun and all, but I was counting on Senior 25 to make me look like I did something worthwhile.”

While the Health & Wellness staff refused to comment on the type or frequency of patients who came in for appointments earlier this month for Senior 25-related conditions, a student staff writer camped out in the Ladies Room to investigate the premises. The investigation uncovered that of the 80-plus applicants for next year’s class of Senior 25, 67 of them walked by or inside of the Health & Wellness Center, including students who won the award.

Senior 25, one of the most heralded awards at Lake Forest College, is given to student leaders who have “positively contributed to the quality of life in the Lake Forest College community through their service, commitment, and achievements,” as stated on the College website. Due to the competitive selection process, many students become emotionally invested in the result, whether they are chosen or not.

“It’s not that I’m not grateful for this incredible distinction,” another junior said. “I am honored to be a member of this group, but I feel bad for some of my friends who didn’t make it there with me. Now my picture will hang next to some acquaintance I said ‘hi’ to maybe, like, twice in four years, instead of my best friend.”

While interviewing for this article, three students burst into tears at one point during the interview. One student, after crumbling a Leadership Awards Ceremony flier in his fist, declared he would “fight the power,” and never nominate anyone for anything again.

Other students turned to social media to express their anger at not receiving the award. Yik Yak posters mention the irrelevance of Senior 25 after graduation, the belief that Senior 25 is a contest to see who the Gate’s Center staff likes. Alternative views on the matter reveal themselves in posts such as, “shut up about Senior 25 already!” and “I nominate squirrels #lfcrevolution2015.”

Senior 25 is the crux of both the most positive and negative sentiments second-semester juniors have about Lake Forest College. Petitions to dispose of the award have begun to circulate among the upperclassmen. However, alongside these petitions are other petitions to create a Senior 30 and a Junior 15.

As finals roll around, one student believes moods will return to normal and that the issue will blow over. A senior politics major said, “People should be more worried about the exam they want to pass, not the award they missed out on three weeks ago.”

---

Starbucks coming to Lake Forest College

BRANDYN AUSICH '16
STAFF WRITER
ausichbk@lakeforest.edu

The rumors are true: Starbucks is coming to campus. The contract to bring the multi-billion dollar franchise to campus was signed on April 1. The café will be added onto the new Johnson Science Building, on the first floor. Students will have the ability to make purchases using flex dollars and the location will be open Monday through Saturday.

Following the mounting complaints about the lack of quality and accessibility of coffee on campus, Lake Forest has signed a $4 million contract with Starbucks to build what is to be the social hub of the campus for years to come. Included in the cost is a coffee truck that will be stalking caffeine-deprived students around campus.

Starbucks will be adding a special drink, Irish coffee, which will only be available to students over 21. The drink will be called “Boomer Pick Me Up,” with Baileys Irish Cream and Irish whiskey.

An added benefit to the campus will be Starbucks’ College Achievement Plan, joining Arizona State University in its partnership. Starbucks is offering benefits (part- and full-time) to eligible U.S. employees along with the opportunity to receive four years of 100 percent tuition coverage in order to earn a bachelor’s degree. Participants may choose from seven undergraduate degree programs at Lake Forest College. Student workers are excited about the potential for new jobs on campus and are looking forward to its opening in the fall. The restaurant will be creating approximately 15 new jobs on campus. Any students interested in this opportunity should apply on the Starbucks website.

“Of course I’m excited!! Then I won’t have to walk into town every time I want a latte,” said April Tosado ’16. The coffee addiction on this campus is so real.

A small addition to the restaurant will be a tastefully sized 24/7 recreation room. Current plans include an air hockey table, new game systems, as well as a multi-media entertainment center. This area will be used as a hip, new hangout space, and students will be able to rent it out for parties and activities.

This new space is expected to have its ribbon-cutting ceremony in the fall with the return of students. Planning for the grand opening is still in the works.

Unfortunately, because of the added costs of this deal, tuition will see a 35 percent increase starting next year. Several students have vocalized concern about this, but the Lake Forest College administration has pinky sworn, as well as crossed their hearts and hoped to die, that the added cost for Starbucks will be totally worth it.
Campus’ new hangout: the library

**NSIKA MINTJENS ’15 STAFF WRITER mintjens@lakeforest.edu**

Upon entering the library, you are taken to the hotspot of Lake Forest College, like the mall where all the cool kids hang out. To your left is the Cyber Café, which offers hot drinks and caffeine to help you stay awake, with your checked-out books splashed before you, trying to keep up with the conversation about how much studying you have yet to get done. Walk a little further, and you’ll find the 24-hour computer lab, with its notorious, mediocre Internet connection. This is the best place to catch up with your YouTube subscriptions and Netflix dramas. If that isn’t your cup of tea, then fear not: just plug in your headphones and simply be entertained by the conversations at a nearby table about what happened last night in Moore when so-and-so got a little too “turnt up.” What’s more, someone new always shows up and adds an extra detail to the night’s recap. Just stay there long enough, tap really loudly on the keyboard (so they know you aren’t eavesdropping), and you will have a full story in about three hours.

If that isn’t your scene, don’t worry! You can go to the area behind the circulation desk, where you did the obligatory checkout of the book for the class you already know you’ll be skipping tomorrow. This is the perfect time to check what the scores were for the basketball game that you missed last weekend. You want an entire visual of the game, so it is imperative that the whole team is together for a multi-dimensional account of every second. Make sure at least three people are standing and meditating the story to give everyone a chance to speak. It’s all about teamwork.

With that out of the way, you now need a place to do your own thing. There are a few choices at this point. You could: A) Go to one of the computer labs, where you can creep on your crush while they browse Imager; B) Go to the basement and maybe get lost; or C) If you want to spice it up a bit, you might use the basement study room to try that one thing to get everything out of your system.

You think about it for a second while sharing a coffee with a newfound friend, and you decide on a study room on the second floor (after all, it does have the best view). Up there, you are the king of the world and everyone will literally be looking up to you. So you go upstairs, get in the room, and set your stuff down. You grab your phone and text your friends that you got a room. When the troop has gathered, you make the final preparations. It is finally time to tell everyone everything that happened this weekend and start planning for the next.

Brutal fight breaks out over avocado in the POD

**ASHLEY LAMARRE ’18 STAFF WRITER lamarreaj@lakeforest.edu**

On one late, thirsty Thursday night, two female Lake Forest College students fought over the last avocado in the POD, while other students watched in horror.

Whether the fight broke out as a result of alcohol consumption on “Thirsty Thursday” or if it was just a coincidence that this sloppy conflict occurred might never be known. Due to a request for privacy (as if this were Yik Yak) and the deliberation of Conduct Board on a proper disciplinary action, the students involved will remain unidentified. Therefore, I will refer to those involved as “Jane Doe” and “Janette Doe.”

It began with Jane Doe entering the POD yelling about how her pores were “more clogged than a communal shower drain.” She bragged to her friends that she had discovered a solution to her facial dilemma, an avocado mask recipe on Pinterest that guaranteed to not only clear her pores, but also give her that bright and shining 10-year-old face again.

Almost simultaneously, Janette Doe was boasting to her friends about this new avocado diet she found by following a fitness guru on Instagram (if you’re curious, this diet includes eating at LEAST one avocado for breakfast, lunch and dinner drizzled in honey and extra virgin olive oil). This diet guaranteed a 20-pound weight loss for that ultimate summer-time bod that Janette Doe was aching for. So, rather than going to the gym, she had to have her avocado dinner.

You can imagine the crabiness of someone running on solely avocados, honey, and oil.

Once their hands touched and their eyes locked, the two fanned out and proceeded to throw every item in proximity at each other. From the precious Ben & Jerry’s, to glass Tostitos Dip jars, the POD was in disarray, the cashier having no choice but to run to Public Safety for help. By the time the officers arrived at the scene, everything was broken and sliding off the walls – everything except the beloved avocado.

Conduct Board is considering a just punishment for the girls, such as making them sit and watch as their oily fruit is chucked into the ravine.

An alternate also being considered is designating them as “Flex-Daddies” for the rest of the semester, aiding any student running low on Flex Dollars. Look out for two girls outside the POD wearing signs stating, “I will never fight over another avocado again, but I will be your Flex-Daddy.”
New sleep system ensures perfect attendance and grades

JYOTHIS JAMES ’16
STAFF WRITER
jamesj@lakeforest.edu

A morning class is a commitment for many students. It requires preparing your assignments the day before, a consistent bedtime, and avoiding caffeine a few hours before sleep. The practicality of this method, however, is paradoxical, because a college student, by nature, is attracted to a continuous state of procrastination, and the bragging rights he or she gains from pulling serial “all-nighters.”

Thankfully, the night owls of the Calvin Durand Hall, colloquially called the “Wood Lounge,” have devised an ingenious method to enjoy their favorite pastime of procrastination while ensuring perfect class attendance and grades. Samantha Miller ’17, a neuroscience and chemistry double major, describes her sleeping experience before her encounter with the ways of the Wood Lounge: “I was once a believer in napping to make up for my erratic sleep schedule. But we all know how that works. You go to bed, set 15 or so alarms on your phone in the hopes of waking up, but every attempt ends in the predictably disastrous way.

“By the fifth alarm, you have thrown your phone across the room, at which point it shatters and stops ringing, or you have somehow managed to unlock your phone and turn off each back-up alarm. And before you know it, you have slept through all your morning classes, and wake up in a panic just in time for lunch.”

Miller outlines what she calls the “sleep-cycle symbiosis” that helps the Wood Loungers master the art of procrastination, sleep-deprivation, excellent GPAs, and perfect attendance. When the POD closes at 2 a.m. and there is no other place for the Wood Loungers to wander off, they grudgingly migrate back to their assignments. With no other source of distraction, they resort to taking naps as the final straw to avoid finishing the last page of their paper or reading the final section of their textbook. As Miller honestly described it, a responsible nap is unheard of. To compensate and counteract this barrier, each student begins “sleep-cycle symbiosis” by identifying another fellow procrastinator and invites them into a symbiotic relationship to be their personal alarm clock.

The first student takes their 30 minutes on the infamous tattered wood lounge couches, at the end of which their sleep-partner wakes them up and they exchange roles. This cycle continues until the assignment is done, or until the cafeteria opens at 7 a.m. and the students can refuel for class and another day of procrastination.

“It is a miracle that they keep up so well socially and academically,” Miller said. “But I think they have it figured out.”

The symptoms of this cycle include eye-bags, irritability, loss of coordination, and sleep attacks during class. However, the success of this method is undeniable.

When the Wood Lounge is unavailable due to Speed Networking, Open House, or some other unexpected event, the Wood Loungers migrate to the first floor of the library where they share the gospel of the sleep-cycle symbiosis to the rest of the student body by example.

Letter from the Editor

Dear Foresters,

This spring semester, the Stentor has changed from a dying newspaper to one that many of you now read regularly. The Stentor staff and I were able to turn this newspaper around because we believed in its potential.

We believed that you deserve a newspaper that serves as your voice, and we set out to make that happen. Here at the Stentor, we welcome innovative ideas, support your creativity, and not only try, but actually succeed, in implementing ideas. I originally thought it’d be impossible to pay our student writers and editors, but with some hard work and support from our adviser and the Business Office, we were able to start offering compensation.

We weren’t sure if we could deliver the newspapers to every dorm on campus, but the Office of Residence Life backed our vision and soon enough, we began to slip a copy of the paper under each of the 600 doors in the residence halls.

And finally, I wasn’t even certain if you would read these newspapers despite all of our efforts, but you did.

The Stentor’s headlines sparked so many conversations in the Caf and on social media this semester. Seeing Foresters pick up the newspaper is all we wanted out of this. You made all of our efforts worth it.

We cannot thank you enough for being a part of the Stentor’s team. You’re on our team if you read the paper, write for it, edit, take photos, sell ads, etc.

We will continue producing great work for all of you to enjoy next year. If you’d like to write, edit, or get more involved with the paper, send us an e-mail. There will be leadership positions opening in the fall.

Sincerely,

Jessica Chang ’16
Editor-in-Chief
editor@lakeforest.edu
Are ‘team-only’ tables too high school?

JESSICA CHANG ’16  
EDITOR-IN-CHANG  
changj@lakeforest.edu

T he Caf has plenty of tables to sit at, but a few of the tables seem to be designated for members of certain sports teams. Students have observed that the Caf has a table for football players, a table for the men’s soccer team, a table for the swim team, as well as a few more team-designated tables.

“I remember the time that I accidentally sat at the cross country table the first semester of my freshman year,” said a sophomore majoring in English. “I had no idea that the cross country team usually sits there, so when a group of them showed up and seemed very surprised and annoyed to find me sitting there, I felt pretty awkward. I never made the mistake of taking their table again.”

While the best athletes aren’t officially designated for any one group, it can still be uncomfortable to eat your lunch there if you are not on that team.

“Sitting at the football table with a few of my friends was an awkward rookie mistake I once made. It’s not like the football players will kick you out, but they will give you a look before walking away,” said a junior, reflecting upon his freshman year.

“I wish there weren’t team tables in the Caf. We should be comfortable to sit wherever we’d like. The football table, [which is in front of the brick wall divider and faces the buffet and food lines], is just such a convenient spot to eat and run during the busy lunch hour. I want to be able to sit there without feeling awkward,” the junior continued.

Some Foresters, like the junior commenting on the table of football players, are not fans of the team-designated tables. Others, including both students who sit at those unofficial team tables and non-athletes, disagree with the junior.

“I can see why the sports teams tables exist in the Caf,” said a member of the cross country team who often sits at one of the team-designated tables. “Some teammates are good friends with each other and just want to eat at the same spot, and so you can easily find each other.

“The only reason you'd get a weird look if [you are not a member of the sport team and] you sit at a team’s table is because humans are creatures of habit. There’s nothing rude about that,” the cross country runner said. The Caf has plenty of tables.

Some are just habitually occupied by certain athletes. Since Lake Forest has fewer than 1,600 students, some features of the College can be reminiscent of high school, including the unofficial team Caf tables and the fact that many students know each other.

With about 420 varsity athletes on campus, one in four Lake Forest students are on a sports team. It’ll be interesting to see if the trend of sitting at an unofficial team table continues through the years or not.

Forester Field of Dreams: Should the college bring baseball back to campus?

KYRA VIDAS ’18  
STAFF WRITER  
vidask@lakeforest.edu

M any people have wondered why baseball is not a varsity sport at Lake Forest. Actually, baseball was the first varsity sport at the College in the late 1890s. During both world wars, there was an elimination of varsity sports. However, baseball continued at the College until the early 1970s.

It died out because there was great pressure for fielding a lacrosse team. Coach Michael Dau ’58, who coached the baseball team in the 1960s, argued against having a lacrosse team, not because he opposed the sport, but because there were no Division III schools to play against east of Pennsylvania. Although Dau argued against a lacrosse team, it became a varsity sport.

“(Losing baseball) was always a great personal loss for me because it impacted recruiting,” Dau said. “On my baseball team, I had about 20 guys, probably seven or eight dual-sport athletes. I realize today everyone likes to participate in one sport, but that was not true in the ‘60s and ‘70s. I lost a lot of potential football players because we did not have baseball.”

In the ’60s, baseball was played on Farwell Field before there was artificial turf. The climate often affected the schedule due to terrible spring weather. “There were several instances when we opened up the season, there was snow on the edges of the outfield,” Dau said.

“Weather will always force changes to a baseball schedule. Most schools in the Midwest Conference are ‘lucky enough to get the amount of games they play in because of the weather. God bless the softball team to play in any weather except the heavy rain,” Dau said.

Growing up playing baseball for 13 years, Brendan Power ’17 said he would “love it if the College were to bring baseball back. I consistently encounter other students who also wish we still had a team. If the opportunity arose, I would start a club team in a heartbeat. A baseball team would receive a lot of support from the students here.”

As Dau had many two-sport athletes on his baseball team, Power said he would “play both football and baseball at the College.”

Athletic Director Jackie Slaats said club baseball “has continued on and off during my time as athletic director, but like all club sports, sponsorship is dependent on student interest and success on student leadership and commitment..”

The last time club baseball team was four years ago.

“They ended up cancelling nearly all of their scheduled games due to a combination of poor weather or not enough players showing up for the scheduled contests,” Slaats said.

When asked if baseball should come back to the college, Slaats said she’s often asked about many sports.

“My answer is always that my opinion and those decisions are dependent on a combination of student interest, available local varsity competition, and College resources,” Slaats said. “For any sport to even be considered for elevation to varsity status, it must first have a sustained history of success as a club sport.”

As for baseball, “the club team would have to make a strong resurgence as a club sport,” she said. “But, unfortunately, there does not appear to be enough interest by current students at the College for this to happen.

If enough students are interested and committed to bringing club baseball back, Mike Raymond, Club Sports director, “would be happy to meet with them to discuss the next step,” Slaats said. Hopefully, America’s pastime can find its way back to Lake Forest College.
Lake Forest College Stentor

Saturday’s a rugby day!

AMBER CRAGHEAD ’15
STAFF WRITER
cragheadaj@lakeforest.edu

The Lake Forest College men’s and women’s club rugby teams headed to the Tournament of Champions (TOC) hosted by Northern Illinois University in Sleepy Hollow, Illinois on Saturday, April 11. The tournament included more than 20 men’s and women’s collegiate and club rugby teams from around the area, including Wisconsin, Iowa, and Indiana.

The women started out the day against the Fox Valley Vixens, a women’s club team from St. Charles, Illinois. Lake Forest dominated the match, maintaining possession of the ball for a majority of the game despite playing on a rain-soaked, puddle-ridden field that took a beating during last week’s severe rainstorms. Lake Forest won 17-0, with tries scored by Emily Simpson ’17, women’s president Kelly Knight ’15, and Courtney (Faulstick) Bateman, a 2013 alumna.

The women then received an automatic win after Southern Illinois University forfeited before moving on to face Western Iowa University. Again, the women dominated, winning 23-0 with tries scored by Knight and Amber Craghead ’15, before eventually falling in the semifinal round to County Will Morrigans Women Rugby Club. Captain Kelly Mehalek ’15 was happy with her team’s performance. “I’m happy I scored more than Joey Kropp,” Mehalek said.

A week earlier, the women’s team struggled against NIU, losing 63-5 in the home opener, but that only drove the women to push hard at the TOC. When asked how the team did April 11, Simpson said she thought it went “really well.” “We did a lot better than our first game and showed a lot of progress,” Simpson said. “We do have a lot of rookies on our team, but with having (only) one game under their belt, they showed a lot of improvement this weekend. I’m so proud of them.”

For the men, Saturday was also a great day of rugby. The men started out in a grueling battle against Illinois State University. The teams were evenly matched—so evenly matched, in fact, the final score ended in a 0-0 tie.

The men then went on to face Peoria Men’s Club, winning 31-21 before falling to Riot Men’s Club Rugby 24-14 in the semifinals.

Overall, the rugby season has been a success. “The men are working well,” men’s president Phil Rindom ’15 said. “I would’ve loved to see more guys out, but all in all it has been a good year. We have very few seniors, so I can’t wait to see what will happen in the next couple of years.” The men’s and women’s teams are coached by Head Strength and Conditioning Coach Ty Van Valkenburg ’11. “Ty is the man,” Rindom said. “He comes to our practices every time even though he has to train all of the varsity athletes. He also takes care of many of the administrative things, which lightens the load on the team presidents.”

The women, currently 3-2, were set to face University of Wisconsin Milwaukee on April 18; the men, 2-2-1, were to face DePaul University.