Perpetrator of Roberts Hall flooding yet to be found

CAITLIN BROWN '18 STAFF WRITER browne@lakeforest.edu

Fire alarms and flooding caused a rude awakening for Roberts Hall residents at approximately 2:00 a.m. on Monday, September 7, with damages to the building rumored to be near $10,000.

Weeks later, officials are no closer to finding the perpetrator, but resident Caterina Frollano ‘18 vividly remembers the incident.

“I looked down and saw all the water coming in, and I panicked because I had everything on the floor,” she said.

As a result of a burst standpipe in a second floor Roberts Hall stairwell, low water pressure caused the building’s fire alarms to activate and register with the Lake Forest Fire Department, forcing students to evacuate the building in the early hours of the morning.

The standpipes, which are located within the stairwells of each building, contain pressurized water to be released in the case of fires.

According to Director of Residence Life and Associate Dean of Student Affairs Andrew Pollom, someone intentionally removed a bolt in the pipe bracket, which caused the pipe to become dislodged and water to fall, flooding the middle stairwell.

Although the College is still looking for the perpetrator, Roberts residents are no longer faced with covering the cost of repairs to the building.

The areas most affected by the flooding were the tiling and carpeting in the stairwell, lounge, and Resident Director’s room—though the room is currently vacant—and the water pipe itself.

The cost of damages were mainly for infrastructure and clean-up due to water exposure, Dean Pollom said.

Although damage repair costs to common areas are typically divided among the residents of a building, Dean Pollom reports that students living in Roberts Hall will not be charged in this case, due to the large amount and the unusually early time of day in which the damages occurred.

According to Frollano, the damage to her room was not significant, despite her initial concern at the flooding.

“Though Frollano did not report the damage to the College, she states Residence Life was helpful in the aftermath of the flooding, offering their services to help her however they could.

Despite the damages to the building, Dean Pollom says that the incidence “could have been a lot worse.”

Now offering $10 per published article

Contact editor@lakeforest.edu for details.
Harvey Cain ’52 was born at the old Alice Home Hospital on North Campus in 1930. His family lived across from Farwell Field on Illinois Road. After graduating from Lake Forest College, Harvey went on to medical school and eventually law school.

Harvey travelled 3,000 miles from his home in Sacramento, California to Lake Forest College. He rode along Route 66 on a bicycle that could fold into a suitcase.

Harvey’s wife and children drove alongside him in an RV for the whole trip. Harvey rode an average of 40 miles per day for 2.5 months.

Zoe Maurer ’17, News Editor; asked students on their opinions of the College’s updated wifi network.

“Do you think the College’s wifi speed has improved?”

“It doesn’t seem faster. The Cisco boxes [routers in Moore Hall dorm rooms] are obnoxious.”

“Yes, sort of. It needs to improve in places.”

“It cuts out walking from the library to the student center.”

“Nope, I think it’s the same as it was last year.”

“Netflix keeps buffering.”

“It sucks. It’s just gotten worse.”

“It does seem kind of faster. I’m just outraged that [the College] took away cable.”

“I think that it’s not faster. Working in the library is annoying.”

“The LIT staff wants to hear about wifi connection issues. We usually deal with them on an individual basis. Please contact lithelp@lakeforest.edu. We have been making it a priority that everyone who comes to us gets help. We can’t solve any problems if we don’t know about them specifically.”

-LIT
Lake Forest College Stentor

Speed Networking will take place on November 5. Students must first complete a Prep Session the week of October 26 (four options available) before they attend the event. Students can sign up for a Prep Session in ForesterLink.

Alumni and friends of the College from the following businesses & organizations will be represented at the event:

- Academy for Urban School Leadership
- Advanced Resources (Agency)
- American Cancer Society
- Andean Aid
- Aon Hewitt
- AXA Advisors
- Boxless Media
- Cancer Treatment Centers of America
- CDW Merchants
- Chicago Public Schools
- Circle 8 Logistics
- Citi Group
- City of Chicago Department of Buildings
- City of Lake Forest
- City Year, Inc.
- Coyote Logistics
- Discover
- Google
- Heartland Alliance International
- Imagination.
- Keenpac
- Kellogg School of Management, Northwestern University
- Lake Forest College Health & Wellness Services/NorthShore University HealthSystem
- Mariano's
- Medical College of WI and Affiliated Hospitals
- Northwestern Mutual - McTigue Financial Group
- Rivet News Radio
- Target
- The Party Plate
- The Viti Companies
- U.S. State Department
- United States Army
- Google
- Heartland Alliance International
- Imagination.
- Keenpac
- Kellogg School of Management, Northwestern University
- Lake Forest College Health & Wellness Services/NorthShore University HealthSystem
- Mariano's
- Medical College of WI and Affiliated Hospitals
- Northwestern Mutual - McTigue Financial Group
- Rivet News Radio
- Target
- The Party Plate
- The Viti Companies
- U.S. State Department
- United States Army

The Stentor would like to thank alumni Bryce Knorr for sponsoring this issue of the college’s student-run newspaper.

Mr. Knorr wrote his first article for the Stentor 42 years ago this fall.

His generosity inspires the Stentor staff to create the best possible work for their fellow Foresters to enjoy, critique, and look forward to future issues.

See these pumpkins around the newspaper and wonder what they mean?

In the spirit of Halloween, the Stentor will be giving out a $15 Starbucks gift card to the first Lake Forest College student to post on our Facebook wall with the detailed locations of the eight spots the pumpkins are hidden throughout the newspaper.

Give us a like to follow the Stentor at www.facebook.com/stentornews.

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Professor Spotlight of the Month

Lake Forest College is always committed to show the best of the best. When it comes to athletics, academics, student life, and every other organization on campus, Foresters show the best of themselves, and faculty is not exempt from this rule. In this issue, we show you the journey of Dr. Dlabay, Professor of Economics and Business.

Interview conducted by Camille Lemieux ’17, Managing Editor

What was your first job?
My first job was delivering telephone books, and then I worked in a meat packaging house during the summer before my senior year of high school...a very motivating experience to continue my education. In college, I worked in the accounting department of an insurance agency.

What was your favorite book in college?
The Groucho Letters, a book of humorous correspondence by Groucho Marx, a comedian, who along with Steve Allen (a television personality) and my father, influenced my sense of humor.

In your free time, what activities do you place at top priority?
I serve in community service programs, including a youth ministry at a church in Waukegan and I conduct a church service at a senior home in Lindenhurst. I also serve on the boards of two international development organizations that work in Asia, Africa, and Latin America. I spend a lot of time learning about business development and microfinance in poverty-stricken areas in an effort to integrate these techniques into my teaching and to guide the organizations for which I’m a board member.

What is your most memorable class period or course that you have taught at Lake Forest College and why?
Of the more than twenty-five courses, independent studies, and tutorials I have taught at Lake Forest College, my favorite is “Capital Budgeting” because it offers a blend of economics, finance, accounting, global business, and management concepts. In addition, students participate in an array of learning experiences, including a team video project, a global company capital project proposal, and a non-profit organization analysis.

If someone were to write a biography about you, how would you describe your journey from undergraduate school to Lake Forest College to them?
Upon completing high school, college was a completely foreign concept since only one of my parents completed high school. After attending community college, I completed my Bachelor’s degree in accounting, followed by obtaining a high school teacher certification and an M.B.A. As I became more proficient in my academic pursuits, my aspirations grew and I completed a Doctoral Program in business and education. After nine years of high school teaching and two years at Illinois State University, I have been at Lake Forest since 1983.

What advice do you have for current undergraduate students?
I encourage students to take a V-I-P approach to their learning and other activities...to obtain versatility (related to academic interests and their career skillset), to take initiative in academics and other settings, and to have passion and perseverance in their pursuit of excellence. I also encourage students to realize that what may seem like an interruption in their life is often an opportunity for new learning.

10 Hacks to Keep Yourself Healthy

LUZ RODRIGUEZ ’18
STAFF WRITER
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1. Not all Caf food is good food.
   Ok, you know this. But do you actually do anything about it? Keep a balance between what you want and what you need.

2. Free time, me time.
   While you might enjoy being surrounded by people, sometimes it’s not that bad to be by yourself. Going to town, listening to music, or watching a TV show by yourself will help you decompress from the stresses of balancing college life.

3. Stay active.
   Studying requires you to stay in one place; most of the time sitting on a chair. However, taking a break every 45 minutes and going outside for a bit to get some fresh air will always keep you on track.

4. Follow a schedule.
   While not all students follow a schedule, having one will help you keep your stuff organized and will make you feel more at ease. Keep one!

5. Balance your activities.
   Don’t overload your schedule with a million things to do. From personal experience, you WILL feel overwhelmed. Find a balance between activities so that you eat and sleep will also be part of them.

   Stop. Breathe. Exhale. Did it feel good? It’s called meditation. Do it more often and you will find yourself a lot more peaceful while doing other activities.

7. Take a walk or go for a run.
   Taking walks or runs to anywhere will make you 100 times better! Either the beach, town, Lake Forest, or anywhere, walking or running should be on every-one’s schedule.

8. Sleep.
   Self-explanatory. Sleeping increases your physical, psychological, and even emotional response to everyday problems. You don’t want to be the Grunge all day, do you?

   Experiencing new things is part of the college life. Doing something you never thought you would do will keep your mental health in good shape.

10. Make lists.
    One of the best advice is to make lists. There’s nothing more satisfying than crossing things off a list. Whether it’s a bucket list or a homework one, crossing things will keep you moving forward!
LFC’s first fraternity from ‘bout 120 years ago

SECRETLY, ELEVEN MEN GATHERED INTERESTS AND DEVELOPED A PROPOSAL TO BE DIRECTED TO LAKE FOREST’S PRESIDENT TO ACCEPT THE PETITION OF FORMING THE FIRST GREEK ORGANIZATION ON CAMPUS. “THERE IS NOTHING IN LAKE FOREST UNIVERSITY’S CONSTITUTION THAT CAN PREVENT THE FORMATION OF A GREEK ORGANIZATION ON CAMPUS” DR. COULTER, MEMBER OF THE FACULTY SAID. NOT ONLY WAS HE IN FAVOR OF THE ESTABLISHMENT OF GREEK LIFE ON CAMPUS, BUT HE ALSO ACTIVELY SUPPORTED STUDENTS AND ENCOURAGED FACULTY TO RECOGNIZE IT.

IN 1895, LAKE FOREST WOULD EXPERIMENT FUNDAMENTAL CHANGES IN ITS SOCIAL STRUCTURE. ELEVEN MEN RENTED A HOUSE IN LAKE FOREST TOWN AND FOUNDED WHAT WOULD BE THE PIONEERING ORGANIZATION OF MORE TO COME. PHI PSI EPSILON WAS THE FIRST GREEK ORGANIZATION ON CAMPUS THAT WAS OFFICIALLY ESTABLISHED AT THE COLLEGE, FOLLOWED ALMOST IMMEDIATELY BY KAPPA SIGMA THE FOLLOWING YEAR.

THOUGH THERE IS VERY LITTLE INFORMATION ABOUT PHI PSI EPSILON AS A GREEK ORGANIZATION, THE IMPORTANCE OF THE GATHERING OF THESE MEN IS FAR MORE RELEVANT THAN THE SOCIETY THEY HAD CREATED. LITTLE IMPORTANCE HAD PPE IN ITSELF, THE FRATERNITY’S IMPORTANCE RELIES ON THE FACT THAT THEY HAD OPENED THE PATH FOR MORE ASSOCIATIONS, WHETHER GREEK OR NOT, ON CAMPUS. WHILE THERE WAS CONTROVERSY ABOUT THE OPENING OF A SOCIETY THAT WOULD EXCLUDE WOMEN AND WOULD FRACTIONATE STATUS QUO AMONG STUDENTS, PPE ACHIEVED RECOGNITION AND POSITIONED ITSELF TO THE LEVEL OF ZETA EPSILON, THE COLLEGE’S LITERARY SOCIETY.

TODAY, FRATERNITIES AND SORORITIES MAKE UP 20 PERCENT OF THE STUDENT POPULATION. CURRENTLY, THERE ARE THREE FRATERNITIES ON CAMPUS: ALPHA TAU OMEGA, DELTA CHI, AND LAMBDA CHI ALPHA. ALL OF THEM ARE GOVERNED BY THE INTERFRATERNITY COUNCIL. LAKE FOREST ALSO HAS FIVE SORORITIES: ALPHA PHI, DELTA DELTA DELTA, DELTA GAMMA, GAMMA PHI OMEGA, AND KAPPA ALPHA THETA.

STUDENTS CAN VISIT THE ARCHIVES AND SPECIAL COLLECTIONS DEPARTMENT AT WWW.LAKEFOREST.EDU/LIBRARY/ARCHIVES/.

Young Entrepreneurs: Students Start New Company

JACOB TRACY ’18
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TYLER ARMENTROUT ’18 and Jeremy Edelson ’18 are starting a new social media company and app for those involved in live entertainment, like concerts and sporting events.

Armentrout and Edelson were assigned a project for an entrepreneurship course taught by Professor Clemenson last spring. The pair, who knew each other before coming to Lake Forest College, developed a business plan, and as the process interested them, decided to run the project in the real world.

With the help of personal financing and connections, they began to kickstart their company.

Armentrout’s dad is in the live entertainment business and Edelson’s dad is in the arena development business.

If you, like Armentrout and Edelson, would like to put your ideas into practice, check out producthunt.com, which can help you develop your ideas, network, and take advantage of resources in college.
Trump For President? Maybe Not...

LUZ RODRIGUEZ ‘18
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Fast forward to January 20th, 2017. It was as a sad, cold day for the United States of America as Donald Trump will be taking the presidency for the next four years. Let’s pretend that this catastrophic event really occurred. I asked various people to complete the following sentence: “If Donald Trump became president...”

I have not altered any of the responses to fit my personal opinion, although I am sure that by now you know that I strongly believe Donald Trump would ruin the United States and the principles it stands for. The United States of America was created from immigrants who wanted to flee from oppression in their home country. Donald Trump plans to kick everyone out of the country.

According to Nouha Ezouhri ‘19, if Donald Trump became president “white people would live so peacefully...but only them.” His plan is to emphasize a negative atmosphere in which white supremacy exists.

Norma Vargus ‘18 went so far as to say that “he would create concentration camps” to segregate everyone. Not only would he create concentration camps, “the country’s political system would be seen as a joke” (Cesar Cardenas ’17) because his plans seem unrealistic and unattainable as far as kicking immigrants out of the country goes.

Daniela Garcia ‘17 said his unrealistic plans would “[make] the United States...go into debt. Even more than we already are” (His presidency) would cost us more money because he would either try to kick out the people who “don’t belong here” or he would try to build a bigger wall. That in itself would cost us billions of dollars.

Donald Trump’s ideas about immigrants seem completely out of line since his own wife was an illegal immigrant until she became a naturalized citizen. His presidency would be a step back from the ideals that the United States was created in.

When asked what would happen if Donald Trump became president, Professor Sadri said, “I would find out how patient I can be.” His presidency would create many more issues than the ones that already exist, creating a segregated and hateful society. He would eliminate the cultural richness and diversity that exists in American society.

My advice to all of the Lake Forest College students is not who to vote for, but to be a conscious, well informed, politically aware citizen and vote for the person that will help the country move two steps forward, not two steps back.

Freedom to Censor

BRANDYN AUSICH ’16
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To censor or not to censor, that is the question. At what point has the censorship of the Internet infringed on our right to the freedom of speech, press, and expression? When it comes to censorship, the restriction to the access of information and content can be beneficial to the whole of society. According to the Rasmussen Reports’ 2014 national survey, 61% of people oppose federal regulation of the Internet, showing that public opinion is divided fairly evenly on this matter.

As with the arrival of any new medium that enhances our ability to communicate, censorship is tailored to fit the power of the technology to disseminate information. Television, films, and videos face much more critical analysis than print media. This is because of their ability to curate much more graphic and explicit content than mere illustrations or photographs. Another reason is that the audience of a film or video holds the power to pause or rewind, and view multiple times, as well as the ability to more widely distribute the content.

The Internet allows access to a plethora of content to its users, regardless of one’s demographic. It has become a nearly infinite source of video and sound, and should therefore be regulated accordingly, because it holds the same power of content accessibility. The Internet has been used as a platform for beheadings, suicides, terrorist organization recruitments, as well as other illicit activities.

“Although the Internet should be a free art form, just as with any art, it should be regulated since it is a free, easily accessible medium that children and young adults can visit on a regular basis,” says Daniel Beintra ‘16.

By censoring adult content such as pornography on the Internet, children are far less likely to come across it. It can be argued that it is necessary to protect children from explicit and vulgar situations. Safe search filters are frequently used when a young child is using the Internet in order to ensure safe browsing. Associated with this is the production and distribution of child pornography. People are required by federal law to prevent the illegal distribution of child pornography, however, the Internet has acted as central hub for illegal and highly questionable activity. This leads to the issue of consent, without the legal ability to give consent children are put at risk of being psychologically and physically hurt.

Miko Delacruz ‘18 claims that, “The fact that the Internet is accessible to anyone these days, censorship is needed because a kid can search for random words and can come across something graphic or weird that parents don’t think they should see. It think it’s a necessity and there should be ways of blocking it. But kids are always finding ways around barriers.”

Some argue that censorship is vital to the preservation of cyber and national security. Censorship is used to maintain the secrecy and privacy of military or security secrets from foreign and domestic entities. Without censorship, anyone and everyone will be able to gain knowledge of how to create a bomb, weapons, and/or learn military grade secrets.

Arguments against censorship include that it suppresses freedoms of speech, press, and expression, and that their limitation impairs society’s ability to further its understanding of global affairs. However, the digital media, such as television, radio, and film. There are specific regulations in place to ensure the safety and wellbeing of all Internet users, and the fact that there is an opposition to censorship will guarantee that people will be watching for if it does get out of hand.

The Internet is a vast glorious place full of cat videos and flash mobs. However, the censorship of some of its more questionable elements is essential to the wellbeing and betterment of society. The relatively immediate accessibility of illicit content is a blemish on what is otherwise an benign medium. It outlines a delicate balance between freedoms granted in the United States Constitution and the sanity and safety of society as a whole.

16% of respondents support federal regulation of the Internet.” - Rasmussen Reports™

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October 21, 2015

Lake Forest College Stentor
Hello Fellow Forester,

Hopefully you're enjoying the second round of The Adventures of Adam and Steve. I began The Adventures of Adam and Steve as a social critique of life at Lake Forest College, and because we're all witness to the circus of nonsense that occasionally occurs, it isn't hard for me to explain why a comic strip seemed to be an appropriate medium for my commentary. This week's comic isn't as funny, but I think social awareness necessitates some serene moments of conscious living too. In the meantime, let's just hope Adam and Steve finally found Forester.

NET.

Sam

The Adventures of Adam and Steve, created by Samantha Miller '17, is a recurrent satirical comment about events at Lake Forest College.

Why Greek Life at Lake Forest College?

JYOTHIS JAMES '16
STAFF WRITER
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The subject of Greek Life has been riddled with controversy due to issues surrounding hazing, sexual assault, drug abuse, racial discrimination, queer-phobia, and other concerns. So why would anyone join a Greek Letter Organization? To better understand why many Foresters decide to join Sororities and Fraternities, we need to determine where problematic issues arise and review the values, traditions, and benefits Greek Life has to offer in the context of campus culture. To explain this, I will elaborate why Lake Forest College and her Greek Letter organizations are unique.

First, we need to acknowledge the different types of Greek Life experiences present on our campus. We have a service based co-ed fraternity: Alpha Phi Omega; various social sororities: Alpha Phi, Delta Delta Delta, Delta Gamma, and Kappa Alpha Theta; and three social fraternities: Alpha Tau Omega, Delta Chi, and Lambda Chi Alpha. Additionally, there are culturally-focused organizations such as Gamma Phi Omega (lakeforest.collegiatelink.net). Depending on the values of each organization, or the personality of the chapter/colony, one should be able to find a good fit.

On larger campuses, there are a variety of Greek Letter organizations catering to social, philanthropic, cultural, and other values of a student body. However, one of the problems that can arise is a greater propensity to self-segregate and homogenize on various factors including race, religion, political beliefs, socioeconomic background, and other values, depending on the social climate of the campus. This is a reflection of a normal social tendency to gravitate towards people who are similar. Therefore, I would say Greek Life is an extension of a campus culture at large. This can then self-perpetuate homogenized beliefs and may continue unpoliced, manifesting in the negative attributes seen in the media.

Lake Forest College, due to its intimate size, generally does not have the ‘luxury’ of an organization becoming monolithic in its makeup. Therefore, Greek members are led to recruit members beyond the stereotypical image of what one would expect. Unlike most other student organizations, we have members and leaders from various cultural organizations, student governance, athletic teams, academic departments, nationalities, and socioeconomic backgrounds within our membership. It is not because there is an active effort to seek diversity for diversity’s sake… instead I believe students from various backgrounds see their values represented in Greek Life and its members.

Leadership, networking opportunities, socials, tradition, and philanthropic focus are among the top reasons people join Greek Life. Considering most Greek Chapters function independently of heavy academic or administrative involvement, the members do gain strong personal and professional skills that go beyond their collegiate career. More importantly, a Greek Letter organization gives a sense of belonging. As Pulkit Diwan ‘16 puts it, "My friends in Delta Chi provided me with an extended feeling of a family. This family was able to create the fantastic experience, I am having at Lake Forest College." In my opinion, this sense of belonging coupled with a diversity of perspectives and personalities, is what helps our Greek community move past negative stereotypes, and be a rewarding experience for those who are involved.
**Movie Reviews**

**GRACE DOWLING ’16**  
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As we begin the road to December films, aka the “Golden Month of Movies,” we are beginning to see that films are increasing in quality, and therefore equate in better reviews.

The new Mission: Impossible-Rogue Nation, is just one of these examples. Typically, a movie franchise that consists of sequels will eventually run out of luck by the third or fourth. In the case of Rogue Nation, however, the film got a score of 92% on Rotten Tomatoes and performed very well at the Box Office—making it the highest grossing on opening night in the series.

The film centers on an anarchist group that becomes rogue and operates apart from any government interference. When I went to see this film on a cloudy afternoon, I was certainly expecting scenes filled with incredible special effects and stunts, and this I saw.

The special effects and stunts were out of this world. Tom Cruise was even reported to have performed several of his own stunts, which makes me have so much admiration for him.

The acting was terrific and all of the characters interacted with each other in such a persuasive way, making it so believable. Overall, I give it 3 stars.

The second film that caught my attention recently was the Adam Sandler film, Pixels. It was essentially second place at the Box Office behind Ant-Man.

Although it was not a huge box office success and was panned by critics, I enjoyed it. It was a lighthearted film and I actually laughed at many parts. Adam Sandler was not as obnoxious as he can be and it proved to be a comical film the whole family can enjoy. Moreover, the plot was entertaining.

It focused around a group of videogamers as adults who must help Earth when aliens receive video game footage in space and mistakenly view it as a threat, thus stating they will attack Earth. Although it did not do too well, I give it 2 ½ stars.

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**Music Review**

**JACOB TRACY ’18**  
STAFF WRITER  
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Mondays from 10-12pm is when DJ Young Keanu hits up the students of Lake Forest College with the many subgenres of punk music.

This young DJ is more widely known as Nate Simmons ’17, who used to be told he looked like a young Keanu Reeves from the movie Parenthood.

Nate’s show features his collection of punk music for anyone that cares to listen. He plays his show alongside his steady co-host “The Babe,” otherwise known as Maddie Weber ’16, who adds a comedy aspect to his show.

Nate does his show for himself and the artists he spotlights. Of course, he wants people to find new music through his show, but it is more about expressing himself.

Nate grew up in a town that revolved around its sports teams which he was never a fan of. When Nate first heard lyrics to an anti-establishment punk artist, he could not get enough. He relates to the genre and found friends through it. Punk has always been something he connected with.

Associate Professor of Communications, David Park, was Nate’s First Year Studies professor. Nate happened to be wearing a band’s shirt in class when Park talked to him about joining the college radio station.

One thing lead to another and soon Nate had a show and got asked to be the loud rock MC by the end of his freshman year.

“I have always been obsessed with music and a part of the music scene but not musically talented and trying to get other musical talent out there. Putting a playlist together is kind of like my form of musical expression,” said Nate.

Nate thinks WMXM is a ragtag group of people who are all friends. They all have music as a foundation for that friendship. Maddie thinks you should listen to their show’s “tasty jams.”

Sam Pederson ’17 is a listener of Nate’s show and enjoys listening because he thinks (and wrote), “Kuz r@do$ K00l.”

Nate and Maddie are passionate about their radio show and want you to listen in next Monday.
HALLOWEEN IS COMING...

Haunted Places near LFC

Schweppe Mansion

Built in 1917, the mansion was built for a wedding gift from John G. Shedd to his daughter Laura and her new husband Charles Schweppe. Laura passed away from a heart attack in 1937. A few years later, Charles was found dead from a self-inflicted gunshot wound to his head. To this day, his suicide is a mystery. The only clue to why he may have killed himself is a note left on his dresser: “I’ve been awake all night. It’s terrible.”

After Charles passed away, the Schweppe Mansion remained unoccupied for 46 years. It’s reported that the couple’s ghosts inhabited the mansion during this time.

While the rest of the mansion collected cobwebs and dust for the 46 year period, a single window in the master bedroom remained spotless and clean.

The Mansion is currently for sale for $9.9 million dollars. It’s located less than a mile from the College.

Events on campus

Haunted Hixon: A Haunting in Time

The Garrick Players are bringing back a haunted house event for students to celebrate Halloween. They’re transforming Hixon Hall into a haunted house for two nights: October 23 and 24, 9:00-11:30pm. Student performers are setting up the haunted house to a theme of ‘Hixon through the times.’ The basement will have a Victorian theme, the first room will be set to the 1930s-40s, the second to the 1950s-60s, the third to the 1970s, and the last to the present day.

Hixon Hall has been rumored to be haunted, which will add to the hype of the haunted house!

Halloween All Campus Party

The annual and very popular Halloween ACP will take place on Saturday, October 31 from 11:00pm to 2:00am on November 1 in the Mohr Student Center.

The Student Center will be filled with Halloween decorations. Come in your Halloween costumes!

Pumpkin Carving & Painting

Residence Life is hosting a Halloween-themed craft night! Join in the fun on October 22, from 7:00-9:00pm, in the Pierson Rooms.

Small and large pumpkins will be available to carve or paint.

The Ghost of Sheridan Road

About a mile and a half from the College, a woman reported seeing the ghost of a young female on Sheridan Road in 2010.

The woman was driving along Sheridan on a stormy night when she saw a girl on the side of the road, barefoot and soaked by the rain. The driver slowed down, thinking that the girl was in need of help. But the car’s lights passed right through the girl, who smiled, revealing ruined teeth in a blackened and burned mouth.

The girl may be the ghost of Marion Lambert, who passed away from swallowing an acidic poison, in 1916, just a few days after her 18th birthday.

Whether she committed suicide or if she was killed by her lover remains a mystery. She was seeing a young man named Will Orpet at the time of her death. Lambert was in love with Orpet, while Orpet was in love with another woman.

The two met up a final time on a snowy, winter day. Orpet claimed that Lambert poisoned herself and that he ran away, too afraid to report the death to authorities.

Her body was discovered the next day by her father.
Getting Creative in the Caf

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For all the people out there who have gone into the caf with wide eyes and empty stomachs, and left with feelings of disappointment—this is for you.

Peanut Butter Apple Nachos
- one sliced apple
- honey (right by the tea area)
- peanut butter
- chocolate chips
- caramel
- chocolate sauce
- peanuts

This one is nice and easy, take your sliced apples and arrange them on your plate in such a way that each slice can get a little piece of the action. Smear some peanut butter over the top of each slice. Sprinkle chocolate chips all over, the more the better! To finish it off, drizzle the honey, chocolate sauce, and caramel over the top of the apple slices and top with peanuts.

Egg Salad Sandwich
- hard-boiled eggs
- bread
- cheese
- mustard
- pepper
- mayonnaise
- salt (to taste)

In a bowl, add the eggs, cheese, mustard, pepper, mayonnaise, and salt and just mix the all together so that everything is well distributed but has not turned into one weird paste-thing. Take your bread, toasted or untoasted, and put the egg salad mixture in between the two slices and enjoy!

Ants On a Log
- celery
- raisins (or cranberries)
- peanut butter

Grab as much celery as you’d like, and some raisins while you’re passing by the salad bar; next, head on down to the peanut butter and fill the curved part of the celery with the peanut butter. Grab some of the raisins and place them along the top of the peanut butter. And there you have it, ants on a log!

Pizza Bagel
- one bagel cut in half
- marinara sauce from the “pasta creations” line
- cheese
- a few pepperoni (or other meats from the sandwich line)

Take the two sides of the bagel and apply the marinara sauce to each side first; then, sprinkle on as much cheese as desired. Top with meats or simply head straight to the microwave to get this pizza party started. Put the two halves of the bagel in the microwave for 30 sec - 1 minute (really up to you). Ding! Your pizza is ready!

This three-day Chicago music festival hosted by React occurs yearly, drawing thousands of costumed Halloween-goers to enjoy the music and atmosphere of the event. This year’s Freaky Deaky festival will be held in Toyota Park off of the CTA Orange Line, rain or shine, and will feature a costume contest with a main prize of a four-pack of three-day festival passes and a comped hotel room.

Halloween ACP: Students wanting to show off both their costumes and their dance skills need to look no further than this year’s Halloween All Campus Program Party. According to Associate Director of the Gates Center, Patrick Doggett, Halloween is generally one of the most anticipated ACPs for the College, with an average attendance of 300 to 400 students. Though the Halloween ACP has been hosted by several different organizations throughout its history, this year’s ACP will be hosted by SPARK.

In addition to booking a DJ for the event, SPARK will be working with Aramark to provide Halloween-themed appetizers, as well as an Oktoberfest-style beer for students 21 and over. As a general reminder, Doggett encourages students to participate in the event by dressing up, but asks that “students are being culturally aware and sensitive when they are creating their costumes, as well as aware of what is acceptable attire and what is not.” He also advises that students are “safe and responsible, and respectful towards each other, whether they are in the residence halls or at the All Campus Party.”

The ACP will be held in the Mohr Student Center, beginning at 10:30 PM on Saturday, October 31st.

Haunted Hixon: A Haunting In Time-The Garrick Players are bringing back a haunted house event for students to celebrate Halloween. They’re transforming Hixon Hall into a haunted house for two nights: October 23 and 24, 9:00-11:30pm.

Students performers are setting up the haunted house to a theme of “Hixon through the times.” The basement will have a Victorian theme, the first room will be set to the 1930s-40s, the second to the 1950s-60s, and the third to the 1970s, and the last to the present day.

Hixon Hall has been rumored to be haunted, which will add to the hype of the haunted house!

Freaky Deaky- With a lineup consisting of Bassnectar, 2 Chainz, Flying Lotus, TOKiMONSTA, Riff Raff, Pretty Lights, and several other artists, Freaky Deaky is an exciting Halloween event sure to get students pumped.

This three-day Chicago music festival hosted by React occurs yearly, drawing thousands of costumed Halloween-goers to enjoy the music and atmosphere of the event. This year’s Freaky Deaky festival will be held in Toyota Park off of the CTA Orange Line, rain or shine, and will feature a costume contest with a main prize of a four-pack of three-day festival passes and a comped hotel room.

The fast-selling tickets can be purchased online for either a single day or in a three-day bundle. Students looking for more information concerning transportation, location, ticket sales, lineup, and festival policies can review the festival’s online webpage at http://freakydeakyhalloween.com.

With such a variety of Halloween events to choose from both on- and off-campus, students should take this opportunity to enjoy the holiday’s festivities and to celebrate the glorious end of midterms.
Local Smoker Astonished to Find that Death is Coming

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At Lake Forest College—Il...
Harvey Cain and Forest Gump Have a Nice Lil’ Conversation

Forest Gump: Don’t try to justify your random urge to do stupid crazy physical journeys. And I’m just tryna let you know that if there was a National Stupid Crazy Physical Journey Association (NSCPJA), then I’d be the MJ of that shit and you’d be a baldin’ Bron-Bron. 3,000 miles on a bike. Hah! that’s cute. Also, yuh school used the money you raised to fund this interview. Sorry bout those scholarships, but it costs a lot of Tom Dola Signs to get Tom Hank’s son to act as Forest Gump for an interview.

Harvey Cain: Why so much animosity, Forest? If anyone has any reason to be angry, it’s me. I thought I rode 3,000 miles on a bike for education, but instead the money went toward an interview with an Angsty Forest Gump.

Forest Gump: I’m sorry, its just I got this bitter taste in my mouf. Yuh see I don’t like the taste of the Cool Aid yuh sellin’. The shuga in it ain’t sweet, Cain. I’m not found of people who think they can cop my swag and get away with it. Especially, people who represent what you represent.

Harvey Cain: Cop? Swag? I graduated in 52’, I’m not catchin’ your drift, slick. And, I represent the Foresters until the day I die. I’ll ride or die for my Foresters, so if you’re talkin’ jive about what I represent we have a problem, because I raised a lot of money for my Foresters and if its going toward this interview, I better see some respect.

Forest Gump: Well I’m surprised you didn’t put on a sweater. It seems like you did catch a pretty big drift. I am throwin’ you some shade. Hella shade. I’m calling you out. Your 3,000-mile bike trip was a failed attempt to try to match my greatness. You biked not 1, not 2, but 3, you only biked 3,000 miles Harvey. I ran 15,428 miles. I’m the GOAT at this shyt.

Harvey Cain: I guess I see the correlation between our journeys, Forest, but mine is different because I was trying to raise money for education.

Forest Gump: What does biking 3,000 miles have to do with education? I’m sure it was just an excuse to bike through a lot of stupid forests.

Harvey Cain: I mean if we’re going to undermine the power of symbolism like this, then what the hell do chocolates have to do with life?

Forest Gump: It’s a beautiful metaphor, homie!!! I know you studied biology at Lake Forest, but c’mom. Read up on some literature. Get your head out of the forest.


Forest Gump: You betta watch yo’self now! That’s my child’s movie?

Harvey Cain: C’mom Forest. You come here. To my college – my forest. And interview me. Disrespect me. Run your little Forest mouth. I mean I don’t here Jenny anywhere tellin’ you to run [Democratic Pause], your mouth. She’s dead. So why you talkin’ jive Gump? Huh?

Forest Gump: I don’t like what you stand for Harvey! Or, at least half of what you stand for, to be more specific….
Cross Country Men Win, Women Place Third at Lamb-Kohawk Invitational

Pre reviewing the course where they will compete in the Midwest Conference championships later in the month, the Lake Forest College men’s cross country team finished first and the women third at the Lamb-Kohawk Invitational on Saturday. Four Foresters placed among the top 10 in the men’s 8-kilometer race.

The Foresters’ 46 points were 21 fewer than runner-up and co-host Coe College. Cornell College, the other host school, was third with 88 points.

Cornell won the women’s competition with just 25 points and Monmouth College was second with 66, 18 fewer than the Foresters.

Lake Forest will travel to Winneconne, Wisconsin, for the University of Wisconsin-Oshkosh’s Brooks Invitational next Saturday. The meet will begin at 11:00 a.m.

News release from goforesters.com

Foresters Celebrate Homecoming with 34-3 Victory over Knox

It was a happy homecoming for the Lake Forest College football team after their 34-3 victory over Knox College on Saturday. Senior quarterback Sean Dickson rushed for the Foresters’ first touchdown of the day and threw for two more scores later in the contest.

Dickson’s 10-yard sprint to the end zone gave the home team the lead with 8:43 to play in the opening quarter. After the Foresters forced a punt, Dickson connected on passes of 10 and 15 yards before throwing deep to senior wide receiver Willie McIntyre, who streaked down the right sideline for a 51-yard touchdown. The extra point by senior kicker Jon Gurchak made the score 14-0 with 4:05 remaining in the first.

A 33-yard field goal by the visitors was the first score of the second period. After the teams traded punts, Lake Forest embarked on another scoring drive, this one converting 67 yards in 10 plays and ending with a 1-yard plunge into the end zone by junior tailback Joey Valdivia. Knox’s final drive of the first half reached the Lake Forest 26 but ended with an interception in the end zone by Forester sophomore safety R.J. Pompey, keeping the score 21-3 at halftime.

After forcing a punt, Lake Forest drove into Knox territory but turned the ball over on downs at the 13. Forester freshman linebacker Jack Garcia recovered a fumble on the Prairie Fire’s first play, giving the home team another chance from the visitors’ 15. Dickson ran six yards on 4th-and-4 and freshman quarterback Tommy Galanopoulos scored on a 3-yard run on the next play, making the score 28-3. After forcing another punt, the Foresters quickly scored again, thanks to a pair of passes from Dickson to senior wideout George Vidas covering 45 yards. The second was a 17-yard completion in the end zone that accounted for the final score of the contest.

A Knox drive lasting more than half the fourth quarter did not net any points and four Forester running backs rushed the ball for 58 yards and caught a pass for 15 in the period to help run out the clock.

Dickson completed 17 of 24 passes and finished the afternoon with a career-high 236 yards. Sophomore wide receiver Max Sorby had a team-high six receptions for 52 yards, McIntyre caught five passes for 95 yards, and Vidas finished with three receptions for 53 yards. Lake Forest also rushed for more than 200 yards, including a game-high 92 by junior tailback Charlie Quinn and 68 by Valdivia.

The Foresters’ 492 total yards in the game are the team’s highest total since racking up 517 against Knox in 2012.

Sophomore linebacker Michael Cole led the home team with nine tackles and he also recovered a fumble. Garcia, senior linebacker Sean Chapman, sophomore linebacker Pat McDonough, and sophomore defensive lineman John Lepper each had a tackle for loss in the contest.

It was the Midwest Conference South Division opener for Lake Forest and Knox and both teams are now 2-3 overall this season.

The Foresters will travel to Monmouth College next Saturday for a 1:00 p.m. kickoff.

News release from goforesters.com
The Lake Forest College men’s soccer team was edged out 2-1 at Carroll University Wednesday night. Sophomore forward John Cappuccitti scored the Foresters’ only goal of the contest.

After Carroll scored the game’s first goal less than two-and-a-half minutes into the contest, Cappuccitti tied the score at the 13:54 mark. The goal, Cappuccitti’s team-high seventh of the season, was assisted by senior forward Dylan Hartman and freshman forward Nipun Chauhan.

The Pioneers regained the lead with 4:43 to play in the first half.

After being out-shot 7-4 in the game’s first 45 minutes, Lake Forest had a 3-2 edge in shot attempts and five corner kick opportunities in the second but were not able to tie the score.

The loss drops the Foresters’ overall record on the season to 8-5-0 and their Midwest Conference mark to 3-2-0. Carroll is now 6-5-2 overall and 5-1-1 in the league.

Lake Forest will continue conference play at home this weekend when the team hosts Monmouth College on Saturday and Illinois College on Sunday. Both games are scheduled to begin at 1:30 p.m.

News release from goforesters.com.

Photo by David Malamut, d3photography.com
Life of a Student-Athlete

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Being a student is not easy. Being an athlete is not easy. Being a student-athlete is even tougher. Lake Forest College allows student-athletes to succeed both on and off the court, the rink, the field, and the pool. Athletes spend at least two hours a day five days a week on practice alone, not including weekends away from school to play. Most students have to spend their weekend away focusing on their sport, but also their academics. The students have to remember that the student part comes before athletics for a reason. In order to be able to participate in their sport, one must achieve in the classroom.

There is 24 hours in a day, approximately 6-8 hours is spent sleeping. That leaves 16-18 hours for class and activities. Athletes practice between 2-4 hours per day depending on the sport. The rest of the time students may be in class, in the library, in the dining hall, and some student athletes add work study to their already hectic schedule.

Swimmer, Simona Kurta ‘18 says, “I wake up at 5:30AM and it is pretty tough especially when you see your roommate still in bed and you have to get dressed in the dark and be ready to train.”

“Being a student-athlete is very exhausting and a lot of work, but that is what keeps me going through the day. You have to learn how to balance your schedule well and plan when you are going to eat, train, study, and sleep,” Kurta ‘18 says.

Some teams on campus even require a study hall session with their teams, which makes their student-athletes attend a day or two throughout the week in a room with their teammates focusing on their schoolwork. Study hall allows busy student athletes to have a set few hours a week to really get their work done with no distractions.

Two-sport athlete, Michelle Ricolcol ‘16 says, “It’s pretty hard to balance school and two sports, especially since golf is technically a fall and spring sport, and basketball is right in the middle. I go from season to season”. Transitioning well into being a student-athlete, Ricolcol ‘16 “[prefers] a heavy schedule because it helps [her] stay busy and it gives [her] a structure to [her] day.”

Lake Forest College sports and academics prepare students for life’s obstacles, setting them up for success post graduation. Although the student athlete life is not easy to maintain, those who are able to do so will be able to take on life in the working world, thanks to the incredible time management skills needed to balance school and sports. Whether our teams are competing in the sport, or the athletic departments highest GPA, the student-athletes at the College will continue to build their Tradition of Excellence.

The College’s football team prepares for team training, at the beginning of the academic year, at Lake Forest Beach at 5:30am led by Navy SEALs.

Photo taken by Audrey Djukic ’15.

Student athletes train rigorously in the weight room with former Strength and Conditioning Coach, Ty Valkenburg.

Photo taken by Coach Valkenburg.
The Lake Forest College women’s tennis team won the program’s first Conference title since 2003.

The College’s Women’s Tennis team wins program’s first Conference title since 2003

Fearsome Freshmen lead Forester Women’s Tennis to Conference Crown

The College’s Women’s Tennis team wins program’s first Conference title since 2003

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The Lake Forest College women’s tennis team won the program’s first Conference title on Sunday Oct. 11, 2015, which hasn’t been won since 2003.

“The conference has been a long time coming. Each year has ended in heartbreak with being so close and falling short. Finally winning means so much after all the hard work we’ve put in,” says senior co-captain Grace Dowling.

Heading into Homecoming Weekend, the Forester women’s tennis team needed to bring forth their best tennis of the season. This weekend marked the final weekend of dual matches for the Midwest Conference and Grinnell, St. Norbert, and Lake Forest were all still in contention to win the Midwest Conference title.

On Homecoming Saturday, the Forester women’s tennis team took on familiar foe Grinnell College. With a Conference title on the line, the Foresters were extra motivated to beat Grinnell to keep their title hopes alive. However, the Foresters got off to a shaky start losing two out of three doubles, and losing their first two singles matches to quickly fall behind 1-4. One more match loss could have eliminated the Foresters from any hope of winning a Conference title.

With the four remaining singles players all needing to win, the outlook was not promising. However the Forester women’s tennis team slowly began closing the gap. Freshman Billie Rodman and Allison Watts were the next two to emerge victorious in singles. Rodman dominated at No. 1 singles with a dominating 6-1, 6-2 victory. Watts had a dramatic comeback after being on the brink of losing the first set to beat her opponent from Grinnell in No. 4 singles 7-5, 6-2. Watts was well aware of the importance of the occasion and she admitted, “It made me feel nervous but gave me the drive to win even more.”

The final two matches were won by the two senior captains on the team Grace Dowling and Christi Valicenti. Valicenti brought her brand of athletic and crafty tennis against experienced Virginia Purcell of Grinnell to pull off a convincing 6-3, 6-2 win at No. 2 singles. Dowling clinched the team’s win against Grinnell at No. 3 singles with a 6-4, 7-5 win. “For us seniors, we have been here for three years of top four finishes, and two of those were heart-breaker runner-up finishes.” Said co-captain Christi Valicenti.

Head Coach Raymond says, “They displayed great resilience overcoming a 4-1 deficit to beat Grinnell on Homecoming Saturday, which put us in a position to win the title.”

With a 5-4 win over Grinnell College, this led to a three way tie between St. Norbert, Grinnell, and Lake Forest. Grinnell beat St. Norbert 5-4 and St. Norbert beat Lake Forest 5-4. The tiebreaker came down to how many sets were won by each team. Grinnell and St. Norbert won 16 sets, but Lake Forest won 17 sets. Now all what was needed was a win against Cornell to win the Conference title.

The following day the Foresters played their final Conference match of the season against Cornell College. The Foresters came out firing and swept all three doubles matches. Playing the final conference dual match of her career, Valicenti was stunning to watch with numerous spectacular shots for a 6-4, 6-2 victory and putting the team a win away from becoming Conference Champs.

At No. 1 singles, Rodman faced Julia Thorne, one of the trickiest opponents in the Conference. Rodman, who is undefeated in dual singles matches this season, seemed unfazed in the opening set and won 6-3. Thorne responded to the challenge and raised her game to take the second set 6-4. In the third set, Rodman played lights-out tennis for a 6-2 final set win to clinch the Conference title for the Foresters. Rodman said, “It was a tough week playing two of the best schools in the conference, but we fought through it because of our strong support for one another and dedication. The Foresters won 7-2 with the final two singles victories coming from Dowling and freshman Tricia Paterakos clawing her way to a three-set victory at No. 6 singles.

“This is a moment that nobody can take from them, that will last forever.” Says Assistant Head Coach Gabrielle Moore

The Foresters (11-1) will attend the Midwest Conference Individual Tournament at the University of Wisconsin-Madison starting Saturday, October 17. The Foresters will return to Madison on Friday, April 29 as the No. 1 seeds at the Midwest Conference Team Tournament where the winner advances to the NCAA Tournament.