Rushing Greek: Majority Rule or Anyone’s Game?
Students comment on the topic of diversity in the College’s Greek life organizations.

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News stories on the lack of cultural diversity in college Greek life organizations have made national headlines in recent years. The resulting backlash against institutions of higher learning for having homogenous fraternities and sororities begs the question: how do Lake Forest’s Greek organizations measure up?

Sierra Clark ’18, a member of Kappa Alpha Theta, has mixed feelings about the issue of diversity within Greek life. “I am split in terms of not being able to speak for all Greek life on campus, but I do know that my sorority appreciates the diversity at the College and within the chapter,” Clark said.

When asked if a lack of acceptance or appreciation of diversity may be preventing some students from participating in Greek life, Clark said: “I personally do not agree that [Program Director of the Gates Center for Leadership and Personal Growth] Liz Snider, Panhellenic or the Greek organizations on campus are preventing non-white students to participate in Greek life due to the lack of appreciation for diversity or for any other reason. Greek life is not for everyone and that’s okay.”

Clark said she does not believe there is a sense of exclusivity that causes a lack of diversity in Greek organizations at Lake Forest. “Greek life on campus is dominated by white students and I cannot answer, for sure, why more diverse individuals do not participate,” Clark said. “What I can say is that all students have the same opportunity to go Greek, if they meet the academic and conduct requirements.”

Greek life has allowed Paul Jones ’18, a member of Delta Chi, “to make friends and come into contact with people from varying social and economic backgrounds that I would not have likely become friends with, without being in a fraternity.”

Jones offers his perspective on what the situation at Lake Forest is like. “Some people who are in Greek life may be intolerant, just like wider society,” he said. “But from what I have experienced, intolerance and bigotry is not tolerated and swiftly dealt with.”

On the larger issue of diversity on campus, Clark is thankful for the College’s efforts, but believes that there is more that students can do. “Lake Forest College is very accepting and strongly promotes diversity,” she said. “I appreciate the efforts OIR (Office of Intercultural Relations), The Gates Center, and Residence Life bring to continue the tradition of embracing diversity at Lake Forest College.”

Diversity is recognized on campus, she said. “But I feel it is widely not appreciated,” she added, pointing to social media comments. “Students at Lake Forest College are more prone to make negative comments on Yik Yak or not attend the diversity opportunities provided by campus clubs, faculty and staff,” Clark said. Clark calls on others to promote a more accepting and diverse community at the College.

“Get to know people who are ‘different’ from you,” she said. “Take advantage of the diversity that exists around you, such as attending the diversity events that clubs and organizations host. Lastly, understand and accept the differences among people because you have nothing to lose, but everything to gain.”

The Stentor website has relaunched! Visit stentornews.com to check it out.

stentornews.com
How to Land to a Successful Internship

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Work experience gained from internships is one of the most crucial items on a student’s to-do list. The Career Advancement Center provides information on its website for "Milestones" on what steps to take each year of college to ensure a successful internship search. They also recently started a Resume Book, which shares the student and alumni resumes with various employers. Speed Networking and many other events hosted by the CAC also provide more opportunities for students seeking internships. However, being proactive during the process is essential.

Lisa Hinkley, the Associate VP for Career & Professional Development at Lake Forest College, gave the tip "Know that a career center is just a matchmaker. You have to do the hard work of actually calling people.”

Students can choose for-credit internships, which are available to juniors and seniors who wish to pursue an internship that does not meet for-credit internship guidelines. Students can also receive funding from the Kemper Foundation for internships. Many students also choose to do internships abroad and/or during other off campus programs.

To give you a better perspective from the students themselves, I interviewed a couple students who have landed successful internships.

Mariano Garcia ’18, majoring in business, remained proactive during his internship search by starting early. As a current sophomore, Mariano interned at an Event Design Company. In his internship, he maintained his employer’s website and social media, and he made some videos to promote the business.

Having an internship as a sophomore was a great opportunity for Mariano to have, as it makes candidates stand out in the job application process since many candidates don’t start that early. During his search process, websites such as Simply Hired, LinkedIn, and Craigslist were all helpful in finding opportunities.

"Starting early and networking whenever and wherever you can is very necessary,” said Mariano. As Vice President of the Collegiate Entrepreneurs Organization, Mariano strongly encourages everyone to make use of many of the networking events hosted by CEO.

Stanba Gyaltsan ’16, a politics and economics major, completed two internships last year while living in the Downtown Chicago Loop. He worked as a Public and Global Affairs Intern at the Niagara Foundation and as an Intern for Vista Medical Meetings & Events. Stanba recommends making use of the opportunities available in Chicago in the internship process. This gives students many advantages, as it allows them to develop hands-on professional skills which they will be able to use in many aspect of life. “Be sure to go above and beyond during the search, using both the Lake Forest College Network and outside networks. Websites such as Indeed.com and Internships.com, as well as the college’s Forester Link database, are all good tools to use in this process,” said Stanba.

Have any furthers questions about the Internship Search Process? Be sure to make a visit to the Career Advancement Center or meet with your Academic Advisor for more tips and to learn about more opportunities in your field and how to become a stronger candidate.

Letter to the Editor

Dear Editor,

One error that I saw in the article [“Student body president respond: Student Government - elected or automatic wins?”] that Jessica Chang ’16 wrote was in reference to Stigma Awareness Week. This is not the same as the It’s On Us campaign.

The It’s On Us campaign is a national campaign, initiated by the White House under VP Biden’s leadership, to address campus sexual assault. The Coalition Against Sexual Misconduct is the initiator of the campaign on our campus and have gained support from student government as well.

Stigma Awareness Week is a collaboration between student government and the Health and Wellness Center to addressing stigma associated with mental illness in order to promote greater understanding, awareness, and acceptance on our campus. We hope to make this a regular event on campus and hope to partner more actively with other groups on campus.

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Feeling Hot Hot Hot! 10 Ways to Keep Yourself Warm This Winter

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1. Layer up
This may seem like one of those “well obviously” statements, but layering your clothes does, in fact, make a huge difference. Start off with a base layer of thermals and add on from there. Be sure not to add on too many layers that will leave your body screaming for rescue.

2. It’s the little things that count
Gloves, beanies and scarves go a long way toward giving you the added warmth to brave the freezing temperatures out there. Switch it up by adding a splash of color to your winter wardrobe to brighten up your day…literally!

3. Expose as little skin as possible
Cover everything. I mean EVERYTHING. While having most of your face covered during the winter is not the most attractive look, it surely beats being whacked in the face by the biting cold, especially when you have to be up early for those 8 a.m.s.

4. Get a grip
Having a good pair of winter boots not only keeps your toes warm and toasty, but it also decreases the chances of falling flat on your face, courtesy of black ice.

5. Soup for the soul
Our dining hall does a pretty good job of offering a variety of soups on a daily basis. Try some of them out and give your body an added boost to brave the cold.

6. Moisturize your skin
While this technically doesn’t keep you warmer during the winter, it certainly helps to keep your skin hydrated. Few things are worse than ashy skin, chapped lips, or having your skin sting because you were too lazy to moisturize that morning. Go ahead and give your skin some TLC.

7. Keep it moving
Find any excuse to keep moving, preferably indoors, and get your heart rate up. With your body in motion, you’re bound to improve circulation and increase your body temperature.

8. Better your bedding
Add an extra blanket or two to your bedding for better insulation and improved comfort levels on those colder nights.

9. Coffee
Take a break from your busy day to enjoy a warm cup of coffee, tea, or really anything warm that appeals to your taste buds. Invite a friend or two and engage in good conversation.

10. Snuggle up
After a long, cold day, I’d recommend curling up with your favorite “blanky,” a good book, or your favorite show on Netflix and indulge in a satisfying binge session.
When you were a child, what did you want to be when you grew up?

As a child, I don’t think I had a vision of what I would do as an adult. I enjoyed too many things and was drawn to a range of possibilities (probably too many), from artist to doctor. Interestingly, becoming a teacher or scientist was not an early aspiration.

What was your first job?

My first paid job was as a circulation desk assistant as an international undergraduate in college (Wittenberg University, OH). My first full-time job was a pre-doctoral research fellow at Northwestern University, where I conducted my PhD studies in neuroscience.

What was your favorite book in college and why?

My favorite question. I’d have to pick three of them, given my interest in many disciplines. In the life sciences, Darwin’s On the Origin of Species is a must-read classic for all biology majors; too bad, LFC biology students don’t have to! As a budding economics major and history minor, I was captivated by [Adam Smith’s] Wealth of Nations, as it drew me into how human history shaped some of the biggest economic ideas of free market and labor divisions. Finally, my love for humanities led me to many books and essays, but among them Emerson’s Nature stands peerless. I had not thought much about transcendentalism before, and it helped open my eyes to look at the world around us differently than before, more spiritually than I had previously considered.

In your free time, what activities do you place at top priority?

Family, of course. And within that, spending time with my young daughter as she is growing up. With her, I love reading, playing, and just doing things together (art, math, science, building things, making foods) or just chatting [about] anything that’s on our minds.

What is your most memorable class period or course that you have taught at LFC and why?

I am a true nerd. I love teaching all my courses. I have created each one to be different, so that its distinctiveness in purpose drives constant innovation and never gets tiring. But I do have a favorite: First-Year Studies Medical Mysteries of the Mind. The reason is simple: I make the most impact early in student development because this course is designed to help students transition and succeed in college in purposeful, fun, and creative ways. The biggest satisfaction is that students indeed succeed very well (despite the perceived rigor), and students say that the skills they learned help them throughout college. Besides that, what could be more fun than teaching by learning about ourselves? Our mind is who we are and what we hope to be!

If someone were to write a biography about you, how would you describe your journey to Lake Forest College to them?

I am a college dropout from India. Because I was talented in the sciences, I went to the best engineering school in India at the age of 17, when I also had the choice to attend India’s top medical schools. I knew on the first day of college what a terrible mistake I had made. I was bored stiff. I was not meant to be an engineer or a doctor, but I still stuck it out for two years, hoping the next day [would be] different. It only got worse. My second year, I hit rock bottom. I stopped going to classes and wandered aimlessly in public bus es in the streets of Delhi for months before I made a decision that changed my life forever: to achieve a liberal arts education in the U.S. at a small college.

I simply needed more time, and I wanted more choice. I was extremely lucky to be blessed with the most wonderful parents one could ask for. They supported me unconditionally through such personal turmoil. When Wittenberg University (Ohio) gave me the most scholarship [funds], it sealed my fate. The next four years were nothing short of transformative. In this little college campus that became my home, I grew into who I am now mostly because of my free engagement to explore the liberal arts.

This intellectual engagement gave me extraordinary choice, boosted my confidence, and ultimately, provided direction. My college experience also influenced my decision many years later to choose to become a college professor. Wittenberg faculty were tremendously influential as teachers, scholars, and mentors, and some even served as a surrogate family. Their lives seemed filled with purpose and outcomes. I wanted to make that same level of impact on other young minds and help them discover themselves. This is now my eighteenth year teaching undergraduates, and I could not have asked for a more satisfying career. I measure success by seeing how far and wide my students fly with purpose as post-graduate adults. Today, I see enough such birds flying out there under whose wings I believe I have helped provide some long-lasting lift.

What advice do you have for current undergraduate students?

As cliche as quotes sound, my life is guided by three of them (all by Mahatma Gandhi). Each quote applies to any one currently pursuing college, as they can provide perspective, guide personal success, help the work students do be joyful.

1. Satisfaction is in the effort. Not in the attainment. Full effort is full victory.
2. Life is an aspiration. Its mission is to strive for perfection, which is self-realization.
3. But all my life through the very insistence of truth has taught me to appreciate the beauty of compromise.
Not Enough Choices in Majors? No Problem.

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A s a liberal arts college, Lake Forest College offers a variety of majors and minors. Students have the ability to have a double major and a minor, or a major and a double minor, and still graduate on time.

For many intellectually curious students, however, the journey never ends, and they wish to study and explore a field which encompasses more than just a traditional major. Hence many dedicated students end up choosing a self-designed major along with independent study classes.

This program allows students to design academic majors of their own in which they get to set their own requirements apart from the requirement of a senior thesis or senior research project. In order to apply for the program, students must submit an application to the self-designed major committee, which consists of faculty who are in charge of approving self-designed majors and helping students design their curriculum for their respected self-designed majors.

To get a better perspective from individuals in the self-designed major program as well as the traditional major program, I interviewed a few students.

“Things I learn in the classes required from both of my majors is very applicable to the work world,” said Kendall Gibson ’18, an economics and Spanish double major. “Having a double major in diverse subjects really helps stand out when applying for jobs and internships.”

Fatima Hooda ’16 created a global health and policy major because she felt that her primary major, biology, did not include all of her interests. While studying abroad, she noticed in her classes and work a consistent interest in community and global development. Since then, she has worked with Professor Janet McCracken to develop the proposal, the classes, and then the capstone.

“Designed my major to the standards found at three other top-ranking institutions in the country,” Hooda said. “I absolutely loved the concept and enjoyed taking politics, IR (international relations), and other interdisciplinary classes as a part of my self-designed major.”

Hooda said she believes her choice of majors “will set me apart from other students” especially when applying to medical school.

“It is another way to demonstrate that I like to pursue topics that I am passionate about and like to tackle challenging problems [and] crucial issues pertaining to our present world and the future,” she said. “Ultimately, I am hoping to continually educate myself in order to, hopefully, contribute to a sustainable solution.”

Camille Lemieux ’17, an applied linguistics and French double major, found the self-designed major program helpful because she was able to tie her interdisciplinary interests to a specific career. Lemieux said the program helped her network with people outside Lake Forest College, because pursuing a self-designed major shows motivation and a determination to create what she wanted to study.

At the same time, Lemieux feels that one of the biggest drawbacks is that some people may not take the major seriously because when future employers hear the self-designed major title, they may not know the basic skill-set or knowledge base of the student.

I believe that the beauty of this college is that you have the ability to truly explore what you love and to pursue that field. With the self-designed major, you can explore almost any field. As a finance major and international relations minor myself, aside from my required classes, I have been taking a lot of random classes that simply interest me in politics, religion, and languages. I sense that there is a slight possibility that I might also be on track to designing my own major.

Be sure to visit the “Majors and Minors” page on the Lake Forest College website to find more information as well as the process and requirements for each program. Seeing your advisor is always a good solution while you are in the exploring stage, and talking to students in your field of interest and visiting the Career Advancement Center are other good ways to continue exploring.
Who Has the Best Coffee in Lake Forest?

There is Starbucks since it offers a much wider variety than Java City. Two of the respondents said they do not drink coffee on campus, but that they really like the hot chocolate offered in the caf and at Java City. A couple of the people I interviewed said they did not drink coffee at all and preferred alternatives such as water, tea, or cranberry juice. Christian Henriquez ’19 said that he only drinks water and cranberry juice unless he is offered frozen coffee. Kayla Huber ’15 said she does not have any definitive preferences in terms of brand, but that she noticed that Java City’s coffee sometimes tastes burnt. Another respondent, who preferred to remain anonymous, said the coffee served at all three establishments is bad coffee. If given no other choice, the respondent would prefer going to Java City instead of Starbucks because of the long walk to town. Amalie Ausland ’19 is luckier in the sense that she has a roommate with a coffee maker, so sometimes she makes use of the roommate benefits and has some coffee. But usually she prefers tea, because the coffee in school is not very good, she said.

Honey Hsu Yamin ’16 said that before the class of 2019 came on campus, there used to be a Caribou Coffee where Dunkin’ Donuts is now. “That was my favorite place to study and grab a cup of hot chocolate,” she said.

Overall, a lot of people choose to stay on campus rather than walk to downtown Lake Forest when they’re in the mood for a cup of coffee. Even though they are not always satisfied with the quality of coffee in Java City, they choose it because it is cheaper and faster — they only spend flex dollars on it, and when they need a quick coffee fix, it is the best place to go.

What makes a coffee good for the majority of our students still remains a mystery, but now we know a bit more about their preferences.

The Media’s Impact on Men

The problems the media creates with body image are one of the main contributions to the creation and enforcement of stereotypes. Clearly, it is no surprise that these stereotypes exist for both genders. Women are expected to be sensitive, delicate, and dainty, while men, stereotypically, are supposed to be strong, tough, and fearless. “I think men are often expected to be big macho guys who live in the gym. That’s just not how lots of us are,” said Ben Ludgin ’18.

While men face stereotypes that are reinforced every day by media, similar stereotypes for women are not. Why is this the case? “Generally speaking, there is still asymmetry between how masculine men and feminine women are expected to portray themselves … and there is less of a backlash or negative reinforcement on men,” said Professor Ryan Cook, lecturer in the Department of Sociology and Anthropology. If society holds men less accountable for upholding these stereotypes, this could be why the pressures put on women by media appear to be greater. “Men have not had… anybody comparable to… let’s say feminists… bringing awareness of, and pushing back against, the kind of gender stereotypes and gender asymmetries in all aspects of life…. and in the kind of training we [men] get, to inhabit a certain kind of gender identity there is a lot of emphasis… in deemphasizing some things and not talking about some things… but it is there,” Cook said.

Perhaps if men had activists, like women have in feminists, then the exaggerated portrayals of men in social media would be called out and corrected more often. This could help reshape social media to abandon negative stereotypes.

In the future we can only hope that the stereotypes for both women and men begin to disappear from social media. Whether this happens or not, the real message to take away from this is: just because an issue is not initially apparent, that doesn’t mean it isn’t there.
Stop Netflix and Chilling and Start Watching These Shows

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First on the list is John Mulaney: The Comeback Kid. I cannot emphasize enough how hilarious this live stand-up comedy show is. I’ve watched it at least 10 times already. I know humor varies from person to person, but Mulaney does a great job connecting to all generations with his views on marriage, children, job temping, and Bill Clinton.

Next up is Sense8. Created by Wachowski, this brilliant Netflix original series follows eight strangers from all across the globe who suddenly discover they can telepathically connect with one another. They are able to see, hear, and experience each other’s lives.

The characters are so likeable, and their stories never fail to entertain and inspire. It can be a bit difficult and confusing to start, but you will keep clicking on the next episode. The writing and creation are as beautiful as the settings, including some in Chicago!

Nurse Jackie: This is my current binge and it’s addictive! Showtime’s original show is about a nurse who works tirelessly in an ER and has to depend on drugs and pain meds to survive the day. The cast is strange, but loveable, and widely entertaining.

Orange is the New Black: I shouldn’t even have to tell you to watch this—you already should be.

Sign up for a free Showtime trail on Amazon and binge watch Shameless. Set in Chicago, this series follows the delightfully dysfunctional Gallagher family. Tied to an alcoholic father and a runaway mother, the Gallagher kids, led by the eldest, Fiona, never run out of schemes for survival and are always ever so unapologetically “shameless,” watch and you’ll know what I mean. This show is brilliantly written and acted in. It was make you laugh, gasp, and at the same time, warm your heart.

Scream Queens. This show is so bad it’s good. The brilliant creators of Glee and American Horror Story, Ryan Murphy and Brad Falchuk, mix the cheesiness of an ’80s horror film with sorority stereotypes to create this must-watch show. Someone is killing Kappas, and throughout the first season, you’re trying to figure out who the murderer is. It’s got an all-star cast, extremely quotable lines, endeavoring moments, and straight up absurd ones. Sign up for a free trial on Hulu to watch.

Jane the Virgin is my last must-watch recommendation, and if you were late to the party like I was, Netflix has you covered. Jane has been saving herself for marriage, and her life is finally in order when she accidentally gets artificially inseminated with gorgeous Rafael’s...uhhh, ingredient.

Set in the style of a telenovela (or soap opera) this show has loveable characters and outrageous plot lines. There’s an ongoing murder investigation, secrets, returned fathers, love triangles, and…a baby.

Chocolate Melting Cake for Two

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INGREDIENTS
6oz. Dark chocolate
6oz. Butter
4 Eggs
1.5oz Sugar
2oz. Flour

METHOD
— Melt the chocolate and butter
— Mix the eggs and sugar and whisk for a few minutes, then add flour
— Add the egg mix to the melted chocolate and mix
— Pour the mix in greased mold
— Bake directly in the oven at 390F for 14 minutes

Valentine’s Day is just around the corner, and this year, like every other year, it has snuck up on me again. This year won’t be like the last though. I’ve got the help of Pinterest this time, and I won’t fail.

While scrolling through countless pins, I managed to find this gem: a chocolate melting cake. It came from a blog called Carrie with Children, and it almost looked too good to be true.

There aren’t too many ingredients involved and it’s super easy to make, though it may be a tad difficult to find the tiny dishes the cakes need to bake in. I’ve tried making this dessert myself, and it came out exactly as pictured. I was actually surprised at how well everything came out.

I’d definitely suggest trying this recipe out. You can do it on your own or make it a fun date activity for the night.
Jason Isbell, 37 year-old Folk/Americana singer-songwriter released one of his most successful and career-defining albums last July. He is stopping by Chicago on February 20th to perform.

The album *Something More Than Free* is titled after Isbell’s mental state after getting married, having his first child, and living sober.

While his first solo albums were themed with loneliness, alcoholism, regret, and fear, *Something More Than Free* is laced with themes of family, nostalgia, and the pursuit of happiness. Isbell walks his listeners down a long and ever-changing road of the poetic mundane in which he has dwelled for nearly 4 decades.

Isbell got his start in the rock band Drive-By-Truckers as a singer and guitarist. He even made writing contributions on albums like *Decoration Day* (notable by fans as the Drive-By-Truckers best and most successful album). After getting kicked out of the Drive-By-Truckers Circa in 2007, Isbell recalls the time as one of his lowest and loneliest points of his life defined by aimless searching and heavy drinking. In 2008, he released his first solo album with his backing band, The 400 Unit, named for the nickname of the psychiatric ward in a small Alabama hospital.

Before they started playing together, Isbell was sleeping on the couch of his bass player Jimbo Hart, who still plays with him to date. In 2012, Isbell toured with the 400 Unit and Ryan Adams (famous for the remake of Taylor Swift’s 1989) by his side.

After this tour, before his 2013 release of *Southeastern*, Isbell got clean and sober with the intervention of his wife, singer-songwriter, and violinist Amanda Shires, and good friend Ryan Adams.

In the wake of his sobriety, the creative and intelligent mind of Jason Isbell has grown reflective, honest, and fearless.

In an interview with NPR about *Something More Than Free*, Isbell said, “I really don’t do fear that much anymore, though, to tell you the truth. I’m kind of over that. I’ve dealt with a lot of physical pain, with a lot of emotional pain; anybody’s who’s ever been an alcoholic has handled both of those in extreme. So, as long as my family, my wife, is taken care of and able to do what she wants to do and be happy, I’m not really afraid of much.”

Now Isbell is a nominee for three Grammy’s this year, and though the Americana genre is not likely to be televised, he is definitely someone to keep your eye on this year and in years to come.

Isbell will be playing at the Chicago Theatre on February 20th, with a set that is likely to consist of hits from his entire career, including the sad yet comforting ode to our great city, “Chicago Promenade.” Tickets are available online.

**Movie Reviews**

In a year filled with diverse films that tackled issues otherwise shunned, let’s look at some of the newest films to hit the Box Office.

**CAROL:** This movie is an adaptation of the book *The Price of Salt* by Patricia Highsmith. A younger clerk in 1950s Manhattan meets an older woman. The older woman, Carol, finds the strength to leave her husband, but her husband realizes that some of Carol’s friendships are more intimate than she leads on, and he questions her abilities as a mother.

**Carroll** stars Cate Blanchett and Rooney Mara who play two women who find each other in the 50s, a time when being a lesbian was far from welcomed.

The cinematography, acting, and overall plot were mesmerizing. Both Mara and Blanchett are up for various awards, including the prestigious Oscars.

Rating: 3 1/2 stars.

**The Big Short** ★★★

In other news, rumors are that Disney is to release 13 new movies throughout the year of 2016. Just from the titles alone, they look to be promising movies: *Zootopia, Moana, The Jungle Book, Fingering Dory, Alice Through the Looking Glass, The Finest Hours, The BFG, Pete’s Dragon, Captain America: Civil War, Born in China, Rogue One: A Star Wars Story, Doctor Strange, and Queen of Katwe.*

Here’s an image of the upcoming Star Wars spin-off story:

Image from www.aintitcool.com

**45 YEARS:** Strangely, Charlotte Rampling has been nominated for an Oscar for Best Actress. Many critics have given this film good reviews, but it was quite a bore until halfway through.

It focuses on a married couple, who have been married for 45 years and are getting ready to celebrate their anniversary. They are a happy couple until Kate, the wife, is prompted to dig for a secret that her husband has been hiding when his ex-fiancee’s body has been found.

Rating: 2 stars, boring!!!

**45 Years** ★ ★

**THE BIG SHORT:** This film centers on the housing crisis of 2007-2008. It shows how many experts predicted the crisis before it even happened.

With fan favorites such as Ryan Gosling, Steve Carrell, Christian Bale, and Brad Pitt, how could you go wrong? Christian and Steve were both up for Golden Globes and Bale is up for the Oscar, while the film itself is also up for Best Film. The film is very technical, so it is hard to follow at times, but overall the acting and story is great.

Rating: 3 stars.

**Movie Reviews**

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**45 YEARS**

**THE BIG SHORT**
Student Disappears Under Pile of Discarded Scarves and Hats in Overly Warm Classroom

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fter a grueling hour and a half search, the College has finally located a missing student—a student whose disappearance had perplexed the entire campus. Having seemingly vanished, the student went missing from class without a trace. Lake Forest staff and students thought he was gone forever and were at a total loss regarding where he could have gone. But, sometimes, miracles happen. At Lake Forest, the impossible can always become possible.

The boy was found buried under masses of coats, gloves, and other articles of winter clothing in his 8:00 a.m. class. While the boy is still unable to communicate fully, our top detectives are confident that he must have arrived early, fallen from his desk, passed out on the floor (due to the air being as warm as blankets), and then unknowingly been forsaken by his classmates as they shed their heaps of cold weather gear.

Due to the overwhelming heat of classrooms in Young Hall, the poor boy was lost as students couldn’t wait to take off their jackets and scarves. He never truly stood a chance to be spotted, as the students walking in were in a frenzied state to cool down, lest they succumb to heat stroke at the hands of Young.

In what is being hailed as “The Greatest Survival Story of the Modern Age,” the student was able to survive for 90 minutes trapped under the apparel. He ate leftover cough drops from coat pockets, attempted to dig his way out by tunneling through the floor, and was even able to communicate with the friendly dust bunnies who shared the space with him.

Once the coats were removed via shovels (a spectacular sight), the boy was discovered clawing at the ground with his fingernails—almost complete with his escape route. The student was then carried out of the classroom by rejoicing faculty members, and he is currently in the English department where professors are trying to reteach him the common language (instead of the dust bunny language he had adopted in this desperate time).

This story must be heeded as a warning to students to, for one, never pass out on the floor of their 8:00 a.m. class, and to always make sure they’re not burying a sleeping student in winter clothing when entering a classroom that’s hotter than the actual sun.

Movie rights are apparently being disputed for his story, which is being compared to 127 Hours. The student is also set to speak before the campus about his struggle, and to inspire young minds about the fiery passion of the human spirit (just like the fiery temperatures of Young Hall). This will occur once professionals can get him associated with reality again, of course.

This is an event to be remembered for a long time here at Lake Forest College, and you’ll see me camping out to be at the front of the line for the upcoming movie rendition of this true tale.

New Club W.A.R.M. Rallies to Increase Global Warming Amidst Growing Threat of Ice

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A concerned group of students have formed Lake Forest College’s first anti-winter club. Referring to themselves as WARM (We Are Really Mad), the ice-ist students are aspiring to increase their carbon footprint tenfold, contributing to rising global temperatures.

Recent environmental breakthroughs have shed light upon the dangers of ice for American residents everywhere. Activists around the country, considering themselves to be “ambassadors for sidewalks,” are holding public demonstrations against winter weather conditions. “Ice is stupid. I don’t understand it, so I hate it,” said WARMer Rebecca Howell ’17 after falling on her face during a protest.

Ice’s threat to national security has been growing over the last months, but most Americans were unaware of its threat until Snowzilla attacked the eastern seaboard. That’s when WARM knew they needed to do something to prevent future attacks that could hit closer to home.

WARM’s constitution includes strict environmental initiatives, such as absolutely no recycling, leaving the refrigerator open at all costs, always flushing twice, and daily littering. WARM will be hosting several “F*%k this Ice Bullshit” open forums to raise awareness about the need for global warming. Please stop in for a Soup and Stories with WARM president Kalina Sawyer this month. It’s titled “How Ice Is the Fucking Worst” and will be held in the Wood Lounge, which WARM set on fire last week.
A Letter to Rain

DEAR Rain,

Yes, you were today, rain, you weren’t pourin’ dat liquid like a little girl’s lemonade, stand, you wasn’t on dat once any hour, youse was pourin’ all day from beginnin, to ay-n, use was on dat long ass shower, ‘da thing I’m talkin’ bout, Dem showers when use was a teenager and yuh moms was yelling, ‘Hey you’re usin’ up all dat hot wata, yuse sista has a date wit da hottest/richest kid in da school be a good broo, don’t scroo us ov-uh! Son, not even the weather mon had the pow-uh, to predict this one, the verdict is in, we gone need to double fist umbrellas like we drunk’! Bud, the light, I’m talkin’ Gud, da lord, called Noah and said screw da ark we gone need a spaceship! Elon Musk, gettin’ stressed out, sayin’ even Tesla can’t save us, man dis rain is a pain in my anus, I mean I ain’t use to Dat Seattle weather, that’s all I’m sayin’, I ain’t gone lose sleep tho, I know my bro, Da Sun, will be up eventually (Insert Tame Impala sample), it’ll be heavenly, like warm chocolate chip cookies, I can smell it G, auto’s on the street slippin’ and slidin’ like kids doin’ dey sheet, plezee rain just stop, I’m not a cop policin’ yuh rain grind, but the Deepeth basement jus flooded, LFC students be lookin’ like mer-mons and mermaids, Spooneroh be throwin’ ‘me shade, like, “where yuh lame side kick at the one with the barnacle face?” Like Wohhhhhhhhhhhhhh (Drake wohhhhh) so wet I swear I saw Steph Curry, I be jumpin’ over puddles in a hurry, to class, I think you get the mess-age, I’m agin’ dis getting’ old. Stop makin’ it rain, Rain, planet Earth ain’t a strip club Rain, I’m not Magic Mike, mane.

From,

acflowaday

As a single woman on Valentine’s Day, I will be attempting the impossible: skipping Valentine’s Day. That’s right, skipping it. Like it never even happened. Throughout the years, I have observed my friends riddled with the emotional baggage and stress that rains down once the clouds form and the sky opens with its unyielding plague of fuzzy lovey-dovey rose-scented hearts. Never again.

“This is probably the best time of the year for us. We’re just waiting for those desperate last-minute buys, just so we can see the ashen look on their faces when they find out we’ve had a price hike,” says Nora Martinez, lead chocolatier of Sweets.

Like many other holidays celebrated in the United States, Valentine’s Day has become a consumer-based celebration used to fill the void within each and every one of us with babies in diapers and false promises. I have decided to fill my void with Irish coffee and cheese cake. No rom-coms will be found in my queue, no rose petals will be found decaying in my waste basket, and there will be no tissues saturated with the burning tears of regret in my bed.

The only thing Valentine’s Day is good for are the mountains of discounted chocolates in the days to come. I am single, I am bitter, and I have no regrets.
Current Standings of Lake Forest College Spring Athletics

GRACE DOWLING ‘16
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Lake Forest College prides itself on its committed athletes and athletics. Let’s take a look at how our current winter sport teams are doing.

MEN’S TENNIS: The men’s tennis team is starting up again and they had their first match on Saturday, February 6, at Lake Bluff Racquet Club against Kalamazoo. They are currently ranked as second in the preseason MWC coaches poll.

MEN’S BASKETBALL: The men’s basketball team is 9-8—currently in 5th place. They faced Knox on Saturday, February 6.

WOMEN’S BASKETBALL: The women’s basketball team is coming off a two game winning streak and are currently in fourth place.

MEN’S HOKEY: Our men’s hockey team is currently 9th out of 11th place and faced Aurora on Friday and Saturday, February 5-6.

WOMEN’S HOKEY: The Women’s hockey team is currently in 2nd place trailing Adrian, with a 12-0 win-loss record. They faced off against St. Norbert on Friday and Saturday, February 5-6.

SWIMMING & DIVING: The team was given the honor along with nine other schools to CSCAA Scholar All-America Team. They competed in the UIC Invitational on Saturday, February 6, and are slated to compete in the MWC Conference Meet, which starts Friday, February 19.

MEN’S & WOMEN’S HANDBALL: The men’s and women’s handball team traveled to Lombard, IL on January 22 to compete in a three-day state tournament against Lake Forest alums, the University of Minnesota and University of Illinois handball teams, and various other exhibition players. Leo Canales ’18 won the Men’s Consolation Open Division Singles and Ricardo Palma ’18 took the winning title in the Men’s A Division Singles. The team is quickly approaching the National Tournament and is working hard to bring home the national title for the 50th year in a row.

It’s All for the Shirt

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Intramural sports on campus occur throughout the school year. Some people consider intramurals some of the best “seasons” on campus. They allow for everyone to participate and compete against other students and athletes even if the athletes do not play on the varsity teams.

“I like coordinating the Forester Intramural program because it offers an opportunity for all students on campus to participate in sports,” Director of Athletic Programming/Intramurals Coordinator, Blake Theisen said. “Most of our intramurals are team-oriented and, in my opinion, there are a lot of practical life lessons one can learn by being part of a team.”

Currently, there are nine intramural sports throughout the school year. Lake Forest College hosts badminton, flag football, indoor soccer, and table tennis in the fall; basketball, ice hockey, indoor soccer, and volleyball (4’s) in the winter; and badminton and volleyball (6’s) in the spring. Aside from these weekly competitions, Lake Forest also hosts one-day events in the spring, which consist of tennis, Ry’s Run 5K, and indoor soccer.

Participation varies by sport, but indoor soccer and volleyball, on average, typically draw about 50 to 75 participants; flag football has about 30 participants; badminton receives around 20 participants; ice hockey draws about 25 students; and Ry’s Run and basketball bring in between 80 to 120 students, which makes them two of the largest intramural sports on campus.

Sports differ every year based on the amount of interest and number of participants.

“So far, we have been here (for four years), the numbers have risen each year,” Theisen said. “Making each league run efficiently takes a good amount of commitment and I’m really thankful for the great student-workers who help make them happen.”

Colin Jackson ’17 competes in two intramural sports and has found “students come from all walks of life to showcase their skills on the court and the turf. Intramural sports hold a rare blend of creativity, competition, and talent.”

Team chemistry and cohesion are keys for success in the intramural rankings, according to Jackson.

“My favorite part of being a member of intramural sports is seeing students and faculty alike giving their all every Tuesday and Thursday night,” he said.

Indoor soccer takes place in the Sports and Recreation Center. Ice hockey takes place in the Ice Rink on campus. Badminton is run in the main gym in the Sports and Recreation Center. Table tennis is hosted at the Mohr Student Center. Ry’s Run takes place outdoors behind and next to the on-campus ice rink. All intramurals run throughout the week, but the biggest nights for competition are typically Tuesday, Thursday, and Sunday.

“It is fun to see teams form as first and second year students and stick together. By the time they are upperclassmen, some of the teams develop really good chemistry and are fun to watch,” Theisen.
GLASA Sled Hockey Tournament is a Hit
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The Alumni Memorial Ice Rink heated up last Sunday when the GLASA Falcons sled-hockey team came to Lake Forest College to play the game they love. The Great Lakes Adaptive Sports Association claims: “Let no one sit on the sidelines” as its motto. The group provides recreational and competitive sporting activities to people of all ages who have a primary physical or visual disability.

Lake Forest had the pleasure of once again hosting a sled hockey game on Sunday, January 31. Students, campus staff, fans, and community members filled up the rink to cheer on the players. The matchup featured the White Team and the Black Team. The fans were divided to cheer for their respective sides, however, once the puck was dropped everyone in the stands was brought together to cheer on all of the athletes who were giving it their all on the ice.

The game was a battle from the start all the way to the final buzzer. After a slow start, the White Team jumped out to a 2-0 lead. The Black Team then answered with a goal. Both teams shared two more goals of their own making it a 4-3 game as the end of the third period started looming. Down the stretch, the Black Team’s comeback efforts were thwarted and the White Team came out victorious.

Travis and Bob were both #56 but on different sides of the ice on Sunday. Travis had been playing hockey for only a year, but has loved every second of it. “It’s always great to play with a team, I’m thankful for GLASA and other organizations that give people with disabilities the chance to show their skills.”

Bob, a player for 5 years, went on to say, “Sled Hockey is a growing sport in the area and is so excited to be apart of its growth and the community that surrounds it.” He continued and said the best part about the game is, “No matter what your disability is, modifications can be made to give everyone a chance to participate and have fun,” he said. The fun wasn’t only limited to the players though, fans and students had a blast in the stands. The dueling student sections were loud for all three periods. “The student sections at the game brought the school together,” Grace Larson ‘19 said. Our enthusiasm made the event a more positive and exciting experience for the players and the other attendees.”

If you missed the game, or need some more sled hockey, the GLASA Falcons are on the ice every Sunday from 3:15 to 5:30 p.m. at the Hot Shot Ice Arena in Lake Bluff.