In a shocking turn of events, Lake Forest College’s long-time mascot, Boomer the Bear, has been fired!

After 21 years of service to the College and after representing the school in a variety of ways, Boomer was fired … and his replacement is Sammy the Squirrel.

Public Safety issued a press release to the student population explaining that it was worried that Boomer posed a possible threat to students because of an apparent case of Dissociative Identity Disorder (DID), previously known as Multiple Personality Disorder.

The announcement read, “Due to evidenced behaviors suggestive of Dissociative Identity Disorder, Boomer the Bear will no longer act as the College’s representative. The safety of our students is of the utmost importance to us here at Public Safety and in the Administration, and Boomer’s refusal to seek treatment for his condition makes him a liability to the College and its students. Happily enough, Sammy the Squirrel was willing to take Boomer’s position on very short notice, and has thus been appointed Lake Forest College’s official school mascot.”

We caught up with Boomer at The Lantern, where he sat alone at the bar. He was adamant that the College’s decision to terminate his employment had nothing to do with his condition (which he also denied having).

“I can’t believe they think I have multiple personality disorder,” said a tearful Boomer. “I mean, sure, there are several students getting in this costume, but we’re all one Boomer!”

A small coalition of students have been protesting on the Middle Campus Quad against the College’s decision to replace Boomer, but many are glad to see him go.

“I never liked Boomer that much. He was always really obnoxious and totally full of himself,” said John Smith ’18.

Betty Brown ’16 also expressed relief that Boomer had been fired, but for different reasons than her classmate. “Honestly, Boomer kinda creeped me out. Like, at events, he would just walk around really causally, and then he’d run up to random people and demand high-fives and hugs… I think he might have had some obsessive stalker-ish tendencies,” she said.

“I feared going to College events because he would probably be there, and I didn’t want to become his next target,” Brown continued.

Other students shared their own thoughts on why Boomer was fired or why they were happy to see him go.

Whatever the real reason as to why Boomer was fired, it is obvious that he will not be missed, and he definitely will not be coming back.
Local Student Eats Chunk of Drywall instead of Caf Chicken

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I’m willing to bet that no college in the country is able to serve five-star cuisine to its students or even four-star cuisine, for that matter. Around the nation, the same old jokes float around like the aroma of soggy french fries under a heat lamp.

“Watch out for the freshmen 15.” “Enjoy the good meals at home while you can.” The list goes on and on.

Most people just grin and bear it, choosing down on cafeteria food in order to save a few bucks and sustain their own life, instead of sticking out. In all seriousness, the majority of our student body actually enjoys and appreciates our cafeteria.

However, there are some that do not. We received shocking reports of an event that occurred the week before Spring Break.

Tensions were high, midterms were raging, and students could not wait to get home. In the cafeteria, four freshmen, who wish to remain anonymous, sat down to eat. They all quietly enjoyed their food, waiting for their friend to come and join them.

He was spotted scanning in his ID card, and slowly walking over to the main line, surveying what was in store that day.

Even from across the caf, his friends could see the light leave his eyes in sheer disappointment. They all audibly sighed in dismay for him, and watched in hope that he could find something to eat. He wandered around the room, looking for something to fit his appetite, but he could not find it. ’Twas of no avail.

Straight-faced, he took a piece of grilled chicken—a single piece—and put it on his plate to take back to his people. Upon sitting down, he still remained completely stone-cold.

They greeted him, and he responded with a slow, soulless gaze. The blacks of his eyes were holes into some kind of abyss—void of sunlight.

Abruptly, he gripped the chicken in his hand and asked his friends to “excuse him.” They were stunned, knowing that something broke inside him. Something snapped. A primordial aura radiated out of their former pal.

In one fluid motion, he dropped the chicken on the floor, curb stomped it, and took a hearty bite of the nearby wall. It was like a lion ripping a piece of flesh from its prey, the way he tore into it with absolute cruelty and power. He stood there, chewing momentarily, gutturally moaning with success. His friends were both shocked and impressed by this feat of anger. Many tables of bystanders saw the chunk get bitten off, but no one made a sound in fear of getting their face bitten off.

His friends immediately left the table and came to the Stentor with the story. They had always known him to be a gentle, easy-going guy. But when you are sick of food, sometimes you will resort to animalistic tendencies.

Local Student Becomes Beer Connoisseur After Trying Blue Moon One Time

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A TTENTION FORESTERS: There is a new beer expert on the block who recently tried Blue Moon beer for the first time. As soon as that fine craft beer hit his tongue, The Expert (as he is now formally known) found his true calling: being a know-it-all. Since that fateful day last weekend, The Expert has spent every waking moment discussing the pros and cons of various beer brands—always, always praising Blue Moon above all others.

I spoke to The Expert yesterday, and he had this to say: “Blue Moon is truly the gentleman of beers. If Blue Moon were a man, he would wear a fedora. Do you understand what I’m saying? Blue Moon is classy; it’s not like other beers. Blue Moon often gets looked over as the ‘nice’ beer, while girls—um, people—go for ‘bad’ beers that will treat them wrong and leave them broken-hearted—I mean, hungover. See, it’s like this: Blue Moon is in the beer friend zone...”

It was at this moment that I walked away from The Expert, because I was afraid that I would punch him in the face. The Expert remained there for three or four hours, talking to the air. I don’t know what he was saying; I have a life.

This reporter’s opinion is that any person considering throwing a party and/or consuming alcohol, particularly beer, should avoid The Expert at all costs. And to anyone out there considering trying Blue Moon: shut your mouth. Be quiet. Seriously, be quiet right now. No one cares.

I need a drink.

Left: The first ever BALLSKI Cartoon by aclowaday

Pictured above: A Blue Moon Connoisseur moment before being written up by Public Safety
Sally Donaldson ’19 is a first-year student who has finally “found herself” in college after having joined Kappa Upsilon Lambda Tau (or KULT for short). Sally spent her first semester at Lake Forest College aimless, unsure what her true purpose was. Her only friends were people with similar interests, hobbies, and values, but she never felt a true connection with any of them because there was no hierarchical structure telling them to love each other. She was unsure if they were even really paying any money to call them her friends. She never felt a true connection with any of them because there was no hierarchal structure telling them to love each other. She was unsure if the rest of her life, she could proudly call herself a member of the Lake Forest College KULT. There was no longer any reason for doubt; she knew these girls were her friends – they had all posted on her wall! They loved her already! They said things like, “Love you! Can’t wait to meet you!” and used Greek letters in hashtags! She hadn’t met most of them, but Sally just knew KULT life was for her. Sally threw herself fully into her new KULT life, forsaking everything that was not associated with her new life after paying a measly sum of $700. You can’t put a price on lifelong friendship and sisterhood. But if you could, it would be $700.

Sally felt pretty bad for her friend, Brenda, who did not get a bid into a sorority. What is it like, Sally thought, to have no formal obligations to your friends? What do groups of friends without a national organization even do on the weekends? Sally pitied her friend, Brenda, adrift in the college world, without matching t-shirts or governing body. Sally wondered how Brenda could ever recognize her friends—did they have special hand signals, too? Sally was no longer sure how anyone who was not a part of Greek life could function. She only knew one thing: she was a KULT member.

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Freshman Finds Her True Self Through Total Conformity to Sorority

Gates Center Reports Spending 50% of Time Windexing Doors

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E ver walk through the Student Center and wonder why your grandparents’ patio doors lead to one of the most influential offices on this campus? Ever wonder what the Gates Center does behind those completely clear doors? Ever wonder how the heck they keep those things so dang clean?

Wonder no more! The Stentor was given a special VIP pass behind those completely clear doors, and we are here to share it with you. This reporter stood in awe from 9:00 a.m. to 2:00 p.m., watching the Gates Center Staff clean their doors. The process took all morning and four bottles of Windex, but boy, those doors sure were shiny. I asked how they keep the doors so clean all afternoon, and I was told that the Gates Center uses the window-washing company that cleans the Louvre. These highly-trained specialists swoop in to clean any stray fingerprints and smudges that may creep up during the course of the afternoon; these window ninjas are silent, deadly, and invisible. Having ventured into the Gates Center a total of zero times in my time as a student here, I can truly say: it is worth it. Why is it so important that the Gates Center have totally transparent doors? It turns out that the Gates family also owns significant stock in S.C. Johnson, the company that produces Windex, as well as the My Big Fat Greek Wedding franchise. In the wise words of Gus Portokalos, “Put some Windex on it.”

As they say, those who live in glass houses…should clean them constantly.

Put Some Windex On It
Top 10 Ways to Hide Alcohol From Your RA

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We all know a successful college life involves alcohol, be it at a party, while writing a paper, or when waking up in the morning. We also know that America has ridiculous laws regarding legal drinking age. Yet, water of Gods is a wonderful thing, and it would be a pity to be deprived of its pleasures because of such a trivial thing as age.

Learning how to enjoy and be discreet with your desires is the first step toward being a successful grown-up. The first enemy when it comes to underage college students is the RA, and we don’t want to have any incriminatory evidence found during a random room check. So let’s learn how to hide the alcohol bottles from your RA and RD.

It is important to be discreet and classy.

1. Put your wine bottles on your desk. Since alcohol bottles are somewhat similar to chameleons, they will merge with their environment and look just like an ordinary pencil case to the eyes of your RA.

2. Get a pack of green herbs, preferably ones that smell strongly of cannabis plants, and put it next to the bottle you are trying to hide. Your RA will be too busy wondering if cannabis leaves are supposed to be clover-shaped to notice the bottle, and you will get to enjoy your glass of pleasure whenever you wish.

3. Put a piece of dirty underwear on top of your bottles of alcohol. The more colorful, the better. Hide in a corner and enjoy the reactions of disgust you will get from the visitors to your room.

4. Write a sticky note that says, “This is my water bottle.” Personalized water bottles are the new trend!

5. Put the bottle on your bed. Since it is such an obvious place, no one is going to bother looking for it there.

6. Write “It’s not alcohol!” on all of your bottles and cups. If you get questions, offer to drink all of the contents in front of them.

7. If you have transparent drinks, pour them in a fish tank. Get a few plastic fish and place them in the tank. There’s nothing wrong with having a fish, right?

8. Put candles in the shape of a circle around the bottle. Light the candles. Tell them you’re summoning Satan. They will run away in fear without further questions.

9. Tell them you’re Russian and that this is the water you normally drink at home. Offer to show your family tree and photos from family gatherings if the questions persist. They don’t want to be culturally insensitive, do they?

10. Pour it in your kettle. If you need more space for the alcohol, buy more kettles. If asked, say it’s detox tea.

10 Excuses to Blow Off That Annoying Friend

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1. Mom said “No.”
You can never be too old to use this classic excuse. As a child, this was the best way to get out of plans. Who’s to say it has to stop now that you are in college?

2. My pet died.
Everyone has a heart for animals, and you do not have to use the classic “dog” excuse to get it to work. It can be your cat, llama, platypus, or your beloved lucky cricket. In fact it doesn’t even have to be your pet. It could be your best friend’s grandmother’s aunt’s daughter’s granddaughter’s goldfish. But you are the legal godparent and, therefore, be present for Rainbow Sparkle’s flushing ceremony.

3. Grandma asked me to do her a favor.
Along with pets, nobody has the heart to argue with a sweet old lady. Especially when she bakes such delicious cookies. It doesn’t matter what the favor is. Any favor is valid when Grandma is the one asking.

4. I have to go to class.
This is especially useful if you have no classes with this person. Or, better yet, they don’t even attend your college. If they question why you have class on a Saturday, you can just say that you’re not the professor and you have no say in deciding the class schedule.

5. I already have plans.
To make this excuse particularly non-negotiable, you can say you made the plans months or even years ago. Not only that, but they are plans with your closest friend who is coming in from Antarctica for a short visit before returning to live for ten years amongst the Empire Penguins for an extended senior research project.

6. It’s Bingo Night.
No one can resist a good bingo game, especially when there are prizes involved. Nothing is better than free stuff. You also have the option of following up by bragging that you are the youngest person in the nursing home.

7. I have “homework.”
What they don’t know is that your homework is to watch a fascinating documentary about a father searching for his son with a woman who has short-term memory loss—more commonly known as Finding Nemo.

8. I’m allergic to you.
You can follow up to that by saying, “What I meant to say is that I have an allergic reaction to your shampoo.” What they don’t know is that you are actually allergic to their personality.

9. I have to catch up on Netflix.
If this person really is your true friend, they have to learn to accept the fact that Netflix comes first in the relationship. Obviously Joey, Rachel, Monica, Ross, Chandler, and Phoebe are your true friends because they’ll be there for you.

10. Nope.
Sometimes honesty is the best policy. It really helps in a friendship if you are honest with each other and get everything out in the open. Trust me, they may act like they are hurt, but in reality—deep, deep down—they appreciate your bluntness.

The Chive does not welcome your letters, because, frankly, we don’t care. We make everything up ourselves, which is a whole lot more entertaining than reading about steam pipes and roommates. Any letters to the editor may be altered to fit our agenda.

The Chive is a student-run publication printed monthly throughout the academic year. All editors are the opinion of the editorial board of The Chive and do not represent the opinions of Lake Forest College, its students, faculty or employees. All opposite-editors are the opinion of the writer and do not reflect the opinions of The Chive or Lake Forest College.

A real disclaimer: The Chive section of this newspaper is an April Fool’s joke and meant to serve as a humorous break from the daily grind. All the stories in The Chive are works of fiction. People involved in the stories may not have knowledge of their involvement.

For questions or concerns regarding content, please contact the editor at editor@lakeforest.edu.

Send all letters to the editor at the above email address, or drop them off at The Chive’s office, 10 Downing Street, The Moon, 60045. Did you read this box? Good for you.
I'm That Asshole Who Never Flushes the Toilet... Let Me Explain Why That’s Okay

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A re students satisfied with the food choices offered in the school cafeteria? “Aramark food is indeed wonderful,” said Jamie Oliver ’12, as he delighted himself with baked potatoes placed near some pasta already on his plate. Even though he graduated a few years ago, Oliver cannot help but come back to the Lake Forest College cafeteria because he claims the flavors are “impossible to replicate.”

When asked, most of the students interviewed replied that they enjoy cafeteria food. The ones who confessed their love for grilled cheese sandwiches and pizzas, as well as vegetables and rice, said they have never tasted such natural flavors in food. “I mean, this soup doesn’t taste like seasoning at all. Its flavor is provided entirely by the vegetables in it,” said Jacques LaMerde ’18.

The students particularly enjoy the various choices offered. A freshman who chose to remain anonymous said, “You never get bored because there is always something new.” The soups are changed twice every day and the dishes are always very diverse, fresh, and innovative. There is always something delicious to try!

The students unanimously agreed that the best part of what Aramark offers us are the desserts. The cookies are always baked well, the texture of all the sweets are true to what they are supposed to be, and the amount of sugar is perfect, especially for those who are used to consuming less sugar than the average person.

There is nothing better than coming to the cafe during lunch and waiting in line for 10 minutes. The wait is worth it, because you see so many available options from which to choose. As a result, even if you choose to go to the salad line, get a salad made out of the freshest vegetables, and sprinkle it with the finest dressings, you will still feel overwhelmed by the amount of choices offered to you.

The “Freshman 15” is a myth because the food in the cafeteria is so healthy and so low-carb, as well as extremely nutritious, that you never really need to snack on high-calorie foods late at night or at odd hours.

Overall, everyone is satisfied and happy with the options provided, the quality of food is great, and there is absolutely nothing that could be improved. Students certainly do not want Aramark to change anything about the way it provides the finest foods and the most exquisite drinks.

Besides, the smell of burned toast surely adds to the experience!

Aramark Food Is the Best!

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One of the many perks of college in comparison to high school is that you have more freedom in deciding whether to attend class. Given this choice, there are many pros and cons that need to be considered before you skip. Let’s begin with the cons of going to class.

First off, having any 8:00 a.m. should be reason enough to skip. Professors just need to face the fact that our brains are not meant to function that early in the morning. We may drink enough coffee to send our heart rate through the roof, but mentally, we are still daydreaming about that comfy, warm bed that we sadly and unwillingly had to depart from. On top of that, we are still in mourning from our loss of sleep. It’s common knowledge that sleep really is the college student’s best friend. Therefore, it is quite tragic that we have to sacrifice that friendship for our education. When given the choice between sleep and attending class, it is a no-brainer as to which is the wiser option.

If you are miraculously able to wake up from your deep slumber and get yourself out the door, more often than not, you are met with a huge gust of cold wind right to the face. If you weren’t already alert, that should do the trick. While the summer and spring weather is normally nice, the winter and fall weather can be pretty brutal. And sometimes, the act of walking to class alone is more unbearable than sitting through the lecture itself.

Let’s say you bravely get out of bed, face the weather, and finally make it to class. Then what? Now that you are basically stuck there, you have nothing better to do than text your friends and maybe check Facebook and Twitter while you’re at it. Before you know it, class is over, and it’s no big deal because you can just copy the notes from a friend or use Google (a college student’s second best friend). Again, this emphasizes just how pointless attending the class was in the first place.

Also, the simple act of going to class leads to homework, which leads to quizzes, which leads to exams, which leads to projects, which leads to presentations. All of these things added together equal one thing: stress. Too much stress can cause a variety of health issues. In this sense, skipping class helps to promote your health.

Another con of going to class is that it takes up your Netflix time. As everyone knows, Netflix ranks a close second to sleep on the importance scale when considering your priorities. It’s vital that we stay caught up on every new update on our favorite shows. For some, it is our only connection to the outside world.

Now, I know that was a pretty convincing argument for why you should not attend class, but there also are some minor pros of going to class that are worth mentioning.

The most obvious one is that your teacher will not pull you aside and say that you never attended class. This is because technically you did…that one time. This is regardless of the fact that it was only to get the participation points, worth 2% of your final grade, just for attending the first day.

Aside from that, there is also the fact that you are getting an education…but hey, there’s nothing Google can’t help you do right?

Now that all these pros and cons are listed and described, what is your final verdict? Should you skip class? Choose wisely.

Should You Really Go to Class?
On April 20, the Lake Forest College Art Department will be housing a Donald Trump art exhibit entitled: Trump, the Art Behind the Man. Trump is a billionaire who rose to prominence as a real estate mogul and television personality, and he is now most well-known for his status as a potential Republican presidential nominee. What many don’t know about him is his dalliance with the modern art movement. In his early schooling, Trump developed a love for landscapes and later pursued this passion at Hunter College.

The exhibit will feature a collection of his works depicting the Civil Rights movement in Chicago, along with some of his early sketches, self-portraits, and landscapes from his classical training at Hunter. Some of his pieces employ the use of found objects, hair collected in his youth, and his mother’s menstrual blood.

Some may recognize the names of his most prominent works, Nude Ladies in the Window Across the Street and The White American Dream, both of which showcase his raw talent and proclivity for bold colors and political representations. The exhibit began last year at the Metropolitan Museum of Art and received rave reviews from critics.

The Trump exhibit will continue through April 28 and will also feature keynote speaker Governor Chris Christie upon its conclusion. Please reserve tickets through the Art Department.

Trending Style of a Donald Trump Supporter

- **Classic Baseball Cap**
  This cap has style while displaying your favorite quote of all time. What’s not to love?

- **Graphic Tee**
  This simple tee not only fits your figure perfectly, but also fits your attitude too.

- **Brass Knuckles**
  A must-have for any supporter. This piece is not just a fashion statement, it’s a useful tool for when you have to beat down anyone that dares protest at your Trump rally.

- **Flag Print Pants**
  Now there’s a print that really takes you back to a better time.

- **Combat Boots**
  These trendy shoes are a favorite for those that want to look their best while stepping on all the little people along the way.
An Exciting Spring Preview

Forester Golf and Tennis teams spend Spring Break 2016 playing and practicing in FL.

GRACE DOWLING ’16

E very s pring break, some of the Lake Forest College spring athletes travel south to play their respective sport in the warm weather. This year, Lake Forest’s very own tennis and golf teams traveled to Kissimmee, Florida. Both the men’s and women’s golf teams were approximately a half hour from where the tennis teams stayed, so they decided to come support one of the women’s tennis matches against Juniata College.

The once golf teams arrived, the atmosphere was filled with support for LFC. The golf teams truly represented LFC spirit and pride.

Regardless results, the men’s tennis team played a total of four matches, which they split. They won against Juniata College and Wittenberg University but lost against Ursinus College and Oglethorpe College.

GRACE DOWLING ’16

Lake Forest College’s seeks many athletes come through its doors, but only a few have made a name for themselves here. With their amazing players, Handball and Women’s Hockey teams are some notable examples. Now, though, we have a diver.

Heigh Ogawa ’19 joined the diving team as soon as he got on campus with one goal in mind: make it to NCAA Nationals as a freshman. Only a week after spring break, Ogawa found himself in Greensboro, North Carolina at the NCAA Nationals with over forty qualified divers at the end of a one-meter diving board.

Ogawa went on to make it to the top eight in the country for All Men’s Diving before he was short in a new dive that he had not practiced for long. The seven divers he was competing against had nearly twelve years of experience under each of their belts and one little mistake was all that separated him, considering that Ogawa had only five years of experience.

When Ogawa moved to Illinois from Japan, where it is extremely expensive to join extracurricular activities, he was keen on doing some form of acrobatics. Of course, gymnastics was his first choice and he started diving as side gig so he could stay in shape when not on season. However, when he graduated high school, his coach, who coached him in both sports, told him he needed to decide between diving and gymnastics so that he could be the best at one of them. Due to the extremely competitive nature of gymnastics, he chose diving.

Lake Forest College was close to Ogawa’s home and had a diving program; he was sold. Coached by Donna O’Brien, he breezed through the swim and diving season. Continuing his freshman legacy, he took to the three-meter board at the Midwest Conference, and without a blink, he beat the record by some 15 points with 560 points total. When I asked Ogawa how he felt about what he had accomplished he said, “I was happy with my performance but I won’t be satisfied until I bring back the championship title to Lake Forest College.”

All-American Diver: Heath Ogawa and NCAA Nationals

JACOB TRACY ’18

LAKE FOREST COLLEGE SEEMS many athletes come through its doors, but only a few have made a name for themselves here. With their amazing players, Handball and Women’s Hockey teams are some notable examples. Now, though, we have a diver.

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#FlashbackFriday to Senior Day

Lake Forest women’s two senior basketball players make their final mark on the Forest.

CHASE CREVISTON ’19

A lot was on the line at the women’s basketball game on February 20, 2016. It was Senior Day and if they were defeated, it would be their last game of the season. If victorious, it would seal their spot in the Midwest Conference Tournament.

Unfortunately, the ladies fell short to the Carroll Pioneers. Carroll led 38-17 at halftime and when the second half started, the Pioneers never looked back. While the scoreboard showed that the Foresters lost, the two seniors on the team were still winners.

Michelle Ricolcol ’16 and K.C. Stralka ’16 were thanked with standing ovations as they were taken out of the game. When the players arrived at the bench, they were greeted by hugs from every player and coach. It was a touching and sad moment watching the women’s Forester basketball careers come to a close. Both Michelle and K.C. had huge turnouts from their families and got to share their last moments as basketball players on the court with them.

“The game was bitter sweet, but it was nice being on home court with my family and friends especially with the loss,” said Ricolcol after the game.

The seniors had the privilege of playing all four years of high school together making them close teammates but even better friends.

“I’m very happy she has been by my side the whole time,” said Stralka when asked about the other.

“I want to thank her for sticking with me all these years. She is a great player but even a better person,” said Ricolcol of Stralka.

The ladies truly made a big impact on the team, and their stats and leadership have left a mark. Michelle, known as “Coco” and K.C. both averaged 12 points per contest. Coco led the Midwest Conference in Free Throw Percentage with 83% while K.C. led the Conference with number of double/doubles with 11 for the season.

Head women’s basketball coach, Tamlyn Tills, shared her thoughts on the ladies. “Coco and K.C. have been a joy to coach. They have embodied the spirit of Forester Basketball by their leadership both on and off the court. They have left their mark and have earned their place in the rich tradition of Forester Women’s Basketball.”

There is no doubt Coco and K.C.’s presence will be missed on the court and in the locker-room next year.

“I only got to play with them for one season, but they made a huge impact on me. They were great leaders verbally and on the floor. They always had a lot of energy and got the team going every game day. Even though they may be gone, they are Foresters forever,” shared Taylor Farrell ’19 on her senior teammates.

“They will difficult to replace, but we have a tremendous group of young women who are dedicated and committed to the success,” said Coach Tills.
Who is Bernie Sanders? We see his name in headlines, hear it on TV and radio, and constantly monitor his movement in social media. His presence in the American political sphere has gained attention over the past months. After all, Sanders is a presidential candidate who has called himself a “democratic socialist,” a marked difference compared to that of other contenders. However, who is this Vermonter senator, and what does he have to offer the U.S.?

Okla Elliott, the current Illinois Distinguished Fellow at the University of Illinois, is a progressive activist with a BA degree in philosophy, a legal studies certificate from Purdue University, and an MFA in creative writing. He answers many questions about the Vermontian senator in his latest book, Bernie Sanders: The Essential Guide.

Elliott’s book, defined by the fourth word of its title, should be read by everyone who desires to understand the leader of the #FeelTheBern movement and its political, historical, and philosophical context in contemporary America. The guide is an excellent read for Bernie Sanders supporters, as it is fact-filled with detailed information regarding his perspective on both domestic and foreign policy.

The topics this guide covers are vast, and include campaign finance reform, environmental policy, and infrastructure. Yet, the book also gives insight into Bernie Sanders’ personal life, leadership, and political identity so that his supporters and non-supporters are provided with grounded understanding. The page-turner’s pithy language make for a pleasing reading experience, especially in today’s political muddle.

I am neither an expert in American politics nor in books about public officials. As a college student, I greatly appreciate when a book about current affairs is fact-checked and easily readable. I believe this is a riveting read for all of those who see Bernie Sanders in the newspapers and do not fully comprehend his policies or the goals of the #FeelTheBern movement.

I am open to other writings about current presidential candidates, and I recommend that you be open too; after all, it is better to vote for the president when you are fully informed about the possible options. For those who already #FeelTheBern, Elliott recommends the following: “Keep up the fight. Bernie still has a shot at winning, but if Clinton takes the nomination, don’t shuffle home dejectedly and sulk. Get right back out there and fight for justice and equality and so forth. Sanders is an amazing man, but he’s just one man. We all have to stick together and work for a better world.”
Handball Team Slaps their Way to the College’s 50th National Title

Before coming to Lake Forest College, if someone were to walk up to me and inform me that there was a national sport that involved slapping balls, I would probably have called them crazy. Little did I know that I had walked onto a campus that was famous for playing handball since 1968. Handball is likely the most misunderstood and least talked about sport on our campus. Yet, this year, 2016, marks the year that Lake Forest College won its fiftieth national title at the United States Handball Association’s Collegiate National Championships.

The Lake Forest men’s team and women’s team finished a close second in standings for the separate team titles. The first place men’s title was won by University of Limerick, and the University of Texas won the first place women’s title. Lake Forest College brought home the combined first place team title. This was the Foresters’ first combined championship without a men’s or women’s first place title since 1988.

Leo Canales ’18 and Ricardo Palma ’18 won All-America awards for their three straight wins in the Open Doubles bracket. This is the twenty-third year that the College has brought home All-America handball honors. The women’s team captains Christi Valicenti ’16 and Lisa Ledvora ’16 reached the Open Doubles semifinals and were one round away from an All-America title.

Team captains Valicenti and Anthony Collado ’17 were the College’s top handball players; both reached the Open Singles quarterfinals. Matthew Chu ’16, also a team captain, competed in the Men’s Open Singles Division and reached the semifinals. Ledvora matched Chu’s performance in the Women’s Open Singles. The two seniors were key players in scoring points and helped obtain the team’s overall combined title victory.

Men’s doubles partners Carter Kounovsky ’18 and Jon Vargas ’18 advanced to the Double’s A Division’s quarterfinals. Women’s double partners Billie Rodman ’19 and Lily Shehadi ’19 also fought hard to reach the semifinals in the B Doubles bracket.

More points were scored in the A1 brackets, with Palma and John Snider ’16 competing on the men’s side, while Kyra Vidas ’18 and Marina Alesi ’16 competed on the women’s side. Palma advanced all the way to the men’s final, and Vidas made it to the women’s semifinals.

Kounovsky and Max Roberts ’18 represented the team in the A2 Singles bracket, with Roberts making it to the semifinals. Bethany Fyffe ’18 won two rounds in the A2 Singles.

Jessica Chang ’16 and Frankie Corrado ’18 lead the women in the B1 bracket, reaching the quarterfinal round. Rodman, Sophie Goss ’17, and Vargas also played well in the B1 round. Monica Redfern ’19 and Shehadi played in the B2 bracket, with Shehadi reaching the quarterfinals. Pulkit Divan ’16 played in the Men’s B3 Singles, Carter Ostrander ’19 won the C3 Singles title, and David Carrillo ’19 reached the C3 Singles round of 16.

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# MSFE Scholarships

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Wayne is an egomaniacal billionaire who thinks himself above the laws of normal humans. In this battle is Superman. Not simply for practical purposes, like the fact that he can snipe Batman from a mile in the air with his heat vision, but also because he is driven by a moral perspective. When your mother insists that you take your little sister to the school when she grows up, Superman... he was written to basically be the most powerful superhero in the DC Universe. Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe.

He says, She says:

She Says... Superman

"Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." he says. "It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman... he was written to basically be the most powerful superhero in the DC Universe." she says. "Where's the fun in being virtually unbeatable? It is quite evident that Superman..."
The Richter Scholar Summer Research Program provides students with the opportunity to conduct independent, individual research with Lake Forest College faculty early in their academic careers. The ultimate goal of this program is to foster a strong commitment to the intellectual life, and to encourage participating students to consider careers in research and teaching.

Academically excellent students with an interest in research are invited to apply for the Richter Scholar Summer Research program in the early spring of their first year. Before they head off to begin research, some of this year's Richter Scholars share what they look forward to this summer within the program.

"Lake Forest College Website"
Why Your Followers are Disappearing

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In 1825, Jean Anthelme Brillat-Savarin, a French philosopher and gourmand said, “Tell me what you eat and I will tell you what you are.” In a certain way, we are defined by our eating habits and the choices we make in terms of food, yet I believe a human is more than his or her eating decisions.

Today we live in a world where we are used to sharing everything on social networks, and food is not an exception to the rule. People are showing the world what they eat by taking photographs of their meals and, as it seems, others are really delighted to see it.

Since we all want likes and followers, we obey the trend and keep posting what the public likes to see.

It is a growing trend among people our age to take photos of the “good” food they consume. No one is going to take photos of the mashed potatoes they had in the school cafeteria on Thursday. No. Most of the photos of food you are going to see on social networks are meals at fancy restaurants or home-cooked meals, arranged to be aesthetically pleasing.

Taking the right photo requires skills, energy and – usually – a few trials. You need the right lighting, the right angle, and a good camera.

Most of the people I interviewed mentioned that they are not fans of taking photos of food themselves, as they prefer to keep their lives to themselves and dislike online over-sharing. Yet, a lot of them mentioned that they enjoy scrolling through their feeds and seeing something like a nice plate of sashimi or some delicious-looking avocado toast.

If someone wants to keep their followers and likes, however, it is important to find a balance between food and non-food photos.

Derya Idil Botsali ’19 said that it is indeed aesthetically nice but sometimes “too much is too much.” She confesses that if someone only posts food photos on social networks, she would stop following that person. And she isn’t the only one that would do that.

People go on social networks when they’re bored, which means they expect some sort of entertainment, and food photos are never going to be entertaining enough if they are displayed on inappropriate platforms.

When you scroll through your Instagram or Facebook feed, there is always someone who either always cooks nice-looking food or always goes to fancy restaurants, and it’s really annoying.

Don’t be that friend. If your followers magically start disappearing and you wonder why, well… now you know the reason.

Technology Is Great… Just Maybe Not In School

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I believe that the increase of technology within schools is negatively affecting the quality of learning. Computers are taking over our classrooms, and the process is slowly jeopardizing our children’s futures.

Most of us can agree that, in school, the purpose of technological implementation should be to improve teaching and student learning. Technology is evolving at an astounding rate, and it has revolutionized the way we get our news, how we order goods and services, and how we communicate. This is a good thing, for the most part. But in school, it feels as though technology is hurting us more than helping us.

Like many schools, Lake Forest College has professors who use mundane PowerPoint or smart boards, and it has granted students permission to use their laptops in class. What happened to professors lecturing in front of a classroom full of students handwriting their notes? It scares me that soon our children will not even have a human being standing in front of them teaching. Instead, their schooling will consist of their eyes glued to a computer screen talking at them. Today, professors waste so much time trying to get the projector to work, or trying to get the smart board connected to our laptops. Meanwhile, students are wasting valuable class time on Facebook.

I am not saying that technological advances have been bad for us, but that they have been bad for us only inside of the classroom. Outside of the classroom, technology has helped organize our learning and make it more efficient.

We have a place to check our notes, grades, and assignments online. We are able to better research our topics for papers and presentations. We have a secondary source of learning if a concept did not click inside of the classroom. We have tools like StudyBlue to better help us learn.

I believe the use of technology in the classroom could be a great idea, but in practice teachers and student do not use it responsibly or effectively.
This is Why You Cannot Take Food Out of the Cafeteria

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According to the Lake Forest College website, the average cost of annual tuition totals up to over $53,000, with more than $5,000 going toward meal plans per student each year. Since Lake Forest College students have already paid for dining costs, why are we stopped at the exit of the dining hall for taking out more than just a dessert and a beverage? Why are we required to throw away excess food instead of being allowed to take it with us?

The Gus and Margie Hart Dining Hall, as described by the College’s web page, offers students an “all you care to eat” dining experience. If that is the case, why are students restricted to take only one fruit/dessert and one beverage? Jason Micenko, food service director, said he “oversees all dining services at Lake Forest College,” and is the right person to shed some light on the situation.

He said there are many reasons why Aramark and Lake Forest College have implemented this dining policy. First, it is not feasible to allow students to take out as much food as they wish because of budgetary constraints. Micenko said that with a lower budget “there would be fewer food options and the quality of food would also be decreased.”

Second, there are health concerns that go along with food takeout. “If a student leaves the cafeteria with food and does not take care of the time and temperature of the food, they can become very sick,” Micenko said.

McKenzie Mac ’19, the food representative of Student Government at the College, was able to offer a student’s perspective on the dining policy. Her explanation was quite simple. “The cafeteria offers us a dining experience similar to that of a buffet, and you wouldn’t expect to get takeout from a buffet, some that students are not allowed to take food out of the cafeteria, Lake Forest College ultimately offers students “more bang for [their] buck” as well as a variety in dining options that are not only limited to the dining hall at the College.

Residence Spotlight: Cozy Cleveland-Young’s Common Room

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Cleveland-Young International Center has one of the closest communities on Lake Forest College campus. The strength of this community is attributed to the committed residents, their dedication to learn about other cultures, and their decision to embrace diversity.

In addition to the fantastic people who live there, another thing that makes Cleveland-Young such a great place is the furniture in the lounges, which now celebrate their 18th year as members of the Cleveland-Young family!

Cleveland-Young resident Michael Janecek ’18, expressed his opinion on the crucial role that the furniture plays in the Cleveland-Young community. “I appreciate the stationary things in life: kitchen utensils, library shelves, and, in particular, the couches in the TV lounge. If I had the skill, I would honor the Cleveland-Young furniture in a poem—something akin to Philip Hobsbaum’s Households Gods—by describing Cleveland-Young from the perspective of its furniture,” said Janecek.

Indeed, the furniture allows the Cleveland-Young residents to fully engage in community. “Lounges are such important gathering spaces for residence halls - whether it’s for hosting events or just studying, students need a place to get out of their room once in awhile. Lounges should be welcoming and comfortable to meet this need. The furniture in Cleveland-Young helps to keep the cozy feel,” said Elyse Kurfiss, Resident Director for Cleveland-Young.

Janecek ’18 agreed with Kurfiss’ belief that lounges are conducive to student interactions. The furniture in community locations makes it possible for students to lead the way and build close relationships with their fellow dormmates by creating a relaxed and comfortable atmosphere for group interactions.

“I would say that communal space is all about the furniture. Now I’m actually at least half-serious. No, really. Without a shared space, interactions between neighbors can be limited to mechanized exchanges of “hey” and awkward bathroom nothings. That’s why it’s awfully difficult not to socialize in the library’s open spaces. Good furnishing is the backbone and the armrest of a community,” said Janecek ’18.

Kurfiss also explained that the Cleveland-Young residents THINK WITH PURPOSE by notifying the College when they notice something that could be done to improve their community. “There have been several recent additions to the furniture family in Cleveland-Young, such as a table and chairs for a dining space. “Our lounge welcomes asylum seekers, culinary masterminds, student clubs, and more,” said Janecek ’18.

The carefully constructed environment that makes Cleveland-Young as amazing a place as it is — and that goes for activities, furniture, and people — has allowed the College to achieve its goal of creating a diverse residence hall for people who love living in a cozy community.
At the beginning of February, Lake Forest College’s Coalition Against Sexual Misconduct issued a campus-wide survey assessing the College’s climate regarding sexual misconduct. The survey has received much attention over the past two months, as the Health and Wellness Center, Dean Rob Flot, and Student Government Vice President Lily Collins ’18 sent out several emails encouraging students to participate in the survey.

Supported by Dean Flot, Dr. Jennifer Fast started the Coalition Against Sexual Misconduct (CASM) in 2013. CASM was formed in order to “acknowledge and address the pervasiveness of rape culture, sexual misconduct, and dating violence,” according to Fast.

Striving to make long-term changes on these issues, CASM conducted an initial campus climate sexual assault survey in the fall of 2013. The results of that survey helped the coalition make recommendations to the College’s senior administration. “Many of the policy changes, communications, trainings, and prevention efforts that have occurred over the last year and a half are a result of those recommendations,” Fast said.

As Fast pointed out, the initial survey confirmed the presence of sexual misconduct on Lake Forest College’s campus. S.W.A.N. (Students for Women’s Awareness Network) President Louisa Van Akkeren ’18 echoed this sentiment.

“From what I’ve observed on campus, and from what member of my clubs have confided during our meetings, sexual assault is definitely something that occurs on our campus, but it will also happen any place with a large group of people living and partying close together,” Van Akkeren said.

Acknowledging the reality of sexual assault at Lake Forest College, CASM decided to conduct its second campus climate survey. This most recent survey functioned, in part, to “evaluate if the efforts being made to create change are working,” Fast said.

Recent federal legislation reinforced Lake Forest College’s decision to conduct its second sexual assault campus climate survey. “The White House Task Force of Campus Sexual Assault issued a number of recommendations to higher education institutions that are now mandated through the Campus Accountability and Safety Act,” said Fast. These recommendations include campus climate surveys.

But campus climate surveys require student involvement in order to initiate social change. Collins sent out an email to students in late February, subject lined “An urgent request,” encouraging students to participate in the sexual misconduct survey.

In the email, Collins wrote, “filling out the survey is one of the best ways for you to help those affected, because that information will allow all campus departments to prepare to assist current and future students in the most effective ways.”

Collins is optimistic that the campus climate survey will raise awareness about, and ideally prevent, sexual misconduct on campus. “The more cognizant we are about the frequency and degree of sexual misconduct on our campus, the better prepared we all can be,” Collins said. “The results from the survey will expand, and likely improve, Lake Forest College’s procedures to address matters of sexual misconduct.”

Ultimately, initiatives to prevent sexual misconduct are meant to benefit a community as a whole. “Sexual misconduct is not an issue that affects just the survivor and perpetrator,” Fast said. “It is such a complex issue that involves all of us.”

Campus climate surveys are essential to tackling the complexities of sexual misconduct in a dynamic and pragmatic way. Creating a healthy campus climate, as Fast said, requires “[reducing] these incidents so that students can do what they came here to do; to learn, to grow, and to be successful.”
Students turn to sinks for drinking water as lack of South campus water fountains remains unresolved.

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Students living in South Campus residences, with the exception of those living in Moore Hall, have been drinking water from sinks because water fountains have been missing from residence halls since their construction. Gregory, Roberts, McClure, and Nollen Hall, all located on South Campus, currently lack drinking fountains, but students do not regard this service absence as an issue.

According to David Siebert, Facilities Management Director, “there have only been three concerns about not having water fountains in South Campus over the last 25 years,” with the exception of former Student Government President Devin Tyler ’15, who “asked for the construction of water bottles filling stations last year.”

“I don’t think the lack of water fountains is a huge issue, but it is certainly costing students more money,” Nollen Hall resident Jacob Badagliacco ’19 said.

According to the Illinois Plumbing Code, “whenever a drinking fountain is required…bottled drinking water or a water dispensing faucet (water station) may be substituted for a drinking fountain, provided that drinking water is accessible to the public.”

Lake Forest College has ensured that water will be available, as water bottles are sold for $2.00 each in vending machines located in the lobby of each building; to which Siebert said, “everybody’s got a sink, too. It’s not that a water fountain is the only place to get water.”

But the Illinois Plumbing Code also mentions, “drinking fountains shall not be installed as an integral part of or connected to any other plumbing fixture, such as a lavatory or sink,” which is how water is currently accessed on Roberts, McClure, Gregory, and Nollen Halls.

While students on South Campus may have access to water from sinks, it is believed that equal access to water resources should be a priority. “Moore has its own water fountain. I believe this should be a necessary inclusion for every hall, and I feel that most students would appreciate having it as a resource,” Badagliacco ’19 said.

Adding water fountains to the building has not been a problem for Lake Forest College. Last year, students in Blackstone Hall requested for and received a new water fountain soon after the previous one broke.

Residents on South Campus can also request water fountains, even though their inclusion would represent a high cost for the College, as the plumbing system might have to be changed.

“The Administration is not against putting drinking fountains on South, but the plumbing to put drinking water fountains there, with the exception of Moore, does not exist. The cost to do this is high. If the students on South want drinking fountains, then they must advocate for them,” Chair of the Student Government’s Grounds and Development Committee John Brown ’16 said.

The College has made changes to its facilities in the past regarding student interests, like the prairie in Middle Campus and the new Johnson Science Center. The first step to change something on campus in favor of the community is being informed and engaging actively.