S

tudents are retaining bene-
ficial knowledge about alco-
hol safety and sexual assault
from AlcoholEdu and Haven, ac-
cording to Lake Forest’s 2015-16
Impact Report from EverFi.

EverFi’s AlcoholEdu and Haven
programs aim to educate students
on alcohol, sexual assault, healthy
relationships and stalking, among
other subjects. Several of the sur-
veys students are required to take
before and after these programs
showcase an increase in general
knowledge about these topics.

Although all first-year and trans-
fer students must take the first
part of the course before they be-
gin classes, the rest of the students
will be asked to complete it in Jan-
uary.

Before completing the AlcoholE-
du program, the Impact Report
stated 48 percent of students said
they had knowledge of alcohol,
including an understanding of its
effects. After completing the pro-
gram, that figure jumped to 81
percent. Additionally, students’ un-
derstanding of the physiological
effects increased from 66
percent to 80 percent, the report
said. These are only some of the
changes in knowledge students
have experienced before and after
completing AlcoholEdu.

By learning about sexual assault
through EverFi’s Haven program,
the report noted 79 percent of
students reported “a good un-
derstanding of the definitions of
sexual assault” before, which in-
creased by 7 percent after the fact.

Comparing the surveys taken be-
fore and after students entered
college gives Lake Forest College
an idea of whether or not students’
drinking habits have changed or if
they have experienced stalking or
sexual assault, among other expe-
riences.

Some trends, despite the educa-
tion given by the College, have
remained the same over the years.
“One trend remaining constant
is binge drinking,” Assistant Dean
of Students & Director of Health
and Wellness Jennifer Fast said.

“College students are more likely
to binge drink.”

Binge drinking is classified for
women as three or more drinks
within a short amount of time.
For men, it constitutes four or five
drinks. Fast said that the first six
weeks is the usual time for new
students to report binge drinking.

“We see with first-year students
who did not drink prior to com-
ing to college, or only had a few
drinks, that [once] they come to
college, they’re more likely to re-
port they were binge drinking
within those first six weeks," Fast
said.

“Six weeks is that critical period
for first-year students,” Fast said.

“They’re adjusting to living in a
new environment, they’re mak-
ing new friends, they’re trying to
understand this new culture that
they’re in.”

In addition to collecting informa-
tion about students’ habits with
alcohol, AlcoholEdu included a
sexual assault portion. However,
Haven was then created to focus
on sexual assault, healthy rela-
tionships, consent and bystander
intervention in response to gov-
ernment laws and focus on the
topic.

Haven has shown to increase Lake
Forest students’ knowledge about
the connection between alcohol
and sexual assault. While the re-
port stated 87 percent of Lake
Forest students reported under-
standing “alcohol as most com-
mon rape drug” after the module,
as opposed to the 65 percent be-
fore, there are still issues concern-
ing the use of alcohol and sexual
assault on college campuses.

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Continued on page 2
Bias Incident Response Process

Continued from page 1

“If imminent safety concerns exist, contact us personally, immediately, and directly. Once those imminent safety concerns are addressed, the rest will flow into and through the proper established processes.”

That said, when community members do decide to fill out the BIR form online, “investigation of reports will begin within 72 hours by a member of the Bias Incident Response Team (BIRT), which includes staff, faculty and students,” Cohen said. “While personal mediation between individuals or groups could occur if the reported incident appropriately lends itself to that, other potential outcomes could include, but are not limited to the development of educational programming, promotion of campus dialogue, recommendation of an appropriate change in institutional policy or practice, and referral of affected student(s) to Counseling Services, the Ethics Center or other campus resources.”

Dean Flot said that “the development of the Bias Incident Response Process started in December of 2015. The decision to develop the process was the result of conversations that happened over the course of many months.”

A small working team was assembled to develop the process, Dean Flot said. “The process of developing the actual BIR Process included a number of conversations with a variety of people at the College, and, an examination of similar processes on other colleges campuses,” he added.

“Though there is [a] process in place to respond to student reported allegations of bias, there is still some work yet to be done regarding how the BIR process would be used in a classroom, or other academic environment,” Flot said. “Maintaining academic freedom is paramount to the BIR Process.”

Additionally, according to Dean Flot, “Until the faculty can complete a review of the process, it will only be applied to student allegations of bias, if any, that occur away from the classroom and academic instruction.”

Cohen also connected the BIR Process to the larger aims of the Lake Forest College community. “I believe that the ultimate goal of this newly defined process to recognize, identify, and address real or perceived incidents of bias within our community [is] not only the right thing to do, but is also truly embodied in the tenants of the Forester Five and the College's long held Mission Statement,” Cohen said.

To read the BIR Process protocol, go to lakeforest.edu/studentlife/intercultural/institution/bias.php

Hate AlcoholEdu?

Continued from page 1

“We’ve always seen the trend that once they came to college there was an increase in sexual assault within that first six weeks,” Fast said. “When you think about the drinking culture and the risk factors that go with that, you’re going to see an increase in unwanted sexual contact.”

Fast said more students entering college for the first time have already experienced stalking, dating violence, rape, sexual abuse or emotional abuse. Technology, she said, enables these actions to become easier.

“It makes it much more easy for students to be harassed via social media, via text message,” Fast said.

However, Fast said she hopes that students’ attitudes about reporting harassment or unwanted sexual contact are shifting because of education, media attention and students’ willingness to acknowledge these problems.

“I’d like to think students are becoming more willing to report these things are happening to them,” Fast said.
This Fireside Book Club is Every Book Lover’s Dream

Lake Forest College, an already ample setting for creativity, will further its creative environment this fall when students will have the opportunity to join a book club on campus. This new book club, sponsored by Professor Carla Arnell, associate professor of English and chair of the English department, is known as the “New Novel” book club. The club will give students the opportunity to read and discuss contemporary novels outside of the classroom—something students, especially those who are avid readers, do not often get.

This new book club is being brought to campus after a student, Liza Kizhakkekuttu ’17, inquired if Professor Arnell had read any good books lately. Professor Arnell started to think about how much fun it would be to get together with Kizhakkekuttu and other novel lovers at the College to compare notes and ideas about current fiction being read outside the classroom. With that, the “New Novel” book club was born. All novels that will be read in the book club are contemporary fiction, written within the past 30 or so years. Keeping in mind the amount of reading and work that many students have, all novels will be very short. The idea being that the book club will not be structured like a class, but a place to discuss contemporary, recreational books.

The meetings will even take place in a way to add to ambience for readers’ benefit. Arnell hopes to meet often at Glen Rowan, “in a cozy fireside room tucked away on the second floor...” The book club is aimed toward English majors but is open to every community member, making the club the perfect niche for any bookworm.

While no meeting time is set yet, the club will launch in October and meet once a month to discuss the monthly novel. To kick off the book club, October’s novel is a short read from a Lake Forest College alum called Thistle: A Story of Ghosts, Memories and Ashes. Meetings will be informal and may occasionally include invited guest discussion leaders to join in on the fun. Books will be chosen in hopes of broadening readers’ palates, and create an environment to foster literary growth.

Professor Arnell, the group’s sponsor, described her hope for the club as “not really looking at the club as an academic endeavor. It’s just a chance for bookworms and literature lovers to better get to know each other on campus and enjoy the pleasure of talking about new books together.” The book club will allow students who are interested in reading to stretch their mind beyond the work that is required of them in the classroom and engage in reading they truly enjoy. Even the most engaged readers struggle to continue reading for pleasure in college, despite the fact that it may boost creativity and productivity, as well as foster better sleep. Book club members will certainly be delighted to reap some of those rewards and learn something new each month.

It is safe to say that the “New Novel” book club will delight English majors and book lovers across campus, and provide an outlet for much needed recreational reading and discussion. Additionally, the book club will allow students to expand their literary horizons and have fun intellectually outside of the classroom—with the added bonus of cozy fires and intimate settings. To join the book club, contact Professor Arnell in the English department.
Top 10 Tips for a Successful Freshman Year

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1. Get enough sleep. Having too much homework, having a loud roommate, or having your own desire to be sociable can get in the way of your sleep. And that’s okay, since you don’t need to adhere to a strict “sleeping by 9 p.m.” schedule, but know what consequences sleep deprivation has on your body, and know what consequences sleep deprivation has on your body, and be ready to combat them.

2. Stay hydrated! A water bottle should be your best friend, and for the love of everything that pertains to your health, learn to read food labels. Know your body and know what’s good for it. 50 ounces of soda per day is not one of them.

3. “Oh, I’ll just print it out in the computer lab on my way to class,” already sounds like a bad idea. This might not always be a reliable strategy for getting work printed out for your classes. Consider paper jams and the time required for computers to start up.

4. Don’t miss classes unless you have a good reason for it. Why spend two hours trying to understand a chapter when you could just go to class and spend only 30 minutes reviewing the material? It’s okay to take a day off sometimes, and it’s okay if one morning you were too hungover to wake up in time for your 8:00 a.m. class, but don’t make a habit out of it.

5. Stay warm. If you don’t own a jacket, buy one. If you don’t have much money, go to a secondhand store. Get proper shoes, and consider investing in a scarf and a hat. Those items will make the walks through snow from Durand to Buchanan a bit nicer.

6. Make use of your professors’ office hours. This is a great way to get to know your professors more and for them to get to know you more. Being at a small school like Lake Forest gives you this privilege, so take advantage of it.

7. Do your homework regularly. Your exams, quizzes, and paper grades will be better and the course itself will be more productive for you.

8. Try new things, and get involved! If you don’t go outside of your comfort zone, you’re not learning. This will be the easiest and most realistic way of going about making friends and finding your niche.

9. Forget about wearing pajamas to class. It’s not cool, you’re (supposed to be) a grown-up now. Wake up five to 10 minutes earlier, choose a proper outfit that does not resemble one you would sleep in, and go. It’s a small thing, but it will wake you up as you move your body while having a loud roommate.

10. Know that it’s okay to be homesick, to hate your roommate, to not enjoy your classes, to be unsure of your major, to question whether this place is right for you, or to not make any friends at first. Some things will get better with time, others with communication, and others won’t at all – it’s your duty to learn how to approach them with flexibility.

Is “Pokemon Go” Going Away?

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I dominated our summer. Everywhere you looked, you could see someone walking around town, staring intently at their screen as they poked at their phone. People were judged by the color of their team, CP (Combat Power) meant everything, candy became a precious commodity, and walking suddenly became a lot more fun.

Released in July, Niantic Lab’s Pokemon Go was an instant hit, probably because it has been so highly anticipated by fans. It spread beyond the pre-existing Pokemon fanbase, andquickly became a national phenomenon, even getting a mention by Hillary Clinton during her presidential campaign. It definitely was the most talked about mobile game of the summer.

But then, it wasn’t.

People just stopped talking about it, and in many cases, stopped playing it in general. According to Gamespot.com, Pokemon Go has lost more than 15 million users in the past month. The app, which stayed on the top of the App Store charts for the longest time, has fallen far below its coveted top spot.

Some of the reasons why people stopped playing the game include the glitches, the monotony of the game, and a lack of diverse Pokemon in their area. Tyree Singleton ’20, who still plays the game, said the glitches “can get really annoying and make the decision not to play a lot easier.” He also noted that because the game is new “of course there would be some things that would have to be sorted out.”

One major issue that convinced many to stop playing the game was the removal of the radar feature, which initially helped players find nearby Pokemon. Another factor was the server issues, which often left players unable to play to hours, or even days at a time. Some simply found the game to be boring, especially those who were not Pokemon fanatics before the mobile game’s release. Jamie Pineda ’20 said she “feels like the game isn’t as popular anymore because it’s simply boring unless you’ve been a huge fan [of Pokemon] for a while.”

Considering that the game was initially hyped up in the pre-existing Pokemon community, it’s fitting that many of the remaining players were initially diehard fans. Pineda, who was not a Pokemon fan prior to the app’s release, only had one more thing to say, “It’s simply not lit.” That seems to be a common consensus among former players, who found an app that revolves around walking and flicking your phone to not be the most exciting game of the year.

So what’s the future of Pokemon Go? The developers are still actively working on fixing the glitches and issues with the game. Niantic Labs actually released two new updates, which added support for the Pokemon Go Plus accessory, the Buddy Pokemon feature, and various bug fixes. While these updates might not bring back the players who stopped playing, they’ll definitely help with keeping the players who still faithfully play the game.
New Year Offers Same Disappointments at the Caf

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It’s hard to deny the jarring inadequacy of our campus cafeteria. From a lack of options, to a lack of clean cutlery, to a lack of sustainable solutions for dealing with food waste, Aramark dining services have some serious needs for improvement.

Toward the end of last spring semester and throughout the entire summer, cafeteria food was disappointing. The problem wasn’t finding obscure items in the food, but rather the lack of choices and the poor quality of the dishes available. As a vegetarian student living on campus over the summer, relying solely on the minimal choices of cafeteria food, I found it very hard to consume sufficient nutrients. Other students with dietary restrictions resorted to going into town and spending their own money on food. Since fall semester has started, this problem seems to have been improved upon. One can now find enough options to opt for a healthy diet, but the staples of the cafeteria remain pizza and fries.

Something that I find truly problematic is the quality of the Caf’s dishwasher. At times it completely breaks and makes us feel like we are having a picnic with plastic cutlery and plates. These flimsy substitutes usually end up wasted, thrown in the garbage or, in the best case, recycled. However, what worries me is the way this dishwasher works when it operates correctly. In multiple instances, students have found dried pieces of food on their plates, glasses, or silverware. Students that have managed to avoid these situations have been happy, because really… who is happy when they find a piece of dried spinach on a fork? It certainly makes for an interesting visual and an artistic sight, but this is far from something that should be seen in or nearby a kitchen. Let’s just hope that Aramark will finally decide to invest in a better dishwasher and provide us with sanitary dishes.

While there are definitely areas for change at the cafeteria, I’d like to offer one of my own suggestions. Recycling food is essentially the usage of the excess of a fresh dish from an earlier meal, which is served for the next meal of the day. This might seem bizarre to someone who is not familiar with the food industry, but it is done a majority of cafeterias all around the world. It proves to be a more sustainable option compared to throwing the food away. As long as it does not break the health and safety norms, I think it is perfectly acceptable to reuse food that hasn’t been eaten. Sometimes even in your kitchen, you heat up that zucchini from yesterday, put some feta cheese on it and… you eat it, because it’s easy, simple and healthy. While the Caf is struggling to keep its options and its dishes suitable for students, we can start by making our cafeteria a sustainable system, rather than a disappointing mess.

Student Debt Bubble: When Will it Pop?

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The current economy is facing an increasingly dangerous debt bubble much like the one experienced in 2008. Since there hasn’t been much economic progress since the recession, more and more college students and graduates are finding it hard to get good paying jobs that will help pay off loans. The housing bubble in 2008 occurred because people kept taking on loans they couldn’t pay off, which eventually led financial institutions to fail due to purchase of toxic investments.

Comparatively, students and recent grads have taken on loans they haven’t been able to pay back regularly, if at all. The amount of student debt trumps, by far, car, credit card, and home loans while estimated at $1.2 trillion. According to the Wall Street Journal, 22 million people are currently in student loan debt. While the probability for higher education costs to fall in the near future is just a dream at this point, there is little certainty regarding what will happen to the market.

Luckily since the 2008 recession, there have been numerous government regulations put in place to deter the act of betting on market failure, so the likelihood of another recession is still up for speculation. The difficulty of paying for an enormous amount of debt for going to college is unlikely to change, especially since the unemployment rate for recent college grads is 44%, according to CNN.

As college students, many of you should be wondering how the future will pan out after graduating—that’s why we’re here, right? Fortunately, a college education definitely helps in finding higher level jobs and larger salaries; however, after you move out of college you’ll need to take out car loans, credit card loans, and possibly loans to cover rent. Sounds optimistic.

Thankfully, Lake Forest College has already prepared us for the rough world ahead by charging us absurd prices for items in the P.O.D., or by forcing us to pay high living expenses (compared to monthly rent at houses around campus) to name a few things. The issue of crippling student debt is not getting the attention it deserves; it is discouraging people from attending college, causing people to default on loans, and is ultimately a life long issue for some people. With that being said, good luck.
This past summer, “The Odyssey Online” published an article titled, “I Am A Female And I Am So Over Feminists.” It has been shared nearly 200,000 times.

The popularity of this article should not be taken lightly.

Author Gina Davis claims that women in the U.S. are doing just fine. She called the idea that society is unfair to women “a load of bull” and wrote, “Relax, feminists. We’re OK.”

With all due respect to Gina Davis, that’s a load of bull.

Modern American society is far from “fair.” Look no further than the workplace or classroom for evidence. Promiscuous men are admired as “players,” while women are chastised as “sluts.” Folks ask, “what were you wearing?” to rape victims, instead of “what are we teaching young men?” A woman CEO is “bossy,” while a man CEO is just “doing his job.” And time after time, through abuse and harassment, we are told - “boys will be boys.”

I don’t know about you, but I have a hard time feeling like any of this is “OK.” Instead of the equal society that Davis portrays, I see women caught in a cycle of shaming and objectification - criticized when we try to live up to societal standards but ostracized when we break from those norms.

On top of this, women of color, LGBT women and women of size are pushed to the margins of society, stripped of opportunities in a maxim-model-worshipping world. Whether we like it or not, women face a painful gap between human potential and societal possibilities.

But the sexism that permeates our society isn’t just impacting women. All people are limited from their achieving their goals when gender rules our perceptions and interactions. To this day, gender continues to separate and confine us, rather than helping us live our most authentic lives.

That’s why we all need feminism. It’s not about “female domination.” It’s about breaking the barriers of gender so that everyone can feel free in their skin.

Whether you identify as a man, woman, agender, transgender – you deserve to be treated as a human being. Gender is a beautiful form of self-identification, but it is abused by our society to divide and disempower people.

I refuse to be a slave to a patriarchal system, I refuse to be a slave to my gender, and I refuse to let people like Gina Davis convince me that feminists need to “stop the complaining” about the real and serious challenges women face every day. An attitude of complacency never got women anywhere, and it certainly won’t progress us toward a just and equal future.

It’s time we take feminism seriously. This isn’t a worthless fight. Feminism is a movement of inspired, passionate individuals aiming to create a world that works for everyone. So thank you, feminists -- I am so not over you.*

*This article is adapted from the May 10, 2016 article, “Why I’m So Not Over Feminists,” originally published on theodysseyonline.com.

**Time after time, through abuse and harassment we are told - ‘boys will be boys.’**

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Why I’m So Not Over Feminists

September 27, 2016

Opinions

Lake Forest College Stentor

$3 Tall Beers
OFF ANY PIZZA
WITH STUDENT

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Mac Miller’s newest album, *The Divine Feminine*, was released on September 16th and was an attempt at being an album praising the perfection and beauty of a woman, but instead turned into just another juvenile fascination album about sex.

Props to Mac Miller for attempting to produce a rap album with substance, but he didn’t quite get there. At first the thought seems great, rap about how great women are, I definitely applaud that; but after the first few tracks, it seems like his idea of love is constant sex. The first track is *Congratulations*, which talks about difficulties he faces in a relationship and how he loves her regardless.

Throughout the album, he never seems to talk badly about her, but I got the vibe that things just didn’t work out with her, which makes the album relatable. By the third track, he loses steam with this idea and goes onto praising her sex. At this point, the album seems to be going a little downhill, but the beat is interesting so the sex. At this point, the album seems to be going a little downhill, but the beat is interesting so the

I think the point Mac Miller was trying to get across is that this woman is divine in every aspect, but the pure moaning sounds at the end of *Stay* seem completely out of context. But who knows--if Mac Miller’s goal was to make you look around and say, “What the hell am I listening to?” then he succeeded.

The fifth song *Cinderella* brings a little bit of substance back with an interesting story about problems with a girl’s parents, but the sexual aspect is still very evident through the lyrics. This part of the album is saved by the people that are featured in the songs.

What makes it so great is the diversity of voices from Kendrick Lamar to CeeLo Green to Ty Dolla $ign; he didn’t choose people that rap exactly like him, which gave the album a better sound overall. His second to last song, *My Favorite Part*, featuring Ariana Grande, surprisingly isn’t as sexual as the rest of the album and has some applicable content.

The last song is *God is Fair, Sexy Nasty* featuring Kendrick Lamar. Just by the sound of the title, I was disappointed. How can you end an album about love with a song about lust? But luckily the album doesn’t end there. At the end of the song, a monologue is played of a woman talking about how good her life was with her husband and how much she loves him. I was kind of taken aback because I normally don’t like spoken word in music. However, this one interested me because the album was about his love for a woman, and he ended it with a woman’s love for a man.

Overall, Mac Miller’s newest album was an attempt to make something different than his usual cliche rap songs, and he did, but he failed to stick with his original theme of mature love and fell back into surface level infatuation.

He definitely made a different than average sound and brought in some interesting features, but his album lacked substance. Although it wasn’t too groundbreaking, the album has a solid sound and is great for listening to another side of Mac Miller. Whether that side is that he is a respectable guy talking about a woman he loves, or another typical rapper talking about his fascination with sex, is the real question.

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### Best of Netflix

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While searching through Netflix with my roommate one night, we stumbled across a show titled, *The Great British Baking Show*. As people who enjoy cooking shows, we definitely wanted to give this one a go, as it looked very cute and very British. We were not disappointed.

Though Netflix currently only has one season of *The Great British Baking Show,* it’s not something that you’ll want to miss. The show is incredibly relaxing, and quite unlike any competition shows you’ll see in the U.S. The contestants are actually kind to one another, the hosts are funny, and the judges offer constructive criticism without being overly mean. Mix this all together and you’ve got a recipe for a genuine, honest, and very refreshing competitive baking show.

Unless you’ve been living in the remote wilderness this summer, you’ve probably heard someone talking about Stranger Things. The show’s popularity comes with good reason; it’s one of the only shows of this summer that left me wanting more from start to finish. If you’re a fan of the ’80s (or even all those glorious movies made in the ’80s) or of the horror genre, but still like a little humor sprinkled in, then this show is for you.

Stranger Things is centered on a young boy, Will Byers, who mysteriously goes missing after something breaks out of a top-secret government facility. From there, the show follows the search for Will from three different perspectives: Will’s mother and the town’s sheriff; Will’s friends; and Will’s brother. Without spoiling anything else, the best way I can describe this show is The Goonies meets *The X-Files* meets Poltergeist. If all of this hasn’t made you look up the show already, the acting is superb (especially the child actors) and the cinematography really makes you feel like you’ve been transported back into the ’80s. This is definitely a show that you don’t want to miss.

While looking for shows to watch over summer break, I came across an article recommending *Peaky Blinders*. My first thought was, of course, that the name was really odd, but after reading a bit more about it, I decided to check it out. I watched all three seasons in less than a week.
Aftter waiting over four years, fans of Frank Ocean can finally rejoice. On Saturday, August 20, Frank Ocean released his long-awaited album, Blond, on Apple Music independently. The title itself is very much the style of Frank Ocean: its different spellings accompany the sensuality of both masculine and feminine styles that Frank Ocean adopts, as suggested by BET's article, “Frank Ocean’s ‘Blonde’ Marks a Shift in the R&B Experience for Women.”

The album focuses on his past relationships in a different sensual experience than his previous album. Blond, as a follow-up to Channel Orange, depicts the maturity of Ocean, from heartbroken crooner to reflective adult.

The tracks Ocean assembled on the new album portray a heartfelt reflection of pivotal moments in his childhood. The track “Ivy” follows a failed relationship that has haunted him and shaped the construction of his emotional walls. The album also explores the effects of materialism. On the track Nikes, Ocean raps about how pleasure is found in the materials that are attributed great value, like Nike shoes.

Through the album’s entirety, the tracks follow Ocean’s train of thought. He explores his childhood, emotional walls, and his experience with sex and drugs. Many students of Lake Forest College have thoughts on the new album’s progression from his previous style. Ocean uses “interesting new musical styles and they work very well throughout the album,” Louisa Van Akkren ’18 said.

“I thought it was innovative,” Lily Collins ’18 said. “The fact that it took four years for [the album] to come out increased anticipation.”

Qiaira Riley ’18 summed it up best: “You know when you haven’t eaten all day, and when you do it tastes so good? That’s how I feel about the album.”

The anticipation surrounding the new album has had an effect on the popularity and success of Blond. Having talked to some of the student-fans of Ocean, it has been clear that they have been very pleased with the album. The tracks assembled on the album depict the emotions that could not be shared with Channel Orange. The evolution of Frank Ocean’s musical style has developed with the four-year gap.

The heartbreak crooner still lives on in Blond, but Ocean has learned to open up with detailed emotions about his childhood anguishes. Ocean’s road to maturity of the heart while dealing with the effects drugs and love could heavily influence the emotional walls of the listener. As Riley said, “It was lit!”

The fact that it took four years for [the album] to come out increased anticipation.

Best of Netflix

Continued from page 7

The show is set in Birmingham, England after the end of the First World War. It follows Thomas Shelby, the young Romani leader of the Peaky Blinders, a gang that’s slowly rising in infamy. As the gang gains influence thanks to Thomas’s wit and cunning, a detective assigned by Winston Churchill himself is sent to Birmingham to clean up the city. What ensues is a captivating game of cat and mouse, with all sorts of other elements thrown in. This includes automatic weapons stolen from the government, the Irish Republican Army, and an intriguing bartender who is not at all who she seems to be. The show is full of twists and is highly entertaining, especially due to Cillian Murphy’s (who plays Thomas Shelby) amazing acting. If you’re interested in history, enjoy a good storyline, and can handle some violence, this show is for you.

Pro tip: No one will judge you for putting on subtitles, as the accents can be pretty hard to understand at times.

KenKen

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How to play the game: Fill the grid with digits so as not to repeat a digit in any row or column, and so that the digits within each heavily outlined box will produce the target number shown, by using addition, subtraction, multiplication, or division, as indicated in the box. A 6x6 grid will use 1-6.
New Semester Brings New Classes, New Friends, and New Opportunities to Disappoint Parents

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It’s a brand new school year at Lake Forest College, and the smell of academia is floating through the air. Faculty are teaching, staff are working, returning students have turned their brains on once again, and first-year students are discovering elaborate new ways to disappoint their parents.

Sure, in high school you’ve achieved some level of parental failure like getting a C in Geometry because even though they gave you money for a tutor, you spent it on UGG’s and Patagonia fleeces. Or even staying out just a tad past curfew because you’re currently dating the “bad boy” and everything fun happens in the suburbs after 9 p.m. Yet now, students are realizing that college is really the place to hone your skills as an unorganized, unambitious slacker who has no regard for others.

If you weren’t naturally falling into the routine of religiously disappointmenting your parents, or if you don’t think you’re disappointing them at all, let me enlighten you:

Have you told them that you (and everyone else on campus) have dropped your biology major and chemistry minor? Yes, parents, apparently it’s very probable that a liberal arts college will not produce a graduating class that’s 99% doctors.

While you were at it, you also decided to not switch to a “practical” major like business or communication but instead decided to be a studio art and philosophy double major (with a theater minor but you’ve decided they’ve suffered too much to hear the whole story). Way to stick it to the man, kiddo.

On your weekends, when you’re not slaving away at a canvas and thinking philosophically, you’re getting blackout wasted and throwing up into that decorative hamper Mommy bought you from an IKEA catalogue. I’m sure that’s exactly what she bought it for.

After you’ve ruined this hamper, Mommy or Daddy were kind enough to send you money like they do every week because your ability to hold on to a dollar is awfully similar to your ability to hold your liquor.

Now during the week you’re spending so much time trying to recover that you’re missing job opportunities left and right, but, I mean, hey, who wouldn’t want to keep supporting your adult-child complex until your thirties.

At the end of the day, even though you’re barely making it through by the skin of your teeth, at least you’re in college and you call them at least once or twice a month. As long as you’re not the cracked-out sibling in the family, you’ll still be the one they’ll brag about. Congrats!

Lake Forest’s Toilet Paper Saves Two Lives and Cleans Zero Butts

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Recently, a team of toilet paper scientists took up residency in the Lake Forest College bathrooms. Known for doing their work with great care, they were called the Anal Analysts. And they brought with them their white lab coats, pipettes, fancy pens, and plenty of yellow-colored water. Their goal? To find out what Lake Forest’s signature half-ply toilet paper actually can do.

They began in the depths of Harlan Hall. Their first subject? The second floor co-ed restroom. He reached for the T.P. and didn’t leave until the roll was empty. “Ahh...,” he said, “that really doesn’t hit the spot.” The Anal Analysts left Lake Forest the next morning. They were never heard from again.
Hey… How’s it going LFC? I’m super excited to be back, soaking up college life, and writing for the best newspaper around.

God… isn’t the Stentor just great? We have so many different sections, tons of gifted writers—and the freedom to write about whatever we choose. Sometimes you don’t even need a topic to write about! You can just write and write until you eventually hit the word limit and call it a day! Boy, what a great way to pass the time.

Err… In case you haven’t noticed, I have completely forgotten to come up with a topic for this month’s article. But it’s cool! It’s cool! It’s gonna be fine, guys. We’ll find something to write about.

Umm… don’t you just love listing hella long words in order to take up article space? Pneumonoultramicroscopicsilicovolcanoconiosis— that’s a scary-ass lung disease. Sesquipedalianism, that’s when you have a tendency to use long words. Talk about irony, haha…

I… I feel like I owe you all some sort of intelligible content. Uh… let’s take this on a philosophical route perhaps. What does it mean to “forget?” Can anything ever truly be forgotten? If my editor is angrily texting me right now about me “not writing my damn article,” was the article still forgotten?

My incomplete article is certainly on the forefront of her mind. If a tree falls in a faraway forest, does it really make a sound?

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Ok, halfway to that 500-word count… we’ve almost got an article here.

Next segment: jokes. What do you call a staff writer who totally forgot his only obligation to the Stentor? Probably fired! Haha…

This is all really setting in now… I’m gonna lose my job… how will I support myself… how will I fund my daily regimen of three quizzetrips a day from Taco Bell?

I’m running out of space to explain myself. This could be my last chance to write to my beloved college before I’m canned for good. Oh lord… I have to make this count.

To my family: I’m sorry I dishonor you in this way. I know that your biggest dream was for me to become a Stentor Staff Writer, and I totally blew it. Never more shall I write for the Chive. Not after a slip up as catastrophic as this.

Screw i— this is more of a diary now, and this is gonna take a crazy turn. Brace yourselves.

I know secrets about this college that I may never get the chance to write about again. It’s Hail Mary time. OH NO, only 50 words left!

Ok, this is it. It’s time I reveal it to you all. The Stentor newspapers are tracking devices. It’s all a government plot, man. It’s a bug, man. We’re all on the grid. They’re comin’ for us, guys. You gotta stop reading the Stentor.

YOU GOTTA ST—

Roommate Tension Begins to Rival the Cold War

Tensions reached near-nuclear levels early on this year as two freshman girls have a stand-off inside their dorm room. Sara Klaus ’20 and her roommate, Maddie McDaidson ’20, are for the first time in their lives sharing a room with someone else.

The clash between these two originated in a clash of ideology. Sara is clean and neat, while Maddie lives in what this reporter can only describe as a pig sty that’s been abandoned and now occupied by some teens who have started to hang out there. There’s graffiti and broken glass, and it’s just really bad.

This struggle is only exacerbated by each students having been spoiled by their parents, so compromise was never a thing they learned. Truly a recipe for disaster.

Neither party could be reached for questioning.

Sara’s Snapchat stories speak for themselves, consisting only of rants about her roommate and long descriptions of how annoying she is. It has gotten so bad that we’ve all either stopped watching them completely or, at the very least, we watch them without sound. Their neighbors, who have asked to remain nameless, had a lot to say. One said that she is “fully #TeamMaddie ‘cause Sara is, like, totes cray-cray.” A young man who lives below them said, “You can feel the chill in that room all the way through the floor. Or is it the ceiling? Whoa, it’s like a floor is just somebody else’s ceiling. Man that’s weird.”

Upon interviewing several more (less interesting) people, it became clear that not only was the room split in two, so was the building.

Earlier this week, a press conference was held in the room. Many notable figures were in attendance, including friends, family, the RA’s, Dean Flot, and even me, which was surprising. At the conference, neither party ever spoke regardless of the question asked, each one maintaining an “I did nothing wrong attitude” that would be sure to lead to only more tension between the two.

Having had access to the room, the reports of a strip of tape splitting it in half, or as the locals have named it the “No Go Fo Sho zone,” can now be confirmed. Unfortunately, I can also confirm the rumors that Maddie’s growing pile of dirty gym clothes both reek of sweat and Cheetos and is beginning to drift dangerously close to Sara’s side.

It would appear that peace is nowhere in sight, as neither girl will admit that they are wrong or apologize, because it is something that they both have never had to do before. And neither understands why the other won’t apologize first.

Tonight not only their room, not only their floor, but their entire building is standing on a needle point. There is no chance of anyone getting any sleep as everyone is afraid, not of the silence, but of what will happen when it is broken.
Study Finds New Freshmen Orientation Strategies

Jonathan Call '20

Orientation week was met with mixed reviews as freshmen took on activities throughout the week, which included guest speakers, icebreakers, and the Forester Guides getting turnt before every event. These reviews were reviewed closely by the Administration, who has decided to try new orientation methods for next year’s incoming freshmen.

“All we want is to promote ‘ice-breaking’ games so the freshmen will feel more comfortable around each other,” said Dean of Students Rob Flot. “Sometimes, freshmen are a little uncomfortable associating with one another, so we decided it would be best to incorporate methods that would… force, these associations.”

Two freshmen, Tom Swift ‘20 and Taylor Hiddleston ‘20, were randomly picked to partake in the trials of these new methods.

“The first thing they did was take out these things they called ‘Bonding Bracelets,’ but they were just fuzzy handcuffs that looked exactly like my freaky ex’s,” Swift said. “They put one cuff on me and the other on Taylor, so we were practically inseparable. But I didn’t mind being cuffed to a girl like that, damn.”

The two were then observed during meal times and study sessions while cuffed, but the bond between the two did not strengthen.

“It was hard doing things with one hand,” Hiddleston said. “I didn’t, like, hate [Tom], but I didn’t like him either; I was more just ambivalent towards him. He told me about his life and how this wasn’t the first time he’s been handcuffed, so I’m glad he’s been in this sort of situation before.”

After they finished tests with the Bonding Bracelets, the experimenters had Swift and Hiddleston go inside a small, padded, white room with minimal air and absolutely no light. They were kept in this room for two days in complete darkness so they would establish some sort of relationship through boredom. Unfortunately, the desired results were not achieved.

“We didn’t talk a ton, and I don’t think we needed to talk. We obviously had a silent chemistry that doesn’t require words to express,” said Swift. “I could tell she was comfortable with me there just by listening to her relaxed deep breathing that was so deep she sounded like she was snoring. We shared something in there man, something magical.”

Afterwards, they played a “Name Game” created by the experimenters, which had the participants remember and name off people in the freshman class until they forgot or mispronounced someone’s name, whereby they would have their head held underwater for a period of ten seconds.

“I didn’t finish the test because I lost consciousness in the water when I couldn’t pronounce ‘Kaloyan Parvanov’ properly,” Hiddleston said.

There are still tests being developed to force freshmen to bond together including group hole digging, gladiator matches, and First Year Studies courses. But at least incoming freshmen will not have to worry about sitting on each other’s laps in a circle like some sort of erotic Human Centipede spinoff.

How To Not Look Like A Dweeb In The Lib

Margaret Lynch ’18

To many, the library is a sacred place. It is a place to grow in knowledge, appreciate wisdom, and, obviously, rage. But, it is a place with many unwritten rules. Breaking these rules could result in lethal levels of embarrassment. Thankfully, this article will help you master the etiquette of the library.

On the very subject of phones, there are some rules. The phone is an essential part of anyone’s library-going experience. Setting your phone to silent isn’t necessary at the library, like it is at ball game or party. Need to make a call? The library has dozens upon dozens of chairs that will serve as your throne as you hash out the dirty details of your shaky relationships.

The library, what with its chill atmosphere, is a wonderful place to air your dirty laundry.

Classes are hard sometimes, that is if you go to them (again optional), the best place to recover from a class—the library. Taking a rest on a giant bag of beans is an essential end to any successful students day. Sprawl out and doze away, as the thoughts of exhaustive work drift away. When you wake up from that nap, what better to do than grab a cup of coffee?

Coffee in little paper cups is such a wonderful invention for the fatigued student, who is tired from not going to class. You know what isn’t though? Lids. Throw that little lid away, libraries are meant to be spilled in. A little coffee never hurt no paper. While you’re sipping on that warm liquid that energizes your very soul, slurp. Yes, that is right. It is proper etiquette in some cultures, libraries, and Asian countries, to slurp. So we request that you do so. After all you don’t want to look silly, do you?

These are just a few of the ways you can prevent yourself from looking like a total and utter dweeb this school year. Remember that the library is a wonderful bustling social hall, with built-in nap rooms, and lovely, heavy, bound paper things that make excellent pillows. When in doubt, shout it out. And, of course don’t forget to stop by just as it’s about to close to print off your last minute paper—again, #optional.

That concludes this entry of the Official Etiquette Guide for the Donnelly and Lee library.

Keep your head held high, your stress even higher, and pinkies out.
The Philosophy Behind “Respecting the Shuffle”

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A phrase that many have probably heard around campus—“respecting the shuffle”—is one that only the Lake Forest College football team will understand. But from an outside viewpoint, this stands as a goal for the team to go 1-0 every week. That is exactly what the team has done the last three weeks. From dominating Beloit, to Carleton, and then to Cornell College, the football team is 3-0 and viewing every day as a building block in order to achieve their goal of winning the Conference. “The overarching goal is to win conference,” offensive lineman Tom Steen ’18 said. “But to do that, we have to go 1-0 every practice, every film session, every rehab session, and every game.”

Starting from the first game of the year when the Beloit Buccaneers stepped foot in the forest, our football team was ready to begin the new season. With a 34-20 victory over the Buccaneers, running back Joey Valdivia ’17 ran for 223 yards and scored three touchdowns to put the Foresters out on top. As it was the first game of the year, Valdivia said he was definitely “feeling excited, but more than anything [he thinks] making it through camp and taking care of [his] body really helped [his] confidence.” Following the Beloit game, the Foresters headed to Minnesota to face the Carleton Knights, where the team defeated the Knights 41-21. The offense made their fourth-highest-single-game total in program history, racking up 555 yards. Although the team continues to improve and make history each and every game, there is one thing the team cannot forget. As a freshman coming into the program and experiencing a 3-0 season to start, Bobby Inman ’20 says, “We cannot let winning get to us. We need to worry about the next game and continue to stay focused on all sides of the ball.”

The third game was still on the road, but this time in a new direction. The team traveled to Cornell College in Iowa, which is home of the Rams. The Foresters pulled out a big win, defeating the Rams 55-13.

Being a young team this year, junior Steen believes credits the team’s “very strong team chemistry. We were a young team last year and we experienced both sides of a beat down. Now that we have matured together, there is a stronger family atmosphere on the team, which allows us to play for each other.”

The start to this year has definitely motivated the team to keep pushing forward in order to achieve their goal. According to linebacker Pat McDonough ’18, “We are a young team that is starting to play together in every aspect of the game.”

Recent Highlights and Upcoming Contests

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As it was the first game of the year, junior Pat McDonough was excited, but more than anything he was definitely “feeling excited, but more than anything [he thinks] making it through camp and taking care of [his] body really helped [his] confidence.”

According to linebacker Pat McDonough ’18, “We are a young team that is starting to play together in every aspect of the game.”

Upcoming Contests:

Football – October 1, Lake Forest College at St. Norbert College 1:00pm

Men’s/Women’s Cross Country – October 7, Lake Forest College at Brissman-Lundeen Invitational (Augustana College, Saukie Golf Course – Rock Island, Illinois) 4:00pm

Men’s Golf – October 2, Milwaukee School of Engineering Invitational, Lake Forest College at Grand Geneva Resort & Spa – Lake Geneva, Wisconsin 1:00 p.m.

Women’s Golf – October 2, Lake Forest College at Mt. Mary, Highland Park Country Club – Highland Park, Illinois 2:00 p.m.

Men’s Soccer – October 1, Lake Forest College at Lawrence College 5:00 p.m.

Women’s Soccer – October 1, Lake Forest College at Lawrence College 7:30 p.m.

Women’s Tennis – September 30, Lake Forest College at ITA Regional Tournament- Kalamazoo, Michigan (time TBA)

Women’s Volleyball – September 30, Ripon College at Lake Forest College 7:00 p.m.